

Seniors In Action (Week 2) January 24th -January 28th

MONDAY January 24

9:30-10:30 a.m.	Coffee Social (MCC Hampton Room)
11 a.m.-1 p.m.	Games (MCC Hampton Room)
12 p.m.-1 p.m.	Six Weeks to Wellness Begins. Separate Registration Required (Free). https://mcleancenter.org/events-calendar/icalrepeat.detail/2022/01/24/12977/-/six-weeks-to-wellness

TUESDAY January 25

10:30 a.m.-2 p.m.	Mah-Jongg Open House (MCC Hampton Room) For new & experienced players. Whether you are registered for SIA, or still thinking about joining the Winter-Spring Program bring a friend and enjoy our Mah-jongg Open House. <ul style="list-style-type: none"> • Game Overview and Door Prizes • Followed by Game Play and Observation
10:30 a.m.-1:30 p.m.	OFC Games Option (Pool, Table Tennis, Scrabble, Beginner Drop-In Bridge)

WEDNESDAY January 26

10 a.m.-Noon	IPAD Introductory Workshop for Adults Presented by Tim Stahmer, Retired Instructional Technology Specialist
--------------	---

THURSDAY January 27

9-10 a.m.	Open Fitness-Stretching (MCC Shelp Room)
10:30 a.m.-1 p.m.	SIA Intermediate Bridge (MCC Hampton Room)
10:30 a.m.-1:30 p.m.	OFC Games Option (Pool, Table Tennis, Scrabble)

FRIDAY January 28

12:30 p.m.-2 p.m.	Potluck (Last Friday of every month) (MCC Community Hall) <ul style="list-style-type: none"> • January 28 Bring your favorite Healthy Dish to Share
-------------------	---