

AUGUST 2023

SUN

MON

TUE

WED

THU

FRI

SAT

		1 SAIL Exercise 9am-10am Mah-Jongg 10am-12pm	2 Mah-Jongg 10am-12pm Chair Yoga 12:45pm-1:45pm	3 SAIL Exercise 9am-10am Bridge 10am-12pm	4 NO SIA	5
6	7 NO SIA	8 SAIL Exercise 9am-10am Mah-Jongg 10am-12pm	9 Mah-Jongg 10am-12pm Chair Yoga 12:45pm-1:45pm	10 SAIL Exercise 9am-10am Bridge 10am-12pm	11 NO SIA	12
13	14 NO SIA	15 Mah-Jongg 10am-12pm	16 Mah-Jongg 10am-12pm	17 Bridge 10am-12pm	18 NO SIA	19
20	21 NO SIA	22 Mah-Jongg 10am-12pm	23 Mah-Jongg 10am-12pm	24 Bridge 10am-12pm	25 NO SIA	26
27	28 NO SIA	29 Mah-Jongg 10am-12pm	30 Mah-Jongg 10am-12pm	31 Bridge 10am-12pm	NO SIA	