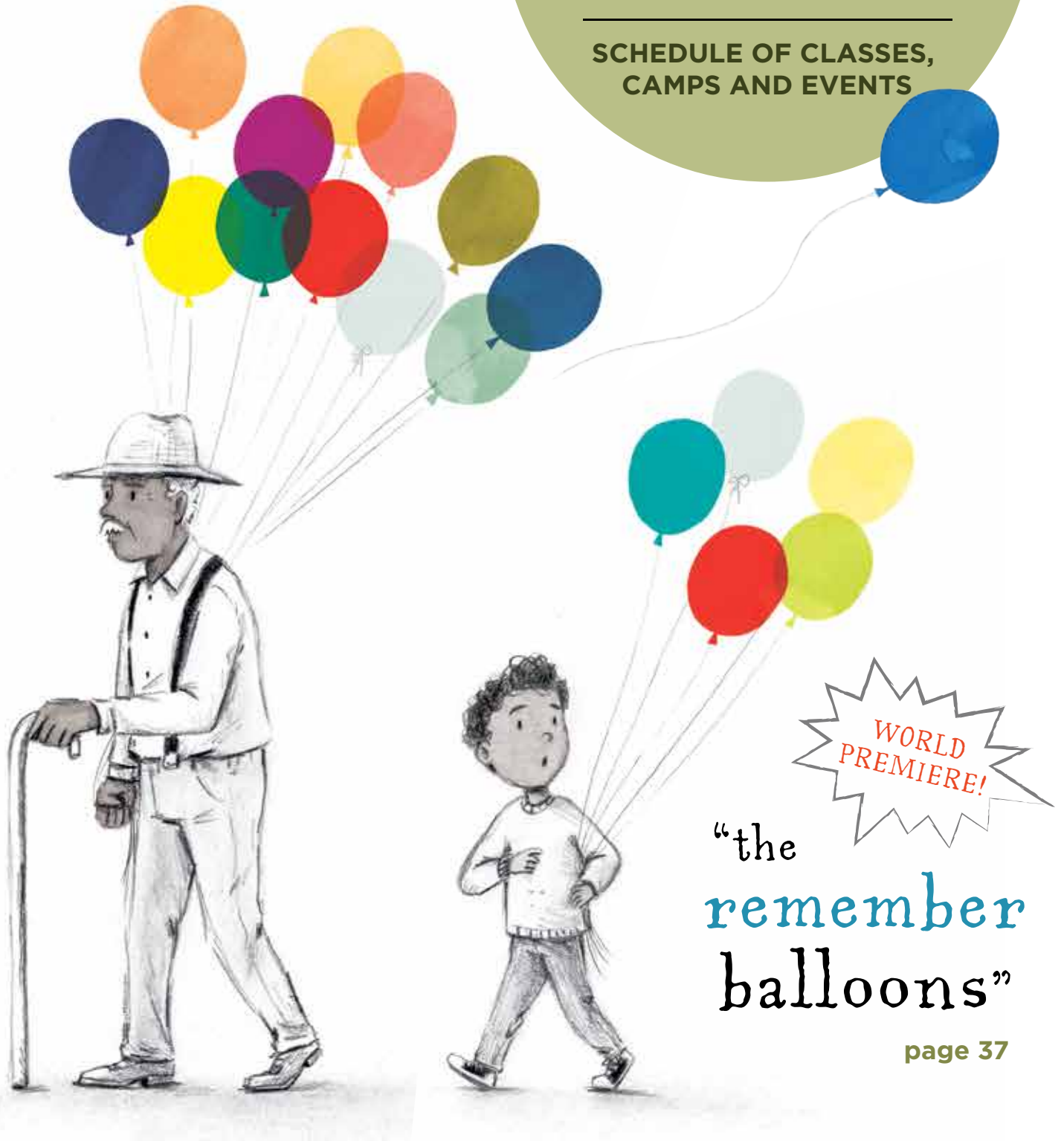




McLean
Community
Center
The Center of It All

FALL 2024 PROGRAM GUIDE

SCHEDULE OF CLASSES,
CAMPS AND EVENTS



Touch-a-Truck **page 6**

McLean Pet Fest **page 8**

“the
remember
balloons”

page 37

2024 FALL PROGRAM GUIDE

THE McLEAN COMMUNITY CENTER

1234 Ingleside Ave • McLean, VA 22101

HOURS:

Monday–Thursday: 8 a.m.–11 p.m.

Friday: 8 a.m.–midnight

Saturday: 9 a.m.–midnight

Sunday: noon–6 p.m.

Website: mcleancenter.org

E-mail: mail@mcleancenter.org

The Center will be **CLOSED** on the following days:

Labor Day (9/2), Election Day (11/5), Veterans Day (11/11), Thanksgiving (11/28–29), Christmas Eve (half day, 12/24), Christmas Day (12/25).

Main telephone number: 703-790-0123

TTY: 711 (hearing impaired only)

Class & Activity Registration: 703-744-9365

Facility Rentals: 703-744-9362

The Alden Box Office: 703-790-9223

McLean Project for the Arts: 703-790-1953

Old Firehouse Center: 703-448-8336

1440 Chain Bridge Road, McLean, VA 22101

The McLean Community Center reserves the right to photograph and videotape all of its activities, events, classes, programs and facilities for promotional purposes.

Are You a McLean Community Center Tax District Resident?

You are a McLean Community Center supporter if you live within the following boundaries:

NORTH: The Potomac River

EAST: The Arlington County Line

WEST: Difficult Run

SOUTH: Route 66, Route 7 or Dulles Access Road
(*whichever is furthest north*)

Still not sure? Call the Center at **703-744-9365**,

TTY: 711, prior to registering for programs that have nonresident fees.



Like us on Facebook
[facebook.com/mcleanvacenter](https://www.facebook.com/mcleanvacenter)



Follow us on X
[@mcleanvacenter](https://twitter.com/mcleanvacenter)



Love us on Instagram
[@mcleanvacenter](https://www.instagram.com/mcleanvacenter)



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[@mcleanvacenter.org](mailto:mcleanvacenter.org)

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Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call McLean Community Center at 703-790-0123, TTY: 711

Published by the McLean Community Center



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PHOTO CREDITS: (Cover) Illustration by Dana Wulfekotte

LETTER FROM THE EXECUTIVE DIRECTOR

One of our key strategic goals at MCC is to **Welcome All of McLean and its Global Community**, through cultivating a warm, inclusive environment for all, becoming the flagship location for McLean's residents who wish to learn, play, relax and connect. As you peruse the Fall Program Guide, I hope you will see the rich offerings that reinforce this goal and find activities that appeal to and energize you and your family.



This fall, we are so excited to share with you the world premiere of **"The Remember Balloons,"** a performance choreographed by Dominic Moore-Dunson with original score by Theron Brown. The performance, based on the book written by Jessie Oliveros and illustrated by Dana Wulfekotte, explores intergenerational family relationships by turning memories into movement through dance. It is a joyful, touching performance that you will not want to miss. The artist spent a technical residency with us in the spring and it was such a joy to witness the creativity and collaboration that is going into creating this performance.

Other not-to-miss programming includes **"Sugar Skull! A Día de Muertos Musical Adventure"**—a bilingual/bicultural musical using traditional music and dance from Mexico and the **Old Firehouse Block Party** that kicks off the school year with a day full of family fun and activities at the OFC, our downtown location.

In 2025, we will be celebrating the MCC's 50th Anniversary with activities and celebrations throughout the year. Be sure to keep an eye on our website and future program guides to know how you can join in the festivities.

Our programming is a reflection of the requests and interests of our community, and we need your feedback to be sure that we are on the right track. We had an overwhelming response to our Fall Community Feedback Survey last year which was highlighted and shared at the Spring Public Hearing on Programs (see page 3). Because of its great success, we are undertaking a second annual fall survey, you can find the link on page 5. Be sure to participate and let your voice be heard.

We look forward to seeing you soon!

Sincerely,

Betsy May-Salazar



WHO WE ARE, WHAT WE DO

The McLean Community Center (MCC) was built and is funded by residents of Greater McLean for their use through a real estate tax surcharge, the result of a 1970 bond referendum (Small District 1A-Dranesville).

Center facilities include the 383-seat Alden Theatre, the McLean Project for the Arts galleries, the Susan B. DuVal Art Studio, meeting and conference rooms, a rehearsal studio, a multipurpose classroom and catering kitchen.

Local open clubs and organizations use the center for their monthly meetings with a nominal charge. Center facilities may be rented for private functions such as business conferences, receptions, parties and recitals. District residents and businesses pay reduced fees. Registrations for McLean Youth Athletics and McLean Little League activities are regularly held at the center, and information on their activities is always available.

The center also operates the award-winning Old Firehouse Center, located at 1440 Chain Bridge Rd. in downtown McLean.



CENTER NEWS

BOS APPOINTS NEW MEMBERS TO THE MCC GOVERNING BOARD NEW OFFICERS ELECTED FOR FY2025

On Tuesday, May 21, the Fairfax County Board of Supervisors appointed six new members to the McLean Community Center's (MCC) Governing Board. Residents of Dranesville Small District 1A, the new members won their seats by receiving the highest number of votes in the MCC's 2024 Governing Board Election.

The new adult members, Doug Jeffery, Michael Monroe and Peter Pin will serve three-year terms. Ron Keesing will serve a one-year, unexpired term. New teen members, Sonya Thott for the Langley High School Boundary Area and Aaron Stark for the McLean High School Boundary Area, will serve one-year terms.

At the first meeting of the new board on Wednesday, June 5, board officers were elected for the FY2025 budget year. Kristina Groennings was elected Board Chair, Anna Bartosiewicz, Vice-Chair, Michael Monroe, Secretary and Kathleen Cooney Porter, Treasurer.

For more information, call MCC at 703-790-0123, TTY: 711, or visit mcleancenter.org.

ADULT WINNERS THREE-YEAR TERM



**DOUG
JEFFERY**

**MICHAEL
MONROE**

PETER PIN

ADULT WINNER ONE-YEAR, UNEXPIRED TERM



RON KEESING

TEEN WINNERS ONE-YEAR TERM



**SONYA THOTT
LANGLEY
HIGH SCHOOL**

**AARON STARK
MCLEAN
HIGH SCHOOL**

MCC'S FY2026 BUDGET IS SUBJECT OF SEPTEMBER OPEN WORK SESSION AND PUBLIC HEARING

The McLean Community Center (MCC) Governing Board invites residents of Dranesville Small District 1A to attend two upcoming meetings held in-person and/or submit comments on the center's fiscal year 2026 budget, which begins July 1, 2025 and ends June 30, 2026. All meetings of the MCC Governing Board are open to the public. MCC is located at 1234 Ingleside Ave.

The first meeting, the **Finance Committee Meeting of the Whole**, will be held in-person at 6:30 p.m. on Wednesday, Sept. 4. MCC Governing Board Treasurer Kathleen Cooney Porter and the full board will work on the FY26 budget. The departmental and consolidated budget proposals will include a review of FY2024 year-end actuals, the current year's budget (FY2025) and new proposals for FY2026.

Following this work session, the preliminary consolidated budget will be posted on the MCC website, mcleancenter.org, and will be available at the center a week prior to the public hearing.

The second meeting, the **Public Hearing on the FY2026 Budget** is at 6:30 p.m. on Wednesday, Sept. 25 (convened in-person). This meeting will give residents a second opportunity to review and comment on the FY26 budget proposal. District residents who wish to speak at the public hearing are asked to call 703-790-0123, TTY: 711, to have their names placed on a speakers' list. In addition, written comments may be sent to the Governing Board by mail (address to: McLean Community Center, 1234 Ingleside Ave., McLean Va. 22101) or by email to feedback@mcleancenter.org.

District residents may continue to submit written comments after the public hearing through Monday, Oct. 21. The board will approve the FY2026 budget when it meets at 6:30 p.m. on Wednesday, Oct. 23. The final budget will be approved by the Fairfax County Board of Supervisors in spring 2025.

For more information, call the Center at 703-790-0123, TTY: 711, or visit mcleancenter.org.

IN CASE YOU MISSED IT!

McLEAN DAY 2024



THE ALDEN'S SPRING YOUTH PRODUCTION



FIESTA DEL SOL 2024




TWELVE YOUNG ARTISTS RECEIVE MACDONALD SCHOLARSHIP AWARDS

Twelve young local artists were awarded 2024 James C. Macdonald Performing Arts Scholarships by the McLean Community Center. The annual scholarship competition began with preliminary auditions in February and culminated with a final competition on stage at The Alden on Wednesday, April 17.

The James C. Macdonald Performing Arts Scholarship Competition encourages artistic achievement and promotes study in the arts by high school students who reside or attend school in the McLean district (Small Tax District 1A, Dranesville). Scholarship prizes of \$1,200 are awarded to students placing first in each of four categories: Dance, Instrumental Music, Theater and Vocal Music. Second-place winners are awarded \$800 and third-place winners win \$400. In 2020, the 1st place Instrumental Music Award was named in honor of Anita Lamkin, a longtime friend of young musicians and supporter of music performances in McLean.


THIS YEAR'S WINNERS ARE:

L (pictured left) C (pictured center) R (pictured right)



DANCE

- R First Place:** Melina Turnage, McLean High School
- C Second Place:** Yunseo Lee, McLean High School
- L Third Place:** Sophie Zhang, McLean High School



INSTRUMENTAL MUSIC

- L First Place:** Lea Kung, McLean High School
- C Second Place:** Sophia Lin, Thomas Jefferson High School for Science and Technology
- R Third Place:** Ryan Chun, McLean High School



THEATER

- L First Place:** Samantha Carey, McLean High School
- R Second Place:** Aashna Kapur, McLean High School
- C Third Place:** Abby Joe, Langley High School



VOCAL MUSIC

- C First Place:** Alex Valencic, McLean High School
- R Second Place:** Kasimir Rastogi, Langley High School
- L Third Place:** Valentina Sedan, McLean High School

For more information on the Macdonald Performing Arts Scholarship Competition, visit aldentheatre.org or call 703-790-0123/TTY: 711.

PHOTO CREDITS: Oxley Photography

TWO MCC STAFFERS WIN OUTSTANDING PERFORMANCE AWARDS

MCC staff members, Director of Youth Theatre Programs Danielle Van Hook and Graphic Artist and Webmaster David Craig received Fairfax County Outstanding Performance Awards in May.

Van Hook was recognized for creating the Lunar New Year Festival.

Craig was recognized for his work on the redesigning of the center’s website, **mcleancenter.org**, and changing it to a more sustainable platform. He also redesigned the center’s program guides to significantly reduce printing costs.



Van Hook (left) & Craig (right)

CELEBRATING 50 YEARS OF SERVING THE COMMUNITY





Get ready, McLean! MCC will celebrate 50 years of serving the residents of Dranesville Small District 1A in 2025. And what a celebration it will be!

The MCC Governing Board’s 50th Anniversary Committee has already worked on several initiatives, including a digital historical timeline, a 50th Anniversary video, two works of public art and a large community party for all in October. Look for more details in our Winter-Spring Program Guide and plan now to help us celebrate in style.

THANK YOU FOR PARTICIPATING IN THE FY2024 FALL CUSTOMER FEEDBACK SURVEY!

WE RECEIVED
1,246
RESPONSES TO
THE SURVEY.

THE TOP FOUR MCC PROGRAMS THAT RESPONDENTS PARTICIPATE IN AND PLAN TO PARTICIPATE IN ARE:

-  LARGE-SCALE COMMUNITY EVENTS
-  ALDEN PERFORMANCES
-  CLASSES
-  OUTDOOR CONCERTS

TOP FOUR POTENTIAL NEW PROGRAMS AT MCC THAT YOU ARE INTERESTED IN ATTENDING:

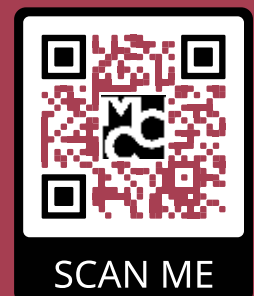
-  PERFORMANCES BY LOCAL PERFORMING GROUPS
-  ADULT TRIPS AND TOURS
-  TOPICAL LECTURES DEALING WITH CURRENT COMMUNITY ISSUES
-  GARDENING WORKSHOPS

70% 70% of respondents were satisfied or very satisfied with the programs and services offered by the MCC, the Old Firehouse Center and Alden Theatre.

75% 75% of respondents agree or strongly agree that having the MCC, the Alden Theatre and the Old Firehouse Center in their community provides them with a better quality of life through programs, learning opportunities, services and community events.

(Less than 10% of respondents responded negatively.)

Be a part of the plan! Take a few minutes to take our FY26 Community Feedback Survey by scanning this QR Code.



SCAN ME

COMMUNITY EVENTS



1440 Chain Bridge Rd.

FAMILY EVENTS AT THE OLD FIREHOUSE

FAMILY FUN BINGO

Join us for an evening of fun and excitement! Everyone can enjoy free popcorn and winners will take their pick of prizes! Preregistration is recommended.

Activity No. 4703.224

Friday, Nov. 15, 7-9:30 p.m.

\$15/\$10 MCC district residents

SNACK & PAINT NIGHT

Whether you are a beginner or an expert, love snacks or just want to get your hands dirty with some paint, come on down to the Old Firehouse for our Snack & Paint Night. Led by a professional art teacher, you will be able to create your own masterpiece with your family while having tons of fun doing so. All materials and snacks are included in the fee. Preregistration is recommended.

Activity No: 4702.224

Friday, Sept. 13, 7-9 p.m.

\$15/\$10 MCC district residents

NEW DAY, DATE AND TIME! HOLIDAY GINGERBREAD HOUSE DECORATING

Celebrate the holidays with us! Families decorate a gingerbread house to make their own one-of-kind designs. We'll supply a pre-built house, frosting and traditional and not-so-traditional toppings. Price is per gingerbread house.

Please Note: Parental supervision is required for children ages 16 years and younger. **Products may contain dairy, gluten, eggs and other allergens.**

Activity No. 4504.224

Saturday, Nov 23, 10 a.m.-Noon

Admission: \$45/\$35 MCC district residents

MILK AND COOKIES WITH SANTA

Meet and greet Santa and other holiday characters and enjoy cookie decorating and snowy crafts. Milk and hot chocolate will be served by an adult. All attendees must register.

Please Note: Parental supervision is required for children ages 16 years and younger. **Products may contain, dairy, gluten, eggs and other allergens.**

Activity Number: 4505.224

Saturday, Dec 14, 10 a.m.-Noon

Admission: \$20/\$15 MCC district residents

YOUTH EVENTS

HARVEST HAPPENINGS

Celebrate autumn with your family locally! Harvest Happenings is an indoor-outdoor festival with live entertainment, petting zoo, crafts and games. Visit our pumpkin patch and purchase a pumpkin to decorate.

Saturday, Sept 28, 10 a.m.-Noon

Free admission

TOUCH-A-TRUCK

Join us during the Fairfax County Public Schools' holiday for this FREE event that gives kids and families the chance to see, touch and explore some of their favorite vehicles. Families and children can now come out to see and touch the trucks without all the noise during our quiet hour from 9-10 a.m.

Monday, Oct 14, 9 a.m.-Noon

Free admission



Old Firehouse

McLean Community Center

33 YEARS OF SERVING
THE COMMUNITY!

1990-2024

OLD FIREHOUSE BLOCK PARTY

Saturday, Sept. 21, 1-4 p.m.



- ENTERTAINMENT
- GIVEAWAYS
- GAMES
- FOOD
- AMUSEMENTS
- CRAFTS

...AND
MORE!



OLD FIREHOUSE'S FESTIVAL OF FRIGHTS AND TRUNK OR TREAT

Calling all families of ghouls and goblins! Come join the Old Firehouse in your best Halloween costumes for a night of live music, games, food, contests and tons of candy!

Families who wish to volunteer themselves and their vehicles for Trunk or Treat, please submit an email request to oldfirehouse@mcleancenter.org. Include your name and your trunk theme and submit your request by Sunday, Sept. 29. Volunteer hours are 4-8:30 p.m. Each vehicle will receive candy to distribute to the trunk or treaters. Volunteer spots are limited.

Saturday, Oct. 26, 5-8 p.m.

Free for all participants

LIGHT UP McLEAN: HOLIDAY HOUSE DECORATING CONTEST

The Light Up McLean Holiday Decorating Competition is your opportunity to show off your home in all its holiday splendor! Think your holiday decorations are the best? Enter the competition and prove it! Your McLean neighbors will vote for the winners in the following categories:

- 1. Best Overall:** An exceptionally attractive, unique and complete design that utilizes space and resources well.
- 2. Most Creative/Original:** An exceptional use of creative ideas and lots of originality is evident in the design.
- 3. Best Holiday Theme:** Utilizes eye-catching decorations that clearly communicate a fully conceptualized theme.

Activity No. 4701.224

Registration for House Decorators ends Friday, Dec. 13*

Contest and Voting Runs December 23, 2024–January 5, 2025

**Families who register will receive a thank you gift from the Old Firehouse.*



SPECIAL EVENTS

To register or for more information, visit our website:
mcleancenter.org/calendar/special-events

FALL COMMUNITY PARKING LOT SALE

Got stuff? Need stuff? Residents can find or sell household treasures at this outdoor community sale with 50+ vendors! Limited commercial vendors or flea market dealers are also welcome.

Saturday, Sept. 14, 9 a.m.-1 p.m.

Activity No. 2001.224

Adults - All Items

Vendor Space Fee: \$30/\$20 MCC district residents

Activity No. 2002.224

Kids' Row - Children up to 15 years old
Strictly Children's Items Only. A seller must be supervised by a parent/guardian.

Vendor Space Fee: \$15/\$5 MCC district residents

Vendor enrollment deadline is **Wednesday, Sept. 11**. Advanced registration required. Register online at mcleancenter.org, in person at MCC or by phone by contacting the MCC Registrar at 703-744-9365. Vendor spaces are available on a first come, first served basis.



A FUN RUN!

THE McLEAN 5K

Hosted by the McLean Community Center with the support of generous sponsors Century 21 New Millennium and the Greater McLean Chamber of Commerce, the race features a USATF certified course through the heart of McLean and is designed to appeal to runners of all abilities.

Win amazing prizes! Recruit a team of coworkers, teammates, neighbors, family members or friends. Proceeds benefit the McLean Community Foundation (MCF).

Volunteers needed! Download the volunteer application at mcleancenter.org

Saturday, Oct. 5

Race begins at 8 a.m.

McLean Square Shopping Center 6631 Old Dominion Dr.

For registration and information, go to mcleancenter.org

NEW LOCATION!

McLEAN PET FEST

Have fun on the McLean Community Center grounds and bring your furry friends (leashed please), enjoy the free music, Fido's Bone Bar, a photo booth, pet tricks and demonstration shows. Find valuable pet-related resources, including pet rescue, adoption, pet sitters, groomers, trainers and more. Great giveaways! Stay for lunch and enjoy the gourmet food truck offerings. Join the fun at the Pet Parade at 3 p.m. Costumes are welcome!

Free parking at the Dolley Madison Library and the McLean Community Center.

For more information or to become an exhibitor, visit mcleancenter.org/exhibitor-applications.

Sunday, Oct. 13, 11 a.m.-4 p.m.

@ McLean Community Center
Free Admission





SINCE 1982!

McLEAN HOLIDAY ART & CRAFTS FESTIVAL

Experience seasonal cheer at this delightful three-day indoor juried show featuring approximately 80 talented regional artisans. For more than 40 years, this one-of-a-kind show has offered gifts for every budget including pottery, glass, jewelry, holiday decor, mixed media, fashion accessories, wood, fine art, artisanal foods, soap and more. Stroll to music as you shop and enjoy a beverage or lunch at the onsite café. Make it a Friday night date and join us for a fun, new Happy Hour from 4-7 p.m.

Show management is provided by the Northern Virginia Handcrafters Guild (NVHG). Founded in 1972, the NVHG, a 501(c)3 nonprofit community-based organization, is dedicated to helping artists and craftspeople exhibit and sell their work, promoting the development of arts and crafts in the community and supporting arts and crafts educational activities.

Friday, Dec. 6, 11 a.m.-7 p.m.

Saturday, Dec. 7, 10 a.m.-6 p.m.

Sunday, Dec. 8, 11 a.m.-4 p.m.

Admission is \$5; good for all three days of the show.

Free admission for children 12 and under.

NEW! MAKE IT A DATE!

HAPPY HOUR WINE, BEER & HORS D'OEUVRES

Friday, Dec. 6, 4-7 p.m.

\$15, includes show admission

McLEAN ANTIQUES SHOW & SALE

Discover fine antiques, art and collectibles, as well as the unusual, from scores of reputable dealers at this highly celebrated show of almost 50 years. The show features antiques, mid-century, decorative accessories, furniture, folk art, porcelain, silver, jewelry, paintings and prints, glass, carpets, vintage clothing and much more. Enjoy a cup of coffee or stay for lunch at the onsite café.

Proceeds benefit the James C. Macdonald Scholarship Fund. For more information and a list of dealers, see dfshows.com.

Saturday, Nov. 9, 10 a.m.-5 p.m.

Sunday, Nov. 10, 11 a.m.-4 p.m.

Admission: \$10; free admission for children/teens up to age 17.

Admission price is good for both days. Take \$1 off admission with a show card or this ad.



CLASSES



YOUTH CLASSES

CHESS

CHESS CLUB

Learn chess with world champion Magnus Carlsen's Magnus Academy (formerly known as Silver Knights) We've taught 100,000 children to play, including state and national champions, but most students are beginners looking to learn a new skill and have fun. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Instructor: Magnus Chess Academy.

6-12 years

Activity No. 1250.224

12 lessons @ 1 hr, \$204/\$185 MCC district residents

W, 9/18-12/4 6-7 p.m.



CULINARY ARTS

YOUTH FRIENDLY FISH CLASS

Fish Croquettes with Fresh Guacamole and Roasted Potato Fries; Oven-Baked Thai-Style Shrimp Toasts; Farfalle with Caramelized Salmon and Zucchini. Instructor: Chef Joel Olson.

8-14 years

Activity No. 1315.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

W, 10/16 4:15-6:15 p.m.

YOUTH KNIFE SKILLS

Empower your children to help with the cooking by learning real knife skills that will stay with them as long as they cook. Kids will learn special techniques for cutting onions, carrots, peppers and other fruits and vegetables. They will learn how to paste garlic, mince parsley and make a chiffonade of lettuce as well as safely cut French bread. A light meal will be served during class. Instructor: Chef Joel Olson.

8-14 years

Activity No. 1318.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

Th, 10/17 4:15-6:15 p.m.

YOUTH SUSHI AND SOBA

Participants will first learn how to make homemade soba (buckwheat) noodles from scratch. They will also learn how to roll sushi. Then, they will use their noodles to make the following recipes. On the menu: Gingered Soba Noodle and Roasted Eggplant Roll; Roasted Pepper and Kewpie Mayonnaise Roll; Quick-Pickled Cucumber and Radish Roll; Caramelized Tofu Roll; Soba Noodle Cakes with Sautéed Asian-Style Vegetables. Instructor: Chef Joel Olson.

8-14 years

Activity No. 1319.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

F, 10/18 4:15-6:15 p.m.

YOUTH RAVIOLI

Spend a fun afternoon making delicious homemade ravioli. Learn the techniques of making fresh egg pasta dough. Then, roll the dough out using a pasta machine to make fresh pasta sheets that can be used to make your choice of these delicious raviolis: Three-Cheese Ravioli; Savory Sweet Potato and Roasted Red Pepper Ravioli. Fresh homemade Alfredo Sauce and Marinara Sauce will also be prepared. Instructor: Chef Joel Olson.

8-14 years

Activity No. 1322.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

Sa, 10/19 12:30-2:30 p.m.

YOUTH VEGETARIAN THAI

Enjoy learning to cook some family friendly delicious vegetarian Thai dishes that are sure to become favorites. On the menu: Thai Vegetable Noodle Soup with Broccoli and Bok Choy; Thai Fried Rice; Caramelized Tofu and Mushroom Pad Thai; Chai Spiced Cookies. Instructor: Chef Joel Olson.

8-14 years

Activity No. 1326.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

M, 10/21 4:15-6:15 p.m.

YOUTH INTERNATIONAL BAKES

Learn a variety of sweet and savory recipes to add to your baking repertoire. On the menu: Scottish Shortbread; Brötchen (crusty German bread rolls); Socca (garbanzo flour based flatbread from the Southeastern France); and flavorful Spinach, Roasted Red Pepper and Mozzarella Calzones. Instructor: Chef Joel Olson.

8-14 years

Activity 1329.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

Tu, 10/22 4:15-6:15 p.m.

COOKING MANNERS AND ETIQUETTE

Sign up now for this highly popular and effective etiquette class. On day one, students prepare a variety of foods and sit and enjoy the rewards of their labor while discussing the concepts and rules of manners and etiquette. On day two, students will dine and share a four-course meal served to them

restaurant style, while their dining etiquette is critiqued by Chef Joel in a lively and productive manner. Recipes and handouts will be presented at the end of Day Two. Instructor: Chef Joel Olson.

Day One: Vegetable and White Bean Minestrone with Garlic Breadsticks; Three-Cheese Calzones with Fresh Tomato Sauce; Scandinavian Sugar Cookies; Common Courtesy; Manners and Etiquette 101; Guest and Host.

Day Two: Bread and Butter Basket; Corn and Potato Chowder; Garden Salad with Homemade Dressing; Spinach and Cheese Strudel with Creamy Lemon Velouté; Herbed Rice Pilaf; Vegetable Side Dish; Fresh Fruit Napoleons; Manners and Etiquette 102.

8-14 years

Activity No. 1349.224

2 lessons @ 2 hrs, \$118/\$108 MCC district residents

W-Th, 10/23-24 4:15-6:15 p.m.



YOUTH PARIS BISTRO

Pistou (basil and garlic-based soup with Parmesan cheese); Ficelles (skinny French baguettes); Bifteck Haché (French “butter burgers”) with Roasted Garlic and Thyme; Pommes Purée (smooth, rich and creamy mashed potatoes); Sablee Breton (French butter cookies). Instructor: Chef Joel Olson.

8-14 years

Activity No. 1338.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

M, 12/9 4:15-6:15 p.m.

YOUTH FRENCH BAKING

Add to your baking repertoire with delicious classic French recipes: Petits Pains (little breads); Chocolate Mousse Profiteroles (made with Pate Au Choux); Gateau aux pommes (French apple cake). Instructor: Chef Joel Olson.

8-14 years

Activity No. 1341.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

Tu, 12/10 4:15-6:15 p.m.

YOUTH CHOCOLATE DESSERTS

Impress your friends with these rich, chocolatey treats: Devil's Food Cake with White Chocolate Mousse and Orange Crumbles; Dark Chocolate Cookies with Raspberry Glaze. Instructor: Chef Joel Olson.

8-14 years

Activity No. 1344.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

W, 12/11 4:15-6:15 p.m.

YOUTH INTERNATIONAL DUMPLINGS

Japanese Gyoza with Rice Noodles and Cabbage; Sweet Soy Dipping Sauce; Savory Turkey, Potato and Roasted Garlic Empanadas; Mini-Apple Cranberry Dumplings with Salted Caramel Sauce. Instructor: Chef Joel Olson.

8-14 years

Activity No. 1347.224

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

F, 12/13 4:15-6:15 p.m.

PARENT AND CHILD RAVIOLI

Spend a fun morning making delicious homemade ravioli with a special child! Learn the techniques of making fresh Egg Pasta dough. Then roll the dough out using a pasta machine to make fresh pasta sheets which can be used to make your choice of these delicious raviolis: Three Cheese Ravioli; Savory Sweet Potato and Roasted Red Pepper Ravioli. Fresh Homemade Alfredo Sauce and Marinara Sauce will also be prepared in class to taste with the pasta. Instructor: Chef Joel Olson.

Parent and child 6 year & older

Activity No. 1321.224

1 lesson @ 2 hrs, \$118/\$108 MCC district residents. Please register one person for the class. Registration includes payment for one child and one parent participant. \$45 each additional child.

Sa, 10/19 10 a.m.-Noon

PARENT CHILD FAMILY FUN INTERNATIONAL STREET FOOD

Vietnamese Summer Rolls with Glass Noodles, Spinach and Herbs; Sweet and Sour Dipping Sauce; Greek Chicken Souvlaki with Fresh-Made Pita and Tzatziki Sauce; Israeli Sum Sum Sesame Cookies. Instructor: Chef Joel Olson.

Parent and child 6 year & older

Activity No. 1335.224

1 lesson @ 2 hrs, \$118/\$108 MCC district residents. Please register one person for the class. Registration includes payment for one child and one parent participant. \$45 for each additional child.

F, 10/25 5:30-7:30 p.m.

DANCE

BALLET & TAP (PRE-PRIMARY I)

Children develop rhythm, grace, poise, coordination and musicality through pre-primary classical ballet, beginning tap skills, tap routines and improvisations with magical props and adorable costumes. Our dance class enriches your child in five areas of development: physical, creative, social, cognitive and emotional. Instructor: Art in Motion Dance.

3-4 years

Activity No. 1700 .224

9 lessons @ 45 mins, \$178/\$162 MCC district residents

Sa, 9/21-11/30 9:30-10:15 a.m.

No lesson on 9/28 and 11/9.

Activity No. 1701.224

11 lessons @ 45 mins, \$217/\$198 MCC district residents

W, 9/18-12/4 2:30-3:15 p.m.

No lesson on 11/27.

FAIRYTALE BALLET

Young dancers enjoy dancing to their favorite cherished tunes from fairytales such as "Frozen," "Moana," "Cinderella," "Sleeping Beauty," "Beauty and the Beast," among others. They will learn ballet dances to popular classical ballets and perform in costumes. Instructor: Art in Motion Dance.

3-5 years

Activity No. 1710.224

9 lessons @ 45 mins, \$178/\$162 MCC district residents

Th, 9/19-12/12 3:30-4:15 p.m.

No lesson on 10/31, 11/7, 11/28 and 12/5.

BALLET & TAP (PRE-PRIMARY II)

Young dancers are introduced to a classical ballet syllabus incorporating magical variations and dance class etiquette. Cognitive skills of counting, sequencing, spatial awareness and immersion in the French language are introduced in this class. Dancers learn tap technique and delightful song and tap routines that develop coordination, rhythm, timing and stage presence. Instructor: Art in Motion Dance.

4-5 years

Activity No. 1702.224

9 lessons @ 45 mins, \$178/\$162 MCC district residents

Sa, 9/21-11/30 10:30-11:15 a.m.

No lesson on 9/28 and 11/9.

Activity No. 1703.224

11 lessons @ 45 mins, \$217/\$198 MCC district residents

W, 9/18-12/4 3:30-4:15 p.m.

No lesson on 11/27.



BALLET & TAP (COMBINATION I)

Children develop lovely technical ballet skills while learning French vocabulary, enhancing their artistic growth and nurturing poise, grace and musicality. Young dancers learn basic tap technique using fun Broadway-style song and tap routines showcasing their fantastic stage presence. This class is for kindergarten/first grade students. Instructor: Art in Motion Dance.

4-5 years

Activity No. 1704.224

9 lessons @ 45 mins, \$178/\$162
MCC district residents

Sa, 9/21-11/30
11:30 a.m.-12:15 p.m.

No lesson on 9/28 and 11/9.

Activity No. 1705.224

11 lessons @ 45 mins, \$217/\$198
MCC district residents

W, 9/18-12/4 4:30-5:15 p.m.

No lesson on 11/27.

CHEER AND TUMBLING I

This beginning level tumbling/cheer class will focus on students stretching, jumping and learning the beginning skills of tumbling. In addition, students will also be introduced to different aspects of cheerleading. This includes chants, dance and teamwork. This class is a great way to introduce tumbling, cheer and working together as a team! Instructor: Art in Motion Dance.

5-7 years

Activity No. 1706.224

9 lessons @ 1 hr, \$237/\$216 MCC
district residents

W, 9/18-12/4 5:30-6:30 p.m.

No lesson on 10/9 and 11/27.

Continued

Activity No. 1707.224

9 lesson @ 1 hr, \$237/\$216 MCC
district residents

Th, 9/19-12/12 5-6 p.m.

No lesson on 10/31, 11/7, 11/28 and 12/5.

HIP-HOP KIDS I

Young hip-hop artists will begin with the building blocks of jazz technique. Students will learn hip, funky moves to the latest kids' rock and hip-hop tunes. The focus will be on hip hop choreography utilizing the latest hit music from Hip-Hop stars and Pop Stars such as Carly Rae Jepsen, Taylor Swift, Katy Perry, Demi Lovato and Selena Gomez! Instructor: AIM Dance

5-7 years

Activity No. 1723.224

11 lessons @ 1 hr, \$290/\$264 MCC
district residents

Tu, 9/17-12/3 4:30-5:30 p.m.

No lesson on 11/5.

BALLET, TAP, JAZZ II

Students are trained in the classical ballet syllabus, the tap technique syllabus incorporating tap barre, progressions, combinations, stylized Broadway tap routines and the jazz syllabus. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

6-7 years

Activity No. 1711.224

11 lessons @ 1 hr, \$290/\$264 MCC
district residents

M, 9/16-12/2 4:30-5:30 p.m.

No lesson on 11/11.

Continued

Activity No. 1712.224

9 lesson @ 1 hr, \$237/\$216 MCC
district residents

Sa, 9/21-11/30 12:30-1:30 p.m.

No lesson on 9/28 and 11/9.

BALLET, TAP, JAZZ III

Students are trained in the classical ballet syllabus through barre, adagio and allegro variations. Students learn tap technique to Broadway style songs and the jazz syllabus. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden Theatre on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

7-9 years

Activity No. 1713.224

11 lessons @ 1 hr, \$290/\$264 MCC
district residents

M, 9/16-12/2 5:30-6:30 p.m.

No lesson on 11/11.

CHEER AND TUMBLING II

This intermediate level tumbling/cheer class will focus on students stretching, jumping and learning the intermediate skills of tumbling. In addition, students will also be introduced to different aspects of cheerleading. This includes chants, dance and teamwork. This class is a great way to continue working on tumbling, cheer and working together as a team! Instructor: Art in Motion Dance.

8-10 years

Activity No. 1708.224

10 lessons @ 1 hr, \$264/\$240 MCC
district residents

W, 9/18-12/4 6:30-7:30 p.m.

No lesson on 10/9 and 11/27.

BALLET, TAP, JAZZ (COMBINATION IV)

Students advance in the Art in Motion Dance syllabus by training in the three dance forms: classical ballet, tap and jazz/contemporary. Classical ballet training includes ballet barre, adagio and allegro combinations. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden Theatre on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

8-10 years

Activity No. 1714.224

11 lessons @ 1 hr, \$290/\$264 MCC district residents

M, 9/16-12/2 6:30-7:30 p.m.

No lesson on 11/11.

MUSIC THEATER JAZZ I

Musical theater dance class combines jazz technique and introduces students to a Broadway style of dance. This class focuses on beginner jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden Theater on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

8-10 years

Activity No. 1721.224

11 lessons @ 1 hr, \$290/\$264 MCC district residents

W, 9/18-12/4 5:30-6:30 p.m.

No lesson on 11/27.



HIP-HOP KIDS II

This fun, fast-paced, lively class will combine fundamentals of jazz technique, hip-hop and urban style moves as seen in your favorite music videos and movies. Instructor: Art in Motion Dance.

8-11 years

Activity No. 1724.224

11 lessons @ 1 hr, \$290/\$264 MCC district residents

Tu, 9/17-12/3 5:30-6:30 p.m.

No lesson on 11/5.

BALLET, TAP, JAZZ (COMBINATION V)

Students advance their training in four dance forms: classical ballet, tap, jazz and contemporary. Classical ballet training in this class emphasizes epaulement, adagio and allegro steps. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden Theatre on December 10 and 11.

Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

9-11 years

Activity No. 1715.224

9 lessons @ 1 hr, 30 mins, \$297/\$270 MCC district residents

Th, 9/19-12/12 4:30-6 p.m.

No lesson on 10/31, 11/7, 11/28 and 12/5.



BALLET, TAP, LYRICAL (BEGINNING COMPANY)

Prerequisite dance training in Combination V+ level or equivalent experience. New students may have to audition for this class. Students advance in training in three dance forms: classical ballet (focusing on coordination, musicality and performance quality), jazz and contemporary. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden Theatre on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

10-12 years

Activity No. 1716.224

9 lessons @ 1 hr, 30 mins, \$297/\$270 MCC district residents

Th, 9/19-12/12 6-7:30 p.m.

No lesson on 10/31, 11/7, 11/28 and 12/5.

LYRICAL I

Prerequisite dance training in Combination V or equivalent experience. New students may have to audition for this class. Students will explore different ways to move their bodies through space using techniques and a variety of music. Instructor: Art in Motion Dance.

9-12 years

Activity No. 1719.224

11 lessons @ 1 hr, \$290/\$264 MCC district residents

Tu, 9/17-12/3 4:30-5:30 p.m.

No lesson on 11/5.



CHEER AND TUMBLING III

New! This intermediate/advanced level tumbling/cheer class will focus on students stretching, jumping and learning the intermediate skills of tumbling for our older cheerleaders! In addition, students will also be introduced to different aspects of cheerleading. This includes chants, dance and teamwork. This class is a great way to continue working on tumbling, cheer and working together as a team! Instructor: Art in Motion Dance.

11-12 years

Activity No. 1709.224

10 lessons @ 1 hr, \$264/\$240 MCC district residents
 F, 9/20-12/13 5:30-6:30 p.m.
No lesson on 11/8, 11/29 and 12/6.

MUSIC THEATER JAZZ II

Musical theater dance class combines jazz technique and introduces students to a Broadway style of dance. This class focuses on beginner jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden Theatre on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

11-13 years

Activity No. 1727.224

11 lessons @ 1 hr, \$290/\$264 MCC district residents
 W, 9/18-12/4 6:30-7:30 p.m.
No lesson on 11/27.

HIP-HOP KIDS III

This fun, fast-paced, lively class will combine fundamentals of jazz technique, hip-hop, and urban style moves as seen in your favorite music videos and movies. Instructor: Art in Motion Dance.

12 years+

Activity No. 1728.224

11 lessons @ 1 hr, \$290/\$264 MCC district residents
 Tu, 9/17-12/3 6:30-7:30 p.m.
No lesson on 11/5.

BALLET, TAP, LYRICAL (INTERMEDIATE COMPANY)

Prerequisite dance training in Junior Company or equivalent experience. New students may have to audition for this class. Students advance in training in three dance forms: classical ballet (focusing on coordination, musicality and performance quality), intermediate jazz and contemporary. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden Theatre on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

12-14 years

Activity No. 1717.224

9 lessons @ 1 hr, 30 mins, \$297/\$270 MCC district residents
 Th, 9/19-12/12 6-7:30 p.m.
No lesson on 10/31, 11/7, 11/28 and 12/5

LYRICAL II

Prerequisite dance training in Advanced Company or equivalent experience. New students may have to audition for this class. Students will explore different ways to move their bodies through space using techniques and various music. Instructor: Art in Motion Dance.

13 years+

Activity No. 1720.224

11 lessons @ 1 hr, \$290/\$264 MCC district residents
 Tu, 9/17-12/3 7:30-8:30 p.m.
No lesson on 11/5.

MUSIC THEATER JAZZ III

Musical theater dance class combines jazz technique and introduces students to a Broadway style of dance. This class focuses on beginner jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

14 years+

Activity No. 1722.224

11 lessons @ 1 hr, \$290/\$264 MCC district residents
 W, 9/18-12/4 7:30-8:30 p.m.
No lesson on 11/27.

BALLET, TAP, LYRICAL (ADVANCED COMPANY)

Prerequisite dance training in Junior Company or equivalent experience. New students may have to audition for this class. Students advance in training in three dance forms: classical ballet (focusing on coordination, musicality and performance quality), advanced jazz and contemporary. This class will be a part of our annual Christmas show, "Frosty Follies," taking place in The Alden on December 10 and 11. Extra performance fees will be due in mid-October. Instructor: Art in Motion Dance.

15 years+

Activity No. 1718.224

9 lessons @ 1 hr, 30 mins, \$297/\$270
MCC district residents

Th, 9/19-12/12 7:30-9 p.m.

No lesson on 10/31, 11/7, 11/28 and 12/5.



FITNESS

FUNFIT

Parent/Guridan participation is required with children. A fun-filled, full-of-energy active games class, emphasizing songs, creative movements, parachute, balls and loads of active fun! Develops self-confidence, motor skills, coordination, socialization and cooperation and reinforces cognitive learning. Special needs welcome. Instructor: Matt Swink.

Infants-5 Years

Activity No. 1801.224

8 lessons @ 45 mins, \$116/\$105
MCC district residents

W, 9/18-11/6
9:45-10:30 a.m.

Activity No. 1802.224

8 lessons @ 45 mins, \$116/\$105
MCC district residents

W, 9/18-11/6
10:35-11:20 a.m.

Activity No. 1803.224

8 lessons @ 45 mins, \$116/\$105
MCC district residents

W, 9/18-11/6
11:25 a.m.-12:10 p.m.

PARENT AND CHILD YOGA

A fun yoga routine with children and parents that accommodate wandering little minds and adults keen to get exercise! Incorporates partner/group poses and helps children build self-esteem. Children build skills and receive awards. Fee includes a specially designed mat for children, props, app, and YouTube channel for practice at home. Instructor: Emily Weeks Fitness.

continued

2-5 years

Activity No. 1667.224

9 lessons @ 45 mins, \$190/\$172
MCC district residents

Sa, 9/21-11/30 9:15-10 a.m.

No lessons on 9/28 and 11/9.

FIRST STRIKE SOCCER

Instruction for young athletes, providing the perfect balance between learning and having fun! Players are introduced to fundamental techniques of kicking, passing, dribbling and defense. Classes include games, scrimmages and incorporating skills learned. Instructor: JST Athletics.

2-3 years

Activity No. 1652.224

8 lessons @ 45 mins, \$116/\$105
MCC district residents

Th, 9/19-11/7 9:15-10 a.m.

Activity No. 1653.224

8 lessons @ 45 mins, \$116/\$105
MCC district residents

Th, 9/19-11/7 10:15-11 a.m.

KIDS' YOGA

This class focuses on building a child's confidence, strength and flexibility through a combination of lyenger yoga and Chi Universe yoga practices. Topics cover physical and mental wellbeing, including how to manage anxiety, build self-esteem, develop strength and flexibility and improve concentration, memory and body awareness through practices of mindfulness. Instructor: Emily Weeks Fitness.

5-9 years

Activity No. 1668.224

9 lessons @ 45 mins, \$190/\$172
MCC district residents

Sa, 9/21-11/30 10:15-11 a.m.

No lesson on 9/28 and 11/9.



AGILITY FOR SPORTS

Enhance your young athlete's performance on the field with Agility for Sports! Players are introduced to agility drills and exercises to improve their speed, power, balance and coordination. This class is designed for new soccer, basketball, football, tennis or baseball players. Instructor: JST Athletics.

6-10 years

Activity No. 1651.224

4 lessons @ 55 mins, \$58/\$52 MCC district residents
Sa, 10/5-10/26 3-3:55 p.m.

PILATES FOR YOUNG DANCERS

Focuses on building teens confidence, strength and flexibility. Through a combination of Iyengar yoga and chi universe yoga practices, students, can build their skills across several levels of achievements and receive awards for each progression. Focuses on physical and mental wellbeing to support development into adulthood, including managing anxiety, building self-esteem and developing physical strength and flexibility. Instructor: Emily Weeks Fitness.

12 years+

Activity No. 1670.224

12 lessons @ 50 mins, \$253/\$230 MCC district residents
Tu, 9/17-12/10 6:40-7:30 p.m.
No lesson on 11/5.

MUSIC

MUSIC TOGETHER

Music Together, an internationally recognized music company and movement program, engages early childhood music development for infant, toddler and preschool aged children and their parents and other primary caregivers through mixed-aged classes. The Music Together approach develops every child's birthright to basic music competence by encouraging the actual experience of music through playful activities, rather than learning of concepts or information about music. Instructor: Music Together.

Infants-5 Years

Activity No. 1500.224

11 lessons @ 45 mins, \$259/\$240 MCC district residents
M, 9/16-12/9 9:15-10 a.m.
No lesson on 10/14 and 11/11.

Activity No. 1501.224

11 lessons @ 45 mins, \$259/\$240 MCC district residents
M, 9/16-12/9 10:15-11 a.m.
No lesson on 10/14 and 11/11.

Activity No. 1502.224

11 lessons @ 45 mins, \$259/\$240 MCC district residents
M, 9/16-12/9 11:15 a.m.-Noon
No lesson on 10/14 and 11/11.

Activity No. 1503.224

12 lessons @ 45 mins, \$279/\$258 MCC district residents
Tu, 9/17-12/10 9:15-10 a.m.
No lesson on 11/5.

Activity No. 1504.224

12 lessons @ 45 mins, \$279/\$258 MCC district residents
Tu, 9/17-12/10 10:15-11 a.m.
No lesson on 11/5.

Activity No. 1505.224

12 lessons @ 45 mins, \$279/\$258 MCC district residents
Tu, 9/17-12/10 11:15 a.m.-Noon
No lesson on 11/5.

Activity No. 1506.224

12 lessons @ 45 mins, \$279/\$258 MCC district residents
Th, 9/19-12/13 9:15-10 a.m.
No lesson on 11/28.

Activity No. 1507.224

12 lessons @ 45 mins, \$279/\$258 MCC district residents
Th, 9/19-12/13 10:15-11 a.m.
No lesson on 11/28.

Activity No. 1508.224

12 lessons @ 45 mins, \$279 \$258 MCC district residents
Th, 9/19-12/13 11:15 a.m.-Noon
No lesson on 11/28.

Activity No. 1509.224

10 lessons @ 45 mins, \$240/\$222 MCC district residents
F, 9/20-12/13 9:15-10 a.m.
No lesson on 11/8, 11/29 and 12/6.

Activity No. 1510.224

10 lessons @ 45 mins, \$240/\$222 MCC district residents
F, 9/20-12/13 10:15-11 a.m.
No lesson on 11/8, 11/29 and 12/6.



STEM/ ENRICHMENT

FUNKY FORCES

Through the course of Funky Forces and more, children will play engineer, chemist and stunt-pilot! Children will investigate physics fundamentals and bring their scientific minds to basic magic tricks. Your Mad Scientists will be shocked by what they learn about electricity, blown away by their experiments with air pressure and mystified by wonders of chemistry. Instructor: Mad Science.

5-10 years

Activity No. 1101.224

8 lessons @ 1 hr, \$196/\$178 MCC district residents

W, 10/2-11/20 4:30-5:30 p.m.

THEATER

IMPROV FOR KIDS

Improv comedy is a great way for kids and teens to express themselves and gain confidence. Focusing on creativity and teamwork, The Alden's improv comedy classes for youth teach improv fundamentals such as "yes and" in a supportive environment. Class participants will perform a showcase performance on the last day of class. This class is suitable for both beginners and those who have taken improv classes in the past. Instructor: Melissa Richardson.

7-9 years

Activity No. 3003.224

8 lessons @ 1 hr, \$145/\$125 MCC district residents

M, 10/21-12/16 6:30-7:30 p.m.

No lesson on 11/11.

10-14 years

Activity No. 3004.224

8 lessons @ 1 hr, \$145/\$125 MCC district residents

M, 10/21-12/16 7:30-8:30 p.m.

No lesson on 11/11.

VISUAL ARTS

Visual Arts classes offered by the McLean Project for the Arts are listed on page 33.



ADULT CLASSES

CULINARY ARTS

THE FISH AND SEAFOOD CLASS

Learn all the skills needed to prepare great fish dishes. Chef Joel will cover selecting good fish, selecting different types of fish for different dishes; how to best cook a wide variety of fish and more. Participants will then prepare these delicious dishes: Soft Dill-Brined Salmon with Lemon Butter and Peppered Potato Whip; Coconut & Lemongrass-Poached Cod with Thai Fried Rice; Cajun Twice-Baked Potatoes with Shrimp, Andouille and Caramelized Corn; Catfish Schnitzel with Capers and Creamy Polenta; Soft-Stewed Calamari with Tomatoes, Olives and Orzo. Instructor: Chef Joel Olson.

Activity No. 1313.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

W, 10/16 10:30 a.m.-1:30 p.m.

Activity No. 1314.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

W, 10/16 7-10 p.m.

**A CUT ABOVE:
KNIFE SKILLS 101**

Take this knife skills workshop to learn and practice the culinary techniques that help take the chore out of cooking. Techniques include boning a chicken, cutting onions, carrots and other vegetables and fruits and pasting garlic. Knife selection, sharpening and care will also be covered. Bring your own knives or use ours. A light meal will be served at the end of class. Instructor: Chef Joel Olson.

Activity No. 1316.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
Th, 10/17 10:30 a.m.-1:30 p.m.

Activity No. 1317.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
Th, 10/17 7-10 p.m.

SUSHI AND SOBA

Participants will first learn how to make homemade soba (buckwheat) noodles from scratch. They will also learn how to roll sushi! Then, they will use their noodles to make the following recipes. On the menu: Soy-Marinated Mushroom and Scallion Roll; Gingered Soba Noodle and Roasted Eggplant Roll; Roasted Pepper and Kewpie Mayonnaise Roll; Quick-Pickled Cucumber and Radish Roll; Caramelized Tofu Roll; Soba Noodle Cakes with Sautéed Asian-Style Vegetables; Miso Soup. Instructor: Chef Joel Olson.



Activity No. 1320.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
F, 10/18 7-10 p.m.

RAVIOLI

Spend a fun afternoon making delicious homemade ravioli. Learn the techniques of making fresh egg pasta dough. Then, roll the dough out using a pasta machine to make fresh pasta sheets that can be used to make your choice of these delicious raviolis: Three-Cheese Ravioli; Savory Sweet Potato and Roasted Red Pepper Ravioli; Spinach and Mozzarella Ravioli. Fresh homemade Alfredo Sauce and Marinara Sauce will also be prepared in class, along with Mixed Green Salad, Homemade Italian Dressing and Esse di Raveo (Italian S-shaped cookies) for the sweet tooth. Instructor: Chef Joel Olson.

Activity No. 1323.224

1 lesson @ 3 hrs, 79/\$72 MCC district residents
Su, 10/20 1:30-4:30 p.m.

VEGETARIAN THAI

Enjoy learning how to cook some delicious vegetarian Thai dishes that are sure to become favorites. On the menu: Thai Vegetable Noodle Soup with Broccoli and Bok Choy; Thai Green Curry Sweet Potato and Chickpea Hash with Coconut and Lime; Thai Basil Eggplant with Peppers and Onions; Thai Fried Rice; Caramelized Tofu and Mushroom Pad Thai. Instructor: Chef Joel Olson.

Activity No. 1324.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
M, 10/21 10:30 a.m.-1:30 p.m.

Activity No. 1325.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
M, 10/21 7-10 p.m.

**INTERNATIONAL
BAKES**

Learn a variety of sweet and savory recipes to add to your baking repertoire. On the menu: Scottish Shortbread; English Lemon Squares; Plushki (Russian Cinnamon Rolls); Brötchen (Crusty German Bread Rolls); Socca (Garbanzo Flour-Based Flatbread from Southeastern France); Flavorful Spinach, Roasted Red Pepper and Feta Calzones. Instructor: Chef Joel Olson.

Activity No. 1327.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
Tu, 10/22 10:30 a.m.-1:30 p.m.

Activity No. 1328.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
Tu, 10/22 7-10 p.m.

FALL GRILLING

Up your grilling game with these delicious recipes: Grilled Eggplant, Bell Pepper and Onion Salad with Lemon Tahini Dressing; Turkey, Sun-Dried Tomato and Zucchini Kebabs with Pesto Vinaigrette and Mozzarella and Rice Cakes; Big Grilled Portobello Mushroom, Roasted Red Pepper and Smoked Cheddar Sandwich with Chipotle Mayonnaise; Grilled Miso-Glazed Salmon and Wilted Spinach Tacos with Brie and Charred Orange Salsa; Grilled Bananas with Butterscotch Rum Sauce. Instructor: Chef Joel Olson.

Activity No. 1330.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
W, 10/23 10:30 a.m.-1:30 p.m.

Activity No. 1331.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
W, 10/23 7-10 p.m.



FRENCH BAKING

Add to your baking repertoire with delicious classic French recipes: Petits Pains (little breads); Honeyed Goat Cheese, Prosciutto and Date Profiteroles (Pâte à Choux); Tarte Flambée (French flatbread with sour cream, onions and bacon); Gateau aux Pommes (French Apple Cake); Chocolate Soufflés with Berry Sauce. Instructor: Chef Joel Olson.

Activity No. 1332.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
Th, 10/24 10:30 a.m.-1:30 p.m.

Activity No. 1333.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
Th, 10/24 7-10 p.m.

FALL TARTS, STRUDELS AND PIES

Learn to make some delicious baked treats, featuring Chef Joel's favorite tart dough. On the menu: Savory Balsamic-Glazed Red Onion, Mushroom and Apple Tart; Cranberry and Pear Tart; Swiss Cheese and Chard Strudel; Sweet Pumpkin and Pecan Strudel; Irish Potato Pie; Sweet Potato Pie. Instructor: Chef Joel Olson.

Activity No. 1334.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
F, 10/25 11 a.m.-2 p.m.

DINING IN PARIS

Imagine dining on this gourmet feast overlooking the Eiffel Tower after a day of holiday shopping in Paris: Savory Roquefort and Caramelized Onion Tarts with Mixed Greens and Champagne Shallot Vinaigrette; Charred Lemon Chicken with Lemon Beurre Blanc; French Lentils with Garlic and Thyme; Pommes de Terre Sarladaises (potatoes browned in duck fat, then steamed in butter and garlic); Mushrooms with Tomatoes and Brie; Sablé Breton (French Butter Cookies). Instructor: Chef Joel Olson.

Activity No. 1336.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
M, 12/9 10:30 a.m.-1:30 p.m.

Activity No. 1337.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
M, 12/9 7-10 p.m.

LAST MINUTE HOLIDAY GIFTS FROM THE KITCHEN

Want to be able to give meaningful homemade holiday gifts that are sure to impress? Learn about an amazing variety of great recipes for fun, easy and delicious homemade gifts from your kitchen. Participants will learn how to make a variety of gifts and will be able to sample many of them. Topics and recipes covered will include: Infused Oils and Vinegars; Fruit Butters; Jams and Jellies; Ketchups, Mustards and Marmalades; Quick Pickles; Quick Breads; Yeast Breads; Spice Rubs, Blends and Marinades and Liqueurs. Instructor: Chef Joel Olson.

Activity No. 1339.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
Tu, 12/10 10:30 a.m.-1:30 p.m.

Activity No. 1340.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
Tu, 12/10 7-10 p.m.

ENTERTAINING CHOCOLATE DESSERTS

These rich, chocolatey desserts will be sure to impress: Chocolate Truffle Cake with Caramel Sauce; Devil's Food Cake with White Chocolate Mousse and Orange Crumbles; Dark Chocolate Cookies with Raspberry Glaze; Double Chocolate Pudding with Mint Crème Chantilly. Instructor: Chef Joel Olson.

Activity No. 1342.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
W, 12/11 10:30 a.m.-1:30 p.m.

Activity No. 1343.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
W, 12/11 7-10 p.m.

INTERNATIONAL DUMPLINGS

Japanese Gyoza with Rice Noodles and Cabbage; Sweet Soy Dipping Sauce; Curried Potato and Vegetable Samosas with Ginger Mint Chutney; Savory Turkey, Potato and Roasted Garlic Empanadas; Mini Apple Cranberry Dumplings with Salted Caramel Sauce. Instructor: Chef Joel Olson.

Activity No. 1345.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
F, 12/13 10:30 a.m.-1:30 p.m.

Activity No. 1346.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents
F, 12/13 7-10 p.m.

continued

SCONE WORKSHOP

Spend a Sunday afternoon baking delicious homemade scones! Participants will learn how to make delicious scones to enjoy in class and take home to share with family and friends. We'll start with the basics and then explore a variety of tasty sweet and savory scone options to make and bake. On the menu: Basic Buttermilk Scones; Lemon Cranberry Scones with Sparkling Sugar; Ham and Cheddar Scones; Peanut Butter & Chocolate Chip Scones. Add-in options will be available so you can design your own signature scones. Instructor: Chef Joel Olson.

Activity No. 1348.224

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Su, 12/15 1-4 p.m.

DANCE

LINE DANCING

This fun and exciting class combines low, moderate and high-energy dance routines from different decades. No experience or partner necessary. Instructor: JST Athletics.

Activity No. 1654.224

8 lessons @ 55 mins, \$116/\$105 MCC district residents

M, 9/16-11/18 12:30-1:25 p.m.

No lesson on 10/14 and 11/11.



INTRODUCTION TO BALLROOM DANCE

This class introduces brand new dancers to traditional American ballroom dance basics. Dancers will learn foundational footwork, lead and follow, proper dance position and musicality in the Foxtrot, Waltz, Tango, Cha-Cha, Swing and more! With over 20 years' experience in the performing arts, instructors Jeff Virchow and JoJo DiPaolo lead simple yet exciting lessons as they draw from their theater and dance backgrounds, spanning from Broadway to Disney to "Dancing with the Stars." Come join the fun! Instructor: Art in Motion Dance.

Activity No. 1725.224

12 lessons @ 1 hr, \$316/\$288 MCC district residents

M, 9/16-12/9 7:45-8:45 p.m.

No lesson on 11/11.

BALLROOM DANCE I

For dancers that have taken our beginner introductory class, or those that have equivalent experience.

This class will build upon the basics to develop confidence, rhythm and styling, and to offer more advanced patterns for the social dancer.

Dances include Foxtrot, Waltz, Tango, Cha-Cha, Swing and more! With over 20 years' experience in the performing arts, instructors Jeff Virchow and JoJo DiPaolo lead simple yet exciting lessons as they draw from their theater and dance backgrounds, spanning from Broadway to Disney to "Dancing with the Stars." Come join the fun! Instructor: Art in Motion Dance.

Activity No. 1726.224

12 lessons @ 1 hr, \$316/\$288 MCC district residents

M, 9/16-12/9 6:30-7:30 p.m.

No lesson on 11/11.



DOG OBEDIENCE

BEGINNER DOG OBEDIENCE

This basic obedience course is for dogs over the age of six months who have no prior obedience training. Topics of instruction will include heeling on leash, come/recall command, down, sit and stay commands. Situational training related to real life situations will be encompassed in this training. Behavior related problem-solving methods will be addressed, as well. Instructor: Dog Solve.

Activity No. 1450.224

8 lessons @ 1 hr, \$126/\$115 MCC district residents

M, 9/16-11/4 7-8 p.m.

K9 NOSE WORK

A great way to bond with your dogs, stimulate their minds, hone their search and obedience skills and build their confidence and focus. This class encourages dogs to use their sense of smell and natural hunt instincts to search and problem solve as an outlet for their love of hunting. This is a low-impact class with no prior obedience or training required. Instructor: Dog Solve.

Activity No. 1451.224

8 lessons @ 1 hr, \$126/\$115 MCC district residents

M, 9/16-11/4 8-9 p.m.

FITNESS

BARRE

Barre training is the hottest new fitness class for a balanced, agile and strong body. This class combines ballet-inspired moves with other elements of dance and creative movement, helping you move through daily life with less effort and more confidence. Classes will incorporate a ballet barre and small equipment, using traditional dance moves alongside classical ballet positions and stretches. Instructor: JST Athletics.

Activity No. 1655.224

8 lessons @ 55 mins, \$116/\$105 MCC district residents

M, 9/16-11/18
11:30 a.m.-12:25 p.m.

No lesson on 10/14 and 11/11.

PILATES PLUS

Need to get in a quick all-body workout? This is the perfect class for you! This challenging Pilates mat series focuses on building awareness of your body, enhancing strength and flexibility and improving balance and core stability. Through high-rep exercises and using basic props and your own body weight, you will become more toned and build muscle strength. Instructor: Emily Weeks Fitness.

Activity No. 1669.224

13 lessons @ 50 mins, \$274/\$249 MCC district residents

W, 9/18-12/11 7:30-8:20 p.m.

CARDIO, STRENGTH & BALANCE

A custom blend of cardio conditioning suitable for all levels, this training format uses bodyweight, free weights and balance work to improve coordination, stability and spatial

continued

awareness. You will need aerobic shoes, light weights and a yoga mat. Instructor: Body Moves Fitness, LLC.

Activity No. 1850.224

11 lessons @ 55 mins, \$174/\$158 MCC district residents

M, 9/16-12/9
11:30 a.m.-12:25 p.m.

No lesson on 10/14 and 11/11.

BODY SCULPT

For all fitness levels. Shape and tone upper, middle and lower body, building and maintaining muscle strength, bone density, endurance and ease of movement. You will need aerobic shoes, hand weights and a mat. Instructor: Body Moves Fitness, LLC.

Activity No. 1851.224

11 lessons @ 55 mins, \$174/\$158 MCC district residents

M, 9/16-12/9 7:40-8:35 p.m.

No lesson on 10/14 and 11/11.

Activity No. 1852.224

12 lessons @ 55 mins, \$190/\$172 MCC district residents

Tu, 9/17-12/10 10:15-11:10 a.m.

No lesson on 11/5.

ZUMBA

Boost your heart health, build endurance and de-stress with this fun dance workout that provides cardiovascular and toning benefits while focusing on coordination, balance and range of motion. You will need dance fitness shoes and a water bottle. Instructor: Body Moves Fitness, LLC.

Activity No. 1853.224

12 lessons @ 55 mins, \$190/\$172 MCC district residents

Tu, 9/17-12/10 5:40-6:35 p.m.

No lesson on 11/5.

ZUMBA GOLD®

Enjoy fitness fun with this accessible, low-impact, joint-friendly, full-body dance workout that provides cardiovascular and toning benefits while focusing on coordination, balance and range of motion. You will need dance fitness shoes and a water bottle. Instructor: Body Moves Fitness, LLC.

Activity No. 1854.224

12 lessons @ 55 mins, \$190/\$172 MCC district residents

W, 9/18-12/11 9:15-10:10 a.m.

No lesson on 11/27.



TOTAL FIT VIRTUAL

For all fitness levels. This moderate-intensity, low-impact aerobics program incorporates weight training, core strength, flexibility, balance and body awareness techniques to provide a comprehensive fitness workout. You will need aerobic shoes, hand weights and a mat. Instructor: Body Moves Fitness, LLC.

Activity No. 1855.224

12 lessons @ 55 mins, \$190/\$172 MCC district residents

Th, 9/19-12/12 10:15-11:10 a.m.

No lesson on 11/28.



TAI CHI I

This ancient practice offers health and fitness benefits including improved circulation and immunity, reduced chronic pain and blood pressure, stress calming and enhanced balance and coordination. All levels welcome. Please wear soft-soled shoes and loose, comfortable clothing. Instructor: Body Moves Fitness, LLC.

Activity No. 1856.224

12 lessons @ 55 mins, \$190/\$172
MCC district residents
Tu, 9/17-12/10 12:30-1:25 p.m.
No lesson on 11/5.

TAI CHI II

Prerequisite: Several sessions of Tai Chi-I. Tai Chi II refines and brings closer attention to the movement patterns introduced in Tai Chi I while participants work to further develop and balance chi internally. Please wear loose, comfortable clothing and soft-soled shoes. Instructor: Body Moves Fitness, LLC.

Activity No. 1857.224

12 lessons @ 55 mins, \$190/\$172
MCC district residents
Tu, 9/17-12/10
11:30 a.m.-12:25 p.m.
No lesson on 11/5.

YOGA SCULPT & STRENGTH

Integrate the advantages of muscle conditioning with the alignment benefits of yoga practice. Bring mind and body into harmony, using breath and focus to work fully with decreased stress and injury. You will need a yoga mat and block. Instructor: Body Moves Fitness, LLC.

Activity No. 1858.224

12 lessons @ 55 mins, \$190/\$172
MCC district residents
W, 9/18-12/11
11:30 a.m.-12:25 p.m.
No lesson on 11/27.

GENTLE YOGA FITNESS

Enjoy increased flexibility, strength, balance and energy as you challenge yourself, while respecting and honoring your body. You will need a yoga mat, strap and block, a resistance band, a set of 1- to 2-lb hand weights and water. Instructor: Body Moves Fitness, LLC.

Activity No. 1859.224

12 lessons @ 55 mins, \$190/\$172
MCC district residents
Th, 9/19-12/12
11:30 a.m.-12:25 p.m.
No lesson on 11/28.

LECTURES

DOWNSIZING AND DECLUTTERING

Join Professional Organizer Maria Spetalnik to learn how clutter enters the home, why downsizing and decluttering is needed, how to decide what to let go of and how to get rid of it. Instructor: Conquer the Clutter.

Activity No. 1480.224

1 lesson @ 1 hr, Free
Tu, 11/12 6-7 p.m.

FINANCIAL LITERACY FOR RETIREES

The class is designed to be a comprehensive retirement class addressing both qualitative and quantitative issues retirees deal with. The class will explore income in retirement, tax planning, investing and asset allocation strategies for retirees considering higher interest rates, as well as social security and Medicare decisions. The goal of this class is to teach attendees about retirement risks, intricacies and tools to help maximize their fulfillment and peace of mind. Instructor: Joshua Goulding, CFA, CFP®, Co-Founder/Partner, 4J Wealth Management.

Activity No. 1481.224

1 lesson @ 2 hrs, Free
M, 9/30 6-8 p.m.

FINANCIAL LITERACY FOR PARENTS WITH YOUNG CHILDREN

This class helps parents with young children understand the fundamentals of financial planning. We'll explore topics like budgeting and cash-flow management (including debt management), savings and investments (emergency fund, 401k, IRAs and Roth IRAs), education planning, life insurance, risk management and home purchase decisions. The class gives parents a framework and foundation to make intelligent long-term financial decisions. Instructor: Joshua Goulding, CFA, CFP® Co-Founder/Partner, 4J Wealth Management.

Activity No. 1482.224

1 lesson @ 2 hrs, Free
Th, 10/10 6-8 p.m.

FINANCIAL CHALLENGES IN RETIREMENT

In this dynamic session we will discuss the financial challenges today's retirees face and strategies to overcome these obstacles. You have worked hard. What do you need to do now from a planning perspective to ensure you have the retirement of your dreams? Instructor: Courtney Heykoop, Clover Leaf Wealth Strategies.

Activity No. 1483.224

1 lesson @ 1 hr, Free
W, 11/13 6-7 p.m.

LEGACY & ESTATE PLANNING

You are living the dream; every day is now a Saturday! How do you ensure the estate you leave behind for your loved ones is well-structured, maximized and tax efficient? This session will discuss key items to creating a lasting legacy, gifting strategies and generational wealth ideas. Instructor: Courtney Heykoop, Clover Leaf Wealth Strategies.

Activity No. 1484 .224

1 lesson @ 1 hr, Free
M, 10/7 1-2 p.m.



SAFETY

CPR, FIRST AID AND AED

This course will prepare you to recognize and care for a variety of first aid, breathing and cardiac emergencies involving adult and children. Instructor: Respond and Rescue.

Activity No. 1485.224

1 lesson @ 3 hrs, \$102/\$82 MCC district residents
Su, 10/27 1-4 p.m.

VISUAL ARTS

Visual Arts classes offered by the McLean Project for the Arts are listed on page 33.



SENIORS IN ACTION

Come be a part of the Seniors in Action (SIA) Program! A recreation program with a yearly membership designed for independent adults age 50+. Participate in a variety of programs designed to keep you healthy, active, and having fun! Build relationships and foster a sense of community while enjoying fitness classes, games, speakers, and social activities! Seniors in Action Senior Program Coordinator Samah Habayeb will help make your time at the MCC fulfilling and fun!

Questions? Please contact Samah Habayeb at samah.habayeb@fairfaxcounty.gov.

Fall 2024 SIA Programming begins Monday, Sept. 16 and ends Friday, Dec. 13. Skip Date(s): No SIA @ MCC on 10/2, 11/5, 11/8, 11/11, 11/27, 11/28, 11/29 and 12/6. Delayed Start: No morning activities on 10/14.

SIA Membership: \$100 per year/\$48 MCC district residents. SIA is a yearly program with three distinct sessions: Fall, Winter-Spring and Summer, with breaks between each session.

SIA GENERAL WEEKLY SCHEDULE

Weekly and monthly updates are emailed to SIA program members.

	Monday	Tuesday	Wednesday	Thursday	Friday
9–10 a.m.	Qigong	SAIL Exercise*		SAIL Exercise*	
10 a.m.-noon	Games	Mah-Jongg Practice & Play		Bridge Practice & Play	
11 a.m.-noon					Dance Fitness
1:30–2:30 p.m.					SAIL Exercise

View descriptions of SIA Exercises on the SIA webpage: mcleancenter.org/seniors-in-action.

SIA SPECIAL EVENTS & SPEAKERS

These activities typically occur on Wednesdays. SIA program members receive weekly and monthly updates with detailed information, which also include registration links for activities that require advance sign-up or where space may be limited.

Day & Date	Time	Activity
Wednesday 9/18	10 a.m.-2 p.m.	SAIL Kickoff Event
Thursday 9/19	1:30-3:30 p.m.	SIA Field Trip: Mosaic District Fairfax, Va. (Small fee associated)
Monday 9/23, 9/30, 10/7, 10/14, 10/28, 11/4, 11/18, 11/25, 12/2	12:30-2:30 p.m.	Beginner Bridge Lessons Mr. Steven Rothman
Tuesday 9/24	Noon-2 p.m.	Demonstration of South-Indian Coffee Making Dr. (Ms.) Kamakshi P. Murti
Wednesday 9/25	11 a.m.-noon	Nature Walk
Wednesday 9/25	Noon-1:30 p.m.	Lunch/Learn About Ushering with the Alden Theater Workshop Mr. Jeff Virchow
Monday 9/30, 11/18, 12/9	3-4 p.m.	Line Dancing Workshop(s) Ms. Joana DiPaolo
Tuesday 10/1	Noon-2 p.m.	Plant Presentation “Native Plants in the Garden and Using Them” Ms. Barbara Ryan
Wednesday 10/9, 11/6, 12/4	10-11:30 a.m.	IT Workshop(s) Mrs. Amy Burk of TechWise Coaching
Wednesday 10/9	10:15-11:15 a.m.	SIA Rise Project/Alden Workshop Mrs. Danielle Van Hook
Wednesday 10/9	Noon-1:30 p.m.	Professor/Author Presentation Anita Nahal Arya, Ph.D., CDP
Thursday 10/10, 10/17, 10/24	12:30-2:30 p.m.	Beginner Mah-Jongg Lessons Mrs. Iva Gresko
Friday 10/11	12:30-1:30 p.m.	Conquer the Clutter Presentation “Taming the Paperwork Beast” Ms. Maria Spetalnik (This presentation is open to the community)

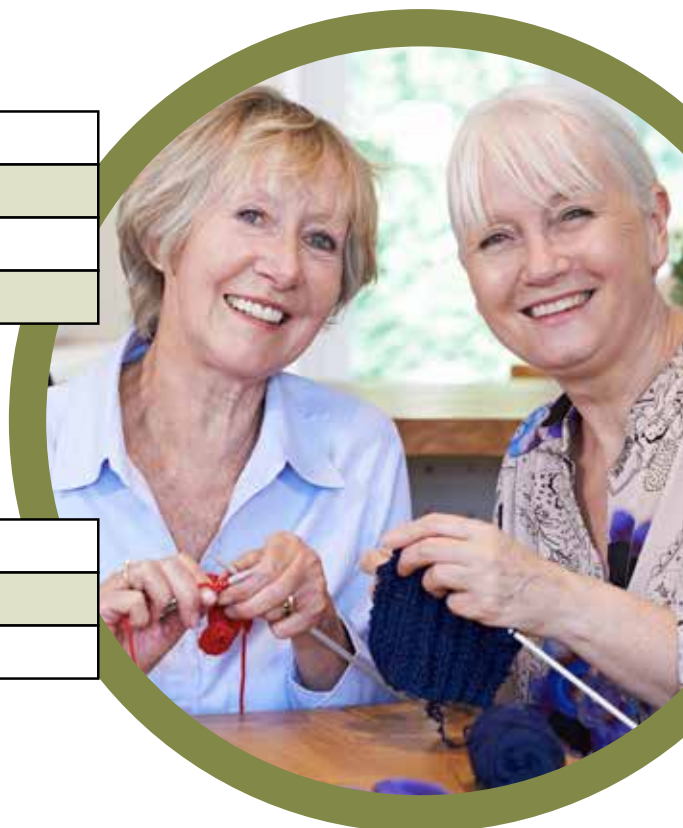


Day & Date	Time	Activity
Wednesday 10/16, 10/23, 10/30	10:30 a.m.-noon	Microsoft Basics Workshop/Hot Oatmeal Bar on 10/23 Mrs. Amy Burk of TechWise Coaching
Friday 10/18	Noon-2 p.m.	Cooking Class: "SIA Mama Mia," That's Italian-Ravioli Mr. Joel Olson
Thursday 10/24	7-9 p.m.	SIA/Theater Youth Improv (OFC)
Friday 10/25	12:30-1:30 p.m.	Conquer the Clutter Presentation "Aging in Place" Ms. Maria Spetalnik (This presentation is open to the community)
Tuesday 10/29	Noon-2 p.m.	History of Monuments in the Indian Sub-Continent Dr. (Ms.) Kamakshi P. Murti
Thursday 11/7	1:30-3:30 p.m.	SIA Field Trip: Clay Cafe Falls Church, VA (Small fee associated)
Tuesday 11/12	12:30-2 p.m.	Ikebana Workshop Mrs. Majorie Bauman
Thursday 11/14	12:30-2:30 p.m.	Refresher Mah-Jongg Workshop Mrs. Iva Gresko
Wednesday 11/20	11 a.m.-noon	SIA Registration Workshop/ Website Overview Ms. Samah Habayeb
Friday 11/22	7-9 p.m.	SIA/Theater Youth Talent Show (OFC)
Tuesday 12/3	12:30-2:30 p.m.	Arts & Crafts: Ms. Dikla Herszman Flower Arranging
Monday 12/9	12:30-2:30 p.m.	Bridge Refresher Workshop Mr. Steven Rothman
Friday 12/13	Noon-2 p.m.	Holiday Jazz Performance: Mr. Nathaniel Aguilar (This performance is open to the community)

BOOK CLUB

Book Club meets one Tuesday per month, 9:30-11 a.m.

Tuesday, 9/17	<i>"The Bee Sting"</i> By Paul Murray
Tuesday, 10/8	<i>"The Women"</i> By Kristin Hannah
Tuesday, 11/12	Book title forthcoming
Tuesday, 12/10	Book title forthcoming



STITCH CLUB

Stitch Club meets one Wednesday per month, 10:30 a.m.-12:30 p.m.

Wednesday, 10/16	Stitch Club
Wednesday, 11/13	Stitch Club
Wednesday, 12/11	Stitch Club



GARDEN CLUB

Garden Club meets one Friday per month, Noon-1:30 p.m.

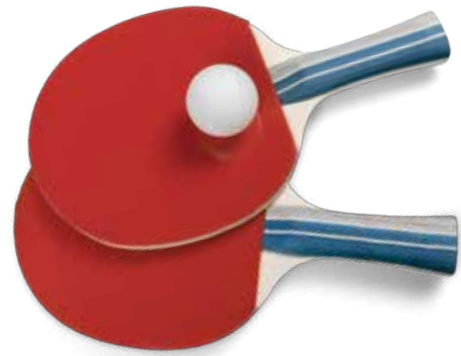
Friday, 9/20	Garden Club: Mrs. Peggy Riccio presents
Friday, 10/18	Garden Club: Mrs. Peggy Riccio presents
Friday, 11/15	Garden Club: Mrs. Peggy Riccio presents
Friday, 12/13	Garden Club: Mrs. Peggy Riccio presents



SIA SOCIAL

	Date	Time	Activity
SIA Social	Friday, 10/4	Noon-2 p.m.	Fall Favorite Soups and Stews
SIA Social	Friday, 11/22	Noon-2 p.m.	Holiday Favorite Dishes

DROP-IN GAMES



**FREE PARTICIPATION,
OPEN TO ALL!**

Game	Location	Date/Time
Bridge	MCC Hampton Room	Tu, 7–10 p.m.
Ping Pong/Bridge/ Mah-Jongg/Other Card Games	Old Firehouse Center	Tu, 10 a.m.–1:30 p.m.
Mah-Jongg	Old Firehouse Center	W, 10 a.m.–1 p.m.
Open Games (All games available)	Old Firehouse Center	W, 6:30–9:30 p.m.
Ping Pong/Bridge/ Mah-Jongg/Other Card Games *Closed 2nd Thursday of each month	Old Firehouse Center	Th, 10 a.m.–1:30 p.m.
Bridge	MCC Hampton Room	F, 7–10 p.m.
Open Games (All games available) *Limited dates	Old Firehouse Center	Sa, 9 a.m.–1 p.m. 9/14, 10/12, 11/9, 12/7



Meet up with your friends or make some new ones and enjoy fun and games in your community! Registration is NOT required for this self-led activity. MCC staff will ensure all necessary gaming supplies are available.

Drop-In Games will not be held on Fairfax County Government holidays.

Children under 18 must be accompanied by an adult.

Do you have an idea for a game you'd like to play at MCC or OFC? Please give us your suggestions! Email mail@mcleancenter.org and tell us what games you'd like to play.

OPEN GAMES RULES & EXPECTATIONS

- MCC staff will ensure that all game supplies are available for the games.
- Games will always be free, and registration is never required.
- For games/spaces where table space is limited first come, first served for play.
- Open Games welcome ALL participants of all skill levels to play. However, a basic understanding of the game being played is necessary to participate.
- Be kind and courteous to all participants.
- If questions or conflicts arise, MCC/OFC staff are available to help, please go to the front desk to speak with a staff member.

SEPTEMBER

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



OCTOBER

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- 9/2** Labor Day **Center Closed**
- 9/4** 6:30 p.m. Governing Board Meeting of the Whole on FY2026 Budget
- 9/12-11/1** MPA's Washington Sculpture Group Juried Exhibition
- 9/12** 7-9 p.m. MPA Exhibition Opening Reception
- 9/13** 7-9 p.m. Snack & Paint Night
- 9/14** 9 a.m.-1 p.m. Fall Community Parking Lot Sale
- 9/14** 11 a.m. & 4 p.m. Koo Koo
- 9/21** 1-4 p.m. Old Firehouse Block Party
- 9/25** 6:30 p.m. Governing Board Meeting + Public Hearing on FY2026 Budget
- 9/28** 10 a.m.-Noon Harvest Happenings

- 10/5** 8 a.m. The McLean 5K
- 10/13** 11 a.m.-4 p.m. McLean Pet Fest
- 10/14** 9 a.m.-Noon Touch-a-Truck
- 10/18** 7 p.m. "The Remember Balloons"
- 10/23** 6:30 p.m. Governing Board Meeting
- 10/26** 5-8 p.m. OFC's Festival of Frights and Trunk or Treat
- 10/30** 7 p.m. "SUGAR SKULL!: A Día de Muertos Musical Adventure"



From left: Harvest Happenings, "SUGAR SKULL!", Holiday Gingerbread House Decorating, McLean Holiday Art & Crafts

NOVEMBER							1	2
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		

DECEMBER

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 11/3** 2 p.m. The Judy Carmichael Trio
- 11/5** Election Day **Center Closed**
- 11/9** 10 a.m.-5 p.m. McLean Antiques Show & Sale
- 11/10** 11 a.m.-4 p.m. McLean Antiques Show & Sale
- 11/11** Veterans Day **Center Closed**
- 11/15** 7-9:30 p.m. Family Fun Bingo
- 11/17** 2 p.m. Adam Levin, Classical Guitar
- 11/21** 1 p.m. Performing Arts Movie
- 11/23** 10 a.m.-Noon Holiday Gingerbread House Decorating
- 11/28** Thanksgiving **Center Closed**
- 11/29** Day After Thanksgiving **Center Closed**

- 12/4** 7:15 p.m. Governing Board Meeting
- 12/5** 1 p.m. Foreign Language Film
- 12/6** 4-7 p.m. McLean Holiday Art & Crafts Festival Happy Hour
- 12/6** 11 a.m.-7 p.m. McLean Holiday Art & Crafts Festival
- 12/7** 10 a.m.-6 p.m. McLean Holiday Art & Crafts Festival
- 12/8** 11 a.m.-4 p.m. McLean Holiday Art & Crafts Festival
- 12/13** Light Up McLean Contest Registration Deadline
- 12/14** 10 a.m.-Noon Milk and Cookies with Santa
- 12/15** 2 p.m. "L'Chaim II: A Tribute to the Jewish Legacy of Broadway (and Christmas)"
- 12/18** 6:30 p.m. Foreign Language Film
- 12/21** 7 p.m. "It's a Jazzy Christmas!"
- 12/23-1/5** Light Up McLean Contest Voting
- 12/24** Christmas Eve **Center Closes Early**
- 12/25** Christmas Day **Center Closed**
- 12/31** New Year's Eve **Center Closes Early**



McLEAN PROJECT FOR THE ARTS

MPA's Fall 2024 exhibition will be a juried exhibit with the Washington Sculptors Group.

WASHINGTON SCULPTORS GROUP JURIED EXHIBITION SCULPTURE NOW 2024

September 12 - October 26, 2024

Opening Reception: Thursday, Sept. 12, 7-9 p.m.

McLean Project for the Arts exhibitions are regularly reviewed by The Washington Post and their gallery spaces are highly regarded in the DC area arts community.

Here's an excerpt from the Post's review of the 2020 Sculpture NOW exhibition:

"No one piece can represent as diverse an exhibition as "Sculpture Now 2020," a McLean Project for the Arts survey of work by 53 members of the Washington Sculptors Group. But Jane Petit's "Inspire Detail" and Mike Shaffer's "Veronica's Porch" do seem to exemplify the show's spirit. Both are made of repurposed wood and assume monumental forms while rejecting the heroic tenor of traditional monuments. They stand as ragged sentinels for a range of artworks that employ found objects and sustainable materials. There's more bamboo than bronze or marble in this interior sculpture garden."

Mark Jenkins

The Washington Post

Oct. 30, 2020



McLean Project for the Arts (MPA) is a nonprofit organization that presents the visual arts program for the community at the McLean Community Center (MCC), thanks to a public/private partnership with MCC and Fairfax County.

MPA presents exhibitions of contemporary art and provides education in the visual arts through a program of classes for children and adults, as well as lectures, tours and ArtReach, an outreach program that brings school children and other groups to the gallery for educational programs. MPA presents art classes at MCC in the DuVal Studio and online through ZOOM.

ART GALLERY HOURS:

For the most current information on viewing our exhibitions, please see our website at mpaart.org, email info@mpaart.org or call **703-790-1953**.

McLEAN PROJECT FOR THE ARTS STAFF:

Lori Carbonneau, *Executive Director*
Nancy Sausser, *Curator & Artistic Director*
Sharon Fishel, *ArtReach Director*
Falayi Adu, *Finance & Operations Director*
Deb Bissen, *Communications & Public Affairs Director*
Jennifer Wormser, *Development Director*
Briana Clorey, *Education & ArtReach Operations Manager*
Jennifer Jeannot, *Director of Grants & Strategic Projects*
Additional MPA staff can be found at mpaart.org.





Visual arts classes are offered by the McLean Project for the Arts. To register for a visual arts class, you must sign up on MPA's website, mpaart.org. For more information, call 703-790-1953. Make sure to sign up for the MPA e-blast for up-to-date information on classes and upcoming workshops!



CLASSES FOR CHILDREN

ABRAKADOODLE MINI DOODLERS

Parent or guardian not required. Children must be potty trained. Children will develop their creativity through lessons carefully designed to ignite their imaginations and development skills. Using real artists' materials, including watercolors, tempera paints, oil pastels, creative tools and more, your child will create truly unique masterpieces. Instructor: Abrakadoodle.

3-6 years

9 lessons @ 1 hr, \$200/\$185 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

Tu, 10/1-12/3 11 a.m.-Noon
No lesson on 11/5.

9 lessons @ 1 hr, \$200/\$185 MCC district residents. Material fee \$45 to be paid to instructor on the first day of class.

Th, 10/3-12/5 11 a.m.-Noon
No lesson on 11/28.

8 lessons @ 1 hr, \$180/\$165 MCC district residents. Material fee \$40 to be paid to Abrakadoodle on the first day of class.

Sa, 10/5-11/30 11 a.m.-Noon
No lesson on 11/9.

ABRAKADOODLE TWOOSY DOODLERS

One parent or guardian must accompany the child for the class. Little ones experiment with painting, gluing, sticking, printing and creating while developing fine-motor, language and self-help skills. This Abrakadoodle class for toddlers and their parents inspires creativity while emphasizing an "I-Can-Do-It" spirit! Instructor: Abrakadoodle Staff.

20-36 months

9 lessons @ 45 mins, \$145/\$135 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

Tu, 10/1-12/3 10-10:45 a.m.
No lesson on 11/5.

9 lessons @ 45 mins, \$145/\$135 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

Th, 10/3-12/5 10-10:45 a.m.
No lesson on 11/28.

8 lessons @ 45 mins, \$130/\$120 MCC district residents. Material fee \$40 to be paid to the instructor on the first day of class.

Sa, 10/5-11/30 10-10:45 a.m.
No lesson on 11/9.



COMING SOON:

MPA's Education Program will be offering NEW Fashion Design, 2D Composition, Cyanotype Workshops and Photography classes this coming Fall and Winter. Please visit our website for information on those classes as times and dates are announced: mpaart.org/education.

CLASSES FOR TEENS (13 YEARS+) AND ADULTS

COLORFUL MIXED MEDIA PAINTINGS

Learn the basics of abstract painting as well as color theory. The class explores using the principles of art while you work with acrylic, collage and drawing. All levels of art experience are welcome. Instructor: M. Jane Johnson.

7 lessons @ 3 hrs, \$325/\$305 MCC district residents

M, 9/30-11/25 10 a.m.-1 p.m.

No lesson on 10/14 and 11/11.

INTRO TO OIL

New! Open for all levels! The class provides a foundation in observation-based painting in the style of classical realism. We will learn about value, proportions and colors and explore painting of a still life, landscape and portrait. Classes will include a combination of demonstration, step-by-step direction and discussion/art appreciation. Instructor: Stephanie Chang.

6 lessons @ 2.5 hrs, \$235/\$220 MCC district residents

Tu, 9/24-10/29 10 a.m.-12:30 p.m.

PORTRAIT AND FIGURE PAINTING

The class provides a foundation in observation-based figure and portrait painting in the style of classical realism. We will cover the anatomy of the human face and figure and learn about gestures, value, proportions and colors. Classes will include a combination of demonstration, step-by-step direction and discussion/art appreciation. Instructor: Stephanie Chang.

16 years-Adults

6 lessons @ 3 hrs, \$280/\$260 MCC district residents

Tu, 11/12-12/17 1-4 p.m.

FREEDOM OF WATERCOLOR

Class 2 will be held virtually through Zoom. Students of all levels welcome. Students will work with changeable subject matter as they develop their ideal styles as artists. Elements of design, composition and balance will be discussed. Discover the versatility and fluidity of this medium. Instructor: Barbara Januszkiewicz.

In-Person

6 lessons @ 2.5 hrs, \$235/\$220 MCC district residents

Th, 9/26-10/31 10 a.m.-12:30 p.m.

Virtual

6 lessons @ 2 hrs, \$200 MCC district residents

Th, 11/7-12/19 10 a.m.-Noon

No lesson on 11/28.

LANDSCAPE IN OIL

Class 1 will be held virtually through Zoom. Joyce Lee will demonstrate step-by-step how to capture a beautiful landscape on your canvas. During this course, students will study proportions of landscapes and how to block in a composition on canvas. They will also continuously study value, edges and color relationships while they finish two or three different landscapes. Instructor: Joyce Lee.

Virtual

6 lessons @ 2.5 hrs, \$220 MCC district residents

Th, 9/26-10/31 7-9:30 p.m.

No lesson on 11/23.

In-person

6 lessons @ 2.5 hrs, \$235/\$220 MCC district residents

Th, 11/7-12/19 10 a.m.-12:30 p.m.

No lesson on 11/28.





DRAWING AND PAINTING STUDIO

For all skill levels. A working studio classroom for beginners, experienced students and artists seeking to improve their skills. This course covers the fundamentals of drawing and painting. More experienced artists will have the opportunity to develop a body of work and critique in a creative environment. Students are encouraged to explore their own concepts and styles of expression. Instructor: David Carlson.

8 lessons @ 2.5 hrs, \$310/\$290 MCC district residents

Th, 9/26-11/21 7-9:30 p.m.

No lesson on 10/31. Virtual class on 11/7.

CROSS CURRENTS IN CONTEMPORARY ART

New! Join MPA ArtReach Director Sharon Fishel for this off-site art appreciation class. Each session explores new ways of seeing and thinking about contemporary art in selected exhibitions at three local venues: The Phillips Collection, National Museum of Woman in the Arts and IA&A at Hillyer, as well as other galleries located at DuPont Circle, in D.C. There will be an optional sketchbook component for drawing or writing from the exciting works on view. Instructor: Sharon Fishel.

16 years-Adults

Off-site Class

3 sessions @ 3 hrs, \$150

F, 10/11-10/25 1-4 p.m.

DRAWING BASICS (COLORS, LINES AND MOTION)

This class is for all skill levels. For beginning students, we will work with the fundamentals of drawing, such as lines, angles and shading from light to dark. We will also discuss how to develop a smart eye toward form, shape and details. More experienced students will have the privilege of choosing any images, topics or subjects they like to create colorful action frames as a dynamic art. Instructor: Ahmed Zaidan.

8 lessons @ 2 hrs, \$250/\$235 MCC district residents

Sa, 10/5-11/30 2-4 p.m.

No lesson on 11/9.

EXPLORING LANDSCAPES IN PASTELS

New! Students will learn how to create believable impressionistic landscapes with soft pastel. They will learn the basics of pastel papers, colors and theories that they can employ to create paintings they would love to display or sell to others. The workshop covers aerial perspective, working with a limited palette, how to make various types of marks, paying attention to what's in light and what's in shadow and more. Instructor: Bryan Jernigan.

16 years-Adults

3 lessons @ 2.5 hrs, \$210

Su, 9/29-10/13 2-4:30 p.m.



ABSTRACT PAINTING SERIES

New! For all levels! Knowledge of acrylics or oils is a prerequisite. Students develop abstract painting skills through the self-expression of color and form through limitations. Classic foundational concepts of composition, value and color are discussed before going into abstract style. The motifs of landscape, figure and still life are examined along with the classic compositional elements of line, balance and contrast. Students respond to color and emotion and document it in class. Instructor: Bryan Jernigan.

16 years-Adults

3 lessons @ 2.5 hrs, \$210

Su, 11/17-12/1 2-4:30 p.m.



CREATING ARTWORK WITH LAYERED PAPER WORKSHOP: LAVENDER FIELDS

Beginners welcome! You will learn how to create a beautiful piece of lavender fields... but we'll have to teach you one-point perspective first! We will spend the first part of the workshop learning one-point perspective (which is magical) and then you'll create a beautiful piece using hundreds of kinds of papers. You'll be ripping, cutting and manipulating the papers as you glue them to a stretched canvas. Instructor: Ronni Jolles.

14 years-Adults

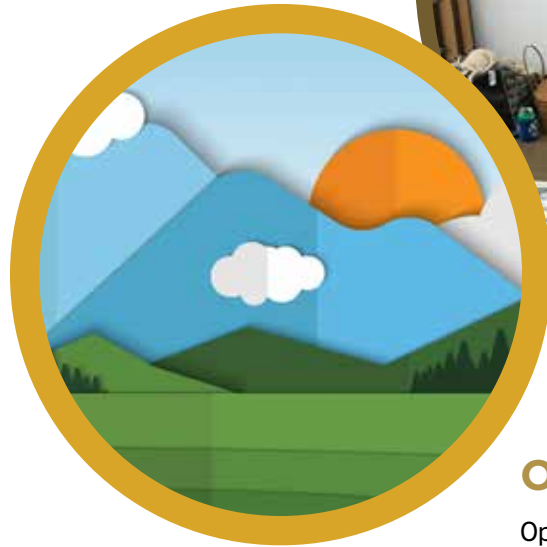
1 lesson @ 3 hrs, \$100. Supplies will be provided by the instructor. A material fee of \$25 is to be paid to the instructor at the workshop.

Su, 9/22 12:30-4:30 p.m.

CREATING ARTWORK WITH LAYERED PAPER, ITALIAN TOWNHOUSES

Beginners welcome! In this fun workshop, you'll learn how to create the charm of Italian townhouses... with windows and flower boxes and shutters and clotheslines. This is a fun piece to create! Using hundreds of kinds of papers, the instructor will guide you as you follow her process for this tactile and textural art; you'll be ripping, cutting and manipulating the papers as you glue them to a stretched canvas. Instructor: Ronni Jolles.

continued



14 years-Adults

1 lesson @ 3 hrs, \$75. Supplies will be provided by the instructor. A material fee of \$25 is to be paid to the instructor at the workshop.

Su, 10/27 1-4 p.m.

CREATING ARTWORK WITH LAYERED PAPER, POPPIES BY THE WATER

Beginners welcome! In this fun workshop, you will create a beautiful piece of art, inspired by poppies by the water. You'll be ripping, cutting and manipulating the papers as you glue them to a stretched canvas. Instructor: Ronni Jolles.

15 years-Adults

1 lesson @ 3 hrs, \$75. Supplies will be provided by the instructor. A material fee of \$25 is to be paid to the instructor at the workshop.

Su, 11/3 1-4 p.m.

OPEN STUDIO

Open drawing session with a live model. Pay for drop-in sessions or save when you register for the series!

Drop-in session, \$20 each

7 sessions @ 3 hrs, \$130/\$110 MCC district residents

Sa, 10/5-11/23
10:30 a.m.-1:30 p.m.

No session on 11/9.

COMING SOON:

MPA's Education Program will be offering NEW Fashion Design, 2D Composition, Cyanotype Workshops and Photography classes this coming Fall and Winter. Please visit our website for information on those classes as times and dates are announced: mpaart.org/education.

THE ALDEN

PRICING

Pricing is listed as Standard Admission/Students and Seniors/MCC district

RATINGS LEGEND



FAMILY FRIENDLY

Performance crafted specifically for children, approximately 1 hour in length; content is rated G or PG.



ALL AGES

Performance is created for a general audience, show length is between 1-2 hours; content is rated G or PG.



ADULT

Performance created for a general audience; show length can be between 1-3 hours; content could be rated PG-13 or R (but normally isn't!).

If you have any questions about a performance's themes, content or style, please contact The Alden at 703-790-9223, TTY: 711. We are happy to talk with audience members to select performances that are a good fit for them or their family.

KOO KOO

Saturday, Sept. 14, 11 a.m. and 4 p.m.

Old Firehouse Center

\$15/\$12/\$10



Often described as Beastie Boys meets Sesame Street, Koo Koo is a colorful, live dance party featuring overtly silly songs with their trademark dance moves. There will be some seating available, but plan for a family dance party like no other!



World Premiere!

"THE REMEMBER BALLOONS"

Friday, Oct. 18, 7 p.m.

\$20/\$17/\$15



Based on the book, "The Remember Balloons" by Jessie Oliveros. Illustrated by Dana Wulfekotte. Published by Simon & Schuster Books for Young Readers

Directed and choreographed by Dominic Moore-Dunson.
Original Score by Theron Brown.

"The Remember Balloons" is a heartwarming intergenerational tale that embraces the beauty of sharing family memories while delicately addressing memory loss.

RHYTHM OF THE ARTS PRESENTS:

"SUGAR SKULL! A DÍA DE MUERTOS MUSICAL ADVENTURE"

Wednesday, Oct. 30, 7 p.m.

\$15/\$12/\$10



This bilingual/bicultural musical uses traditional music and dance from Mexico to tell the story of 12-year-old Vita Flores, who thinks her family has gone loco planning a celebration for deceased loved ones. Why throw a party for the dead? But when a spirited candy skeleton suddenly springs to life, Vita finds herself on a magical, musical journey that unravels the true meaning of Día de Muertos.



THE JUDY CARMICHAEL TRIO

Sunday, Nov. 3, 2 p.m.
\$30/\$25/\$20



A stride pianist so accomplished that Count Basie gave her the nickname “Stride,” Judy Carmichael is more than just a great jazz musician in the style of Fats Waller. She’s an enchanting performer and sharp as a tack. Many will know her from “Judy Carmichael’s Jazz Inspired,” and she brings the same charm, warmth and humor to the stage. The program will celebrate swing favorites of the American Songbook, from Gershwin and Cole Porter to Frank Loesser and Harold Arlen.

ADAM LEVIN, CLASSICAL GUITAR

Sunday, Nov. 17, 2 p.m.
\$10/\$7/\$5



Billboard-chart-topping recording artist, Fulbright scholar and worldwide performer Adam Levin brings a beautiful and thoughtful concert to our chamber music series. Levin’s repertoire and expertise span J.S. Bach to contemporary Spanish music. Plus, he’s a professor, so you know the commentary will be enlightening.

“L’CHAIM II: A TRIBUTE TO THE JEWISH LEGACY OF BROADWAY (AND CHRISTMAS)”

Sunday, Dec. 15, 2 p.m.
\$40/\$30/\$25



“L’Chaim” for Christmas!? Who do you think wrote all the best Christmas songs? Four Broadway singers return to The Alden for the sequel to their wildly popular “L’Chaim” performance last year. More than just stellar voices singing the best from Broadway’s Jewish composers (so everyone but Cole Porter), “L’Chaim II” traces the history of musical theatre with the parallel history of Jewish Americans. But mostly, it’s great music sung by great singers.

“IT’S A JAZZY CHRISTMAS!”

Saturday, Dec. 21, 7 p.m.
\$30/\$25/\$20



“Spectacular.” “Amazing.” “Even better than expected.” With comments like this about last year’s “Jazzy Christmas,” not bringing it back would be like finding a lump of coal in your stocking. Saxophonist Lil’ Maceo, gospel violinist Eric Taylor, and the rest of the gang join the stellar house band for an evening that will hit your holidays out of the park.



JUNWEN LIANG, PIANO

Sunday, Jan. 12, 2 p.m.
\$10/\$7/\$5



Originally from Nanning, China, Junwen is already making his mark on the classical music scene. He has concertized at Weill Recital Hall at Carnegie and the Academy of Music (Philadelphia), won more competitions that we can begin to list and all while he has been pursuing his Performance Certificate at Peabody.

MARTIN LUTHER KING JR. DAY CELEBRATION

COLLAGE DANCE COMPANY: "RISE PROJECT"

Saturday, Jan. 18, 7 p.m.
\$25/\$20/\$15



Dr. King's powerful "Mountaintop Speech" (which was delivered the day before he died) is the backdrop for this full-length neo-classical ballet. As we commemorate 60 years since his passing, the work is both a reflection of what we have overcome and a vision of where we go from here. Student dancers enrolled in MCC's dance program, led by Art in Motion, will have a guest role in this performance!



(THE) UNRULY THEATRE PROJECT 2024-25 COMPANY AUDITIONS

(the) Unruly Improv is The Alden's professional teen improv company dedicated to bringing comedic performances to the community. Members audition to be in the company for one season (late Sept.-May) and are paid for performances. Company members rehearse on Tuesday and Thursday, 7-9 p.m. Questions? Email: danielle.vanhook@fairfaxcounty.gov.

9th-12th graders only.

Open Auditions:

Tu-Wed, Sept. 24 and 25, 7-9 p.m.

Call Backs/Interviews:

Thurs, Sept. 26, 7 p.m.

THE ALDEN'S 2025 YOUTH PRODUCTION AUDITIONS

Play to be announced online!

Auditions: Tuesday and Wednesday, Jan. 28 and 29, 7-9 p.m.

Call Backs: Thursday, Jan. 30, 7-9 p.m. (by invitation only)

\$150 participation fee, if cast.

Performances: April 29 and 30, 2 p.m.

Who Can Audition: Ages 10-16, must live in the MCC tax district.

Questions? Email: danielle.vanhook@fairfaxcounty.gov.



MACDONALD PERFORMING ARTS SCHOLARSHIP

Annually, the McLean Community Center recognizes the hard work and talent of young performing artists through the James C. Macdonald Performing Arts Scholarship Competition.

Who Can Apply: High school students, who live or attend school in the MCC tax district

Application Deadline: Friday, Jan. 23, 2025

Preliminary Round: Week of Feb. 3 **Final Competition:** Wednesday, April 30, 8 p.m.

MOVIES AT THE ALDEN

FREE FILM SCREENINGS

FOREIGN LANGUAGE FILMS

Chosen by you, our audience! Movies are shown in the original language with English subtitles. Always free, always awesome. Programs subject to change.

THURSDAY, NOV. 7, 1 P.M.

WEDNESDAY, NOV. 13, 6:30 P.M.

THURSDAY, DEC. 5, 1 P.M.

WEDNESDAY, DEC. 18, 6:30 P.M.

THURSDAY, JAN. 2, 1 P.M.

WEDNESDAY, JAN. 8, 6:30 P.M.

PERFORMING ARTS MOVIES

Your chance to see great performances, get a look backstage, or take a deeper dive into the performing arts.

THURSDAY, NOV. 21, 1 P.M.

THURSDAY, DEC. 19, 1 P.M.

THURSDAY, JAN. 23, 1 P.M.



THE OLD FIREHOUSE

The Old Firehouse Center (OFC) provides an incredible experience and safe atmosphere for 5th-9th graders. Participants will enjoy exposure to new recreational activities and develop social skills under the supervision of professionally experienced staff members who facilitate organized activities, daily clubs and trips. Teens can enjoy their time at the Old Firehouse after school, during school breaks and at our Friday night activities and trips.



Monday-Friday, 9 a.m.-6 p.m.
 1440 Chain Bridge Rd.
 McLean, Va. 22101
oldfirehouse.org
 703-448-TEEN (8336)

OLD FIREHOUSE MEMBERSHIP

Memberships are open to 5th-9th Graders.

August 19, 2024 - June 11, 2025

2:30-6 p.m.

\$325/\$300 MCC district residents. Registration for the 2024-2025 school year begins **Thursday, June 13, 2024.**

MEMBERSHIP BENEFITS:

- Daily Snack and Drink
- Themed Clubs
- Pet Therapy Monthly (Every 3rd Friday)
- Laptop Usage for Homework
- Discounted Friday Night Trip and Dance Fees
- Valid until June 11, 2025
- Transportation from Cooper Middle School, Langley High School and local elementary schools. Fairfax County Public Schools' (FCPS) buses provide transportation from Longfellow Middle School and McLean High School.*

* Please note that late FCPS bus pickup for Longfellow Middle School begins at 4:15 p.m. on Mondays, Wednesdays and Thursdays. Students are encouraged to utilize the FCPS late bus before calling OFC for pickup. Otherwise, students must call OFC prior to 3:30 p.m. to arrange for same day pickup. Any requests made after 3:30 p.m. will not be accommodated by OFC staff.

To join OFC, drop off a completed and signed Participant Contract, accompanied by your payment, to OFC. Participant Contracts are available at the Old Firehouse and online. For additional information, visit **oldfirehouse.org**.



FRIDAY NIGHT ACTIVITIES

Register your kids for our Friday Night Activities to enjoy a much-needed date night or come to our family programs for some wholesome fun. Old Firehouse members and all others can register. Prices vary based on activity. Preregistration is highly recommended!

HAUNTED TRIP

Friday, Oct. 11, 4:30-11 p.m.

Activity No. 5301.224

\$60/\$50 OFC Members

FAMILY EVENTS

See OFC Family Events in the Community Events section on page 6.



5TH AND 6TH GRADER PARTIES

MONSTER MASH

Friday, Oct. 18, 7-9:30 p.m.

Activity No. 4601.224

\$35/\$25 MCC district residents/\$15 OFC Members (must call OFC to make the payment)

UGLY SWEATER

Friday, Dec. 6, 7-9:30 p.m.

Activity No. 4602.224

\$35/\$25 MCC district residents/\$15 OFC Members (must call OFC to make the payment)

Old Firehouse 5th-6th grader parties are themed and decorated accordingly. Free catered food and beverages will be distributed to participants. The parties feature a DJ, open dance floor and a variety of activities. Preregistration is recommended.

To volunteer: Parents who wish to volunteer for parties must submit an email request to oldfirehouse@mcleancenter.org.

TEACHER WORKDAY TRIPS

INDOOR WATERPARK

Monday, Nov. 4

Activity No. 8401.224

\$90/\$80 MCC district residents

IFLY & MOVIE

Tuesday, Nov. 5

Activity No. 8402.224

\$90/\$80 MCC district residents

OLD FIREHOUSE FACILITY RENTALS

Have your next party or event at the Old Firehouse with access to our wide dance floor, game room and kitchenette. Reservations can be accepted six months in advance, on a first come first served basis. For details, forms and rates go to mcleancenter.org/rentals/old-firehouse-center-rentals or call 703-448-8336, TTY: 711.

WINTER BREAK TRIPS

ICE AT GAYLORD NATIONAL

Monday, Dec. 23

Activity No. 8301.224

\$100/\$90 MCC district residents

TUBING

Thursday, Dec. 26

Activity No. 8302.224

\$100/\$90 MCC district residents

5 WITS & MOVIE

Friday, Dec. 27

Activity No. 8303.224

\$70/\$60 MCC district residents

DAVE & BUSTER'S

Monday, Dec. 30

Activity No. 8304.224

\$70/\$60 MCC district residents

HERSHEY CHOCOLATE WORLD

Thursday, Jan. 2

Activity No. 8305.224

\$100/\$90 MCC district residents

PAINT & SKATE

Friday, Jan. 3

Activity No. 8306.224

\$70/\$60 MCC district residents



REGISTRATION INFORMATION

EASY WAYS TO REGISTER

ONLINE

Just click on the pink "Register" button in the upper right corner of any page of our website, or on a seven-digit activity number, which will link you to our online registration system. Online registration begins at midnight on the registration start date.

MAIL

Mail a completed registration form with payment in the form of a check, money order or credit card to:

Attn: Registrar
McLean Community Center
1234 Ingleside Ave.
McLean, VA 22101.

IN PERSON/DROP OFF

You may register in person at the center from 8 a.m. to 5 p.m., Monday through Friday. At other times, drop a completed registration form and payment (in the form of a check or money order, or by completing the credit card information on the form) into the registration box.

REGISTRATION BEGINS

Registration opens on the dates listed below and is ongoing. Registration forms that are mailed in or dropped off before the designated open registration date will be processed on the open date. Instructors may not accept registration forms or extend verbal commitments.

Fall Session: 2nd Monday in August

Winter-Spring Session: 1st Monday in December

Summer Camp: 2nd Monday in February

Summer Session: 2nd Monday in May

PAYMENT

- Payment is due at the time of registration in the form of a check, money order or credit card (American Express, Discover, MasterCard, or Visa) number with expiration date. If paying by check, please make payable to McLean Community Center, unless otherwise noted.
- Receipt confirmations will be emailed. If no email address is provided, receipt confirmations will be mailed.

SENIOR DISCOUNTS

- Seniors (age 60 and older) are eligible to receive a 10% discount on classes of \$50 or more, except where noted.

MATERIALS FEE

- All materials fees are due to the instructor on the first day of class, unless otherwise noted.

REFUND POLICY

- All withdrawals, refund and cancellation requests must be submitted in writing to refunds@mcleancenter.org.
- Patrons who submit refund requests 14 days or more before the start date of a class or activity, will be granted a refund less a 10% administrative fee. Refunds requested 13 days or less before the start date of a class or activity, will not be granted.

RESTRICTIONS

- Once a class, camp or activity is in session, refunds may be granted only for medical reasons or for extenuating circumstances as determined by the General Programs Director and the Registrar. Medical requests must be accompanied by a doctor's note (verification).

ABSENCES FROM CLASS

- The center is not obligated to make up classes due to absences and personal scheduling conflicts. However, each instructor has her/his own make-up policy; arrangements for make-up classes

are scheduled through individual instructors. Please do not contact the Center.

GENERAL INFORMATION

HOLIDAYS & INCLEMENT WEATHER

- See MCC's holiday schedule on our website (mcleancenter.org).
- The class program follows Fairfax County Government's inclement weather policy. In case of inclement weather, check our website (mcleancenter.org) or listen for cancellation information on local radio stations.
- Classes canceled due to inclement weather will be rescheduled, if possible. If not, a prorated refund will be issued.

ACCOMMODATIONS

- To make arrangements for accommodations in accordance with the Americans with Disabilities Act (ADA), please mark the appropriate box on the registration form so the Center may contact you to ascertain your needs.
- Request should be made no fewer than 14 working days prior to the start of the activity by calling Michael Fisher at **703-744-9247**.
- **Financial Assistance:** When registering for a class or purchasing tickets to an Alden Theatre performance, you can request to receive a subsidy by writing to: registrar@mcleancenter.org. For purposes of public accountability, we will ask that you sign an affidavit to document your stated need.



The Friends of the McLean Community Center founded and helped support development of the Center. Today, they remain committed to helping support its many programs and activities. If you enjoy the MCC and want to amp up your appreciation and involvement in Center endeavors, then join Friends today. Become a part of this legacy of achievement and support Friends with your \$25 tax-deductible membership. In appreciation, Friends members receive special benefits as pre-sales and registrations allow.

Join & Learn More at: FriendsMCC.com

Kristina Groennings, *Chair*
 Anna Bartosiewicz, *Vice-Chair*
 Michael Monroe, *Secretary*
 Kathleen Cooney Porter, *Treasurer*
 Katie Gorka
 Doug Jeffery
 Ron Keesing
 Gloria Marrero Chambers

Peter Pin
 Aaron Stark
 Sonya Thott

Glenn Yarborough, Jr., *President*
 Gordon Thomas, *Vice President*
 Bonnie Weston, *Treasurer*
 Joann Berkson, *Secretary*

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 Cecilia Closs
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Mary Anne Hampton
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Betsy May-Salazar, *Executive Director*
 Matthew Hockensmith, *Comptroller*
 Holly Novak, *Executive Assistant*
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 Kyle Corwin, *Social Media Manager*
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 Joe McGovern, *Facilities Manager*
 Lindsey Hogan, *Office Manager*
 Nadia Jaff, *Accounts Payable*
 Anne McAfee, *Human Resources Specialist*
 Katie McGovern, *Registrar*
 Ellen Fox, *Administrative Assistant*

Recreation Aides

Jonathan Davis, *Booking Manager*
 Scott Bowen, Craig Morris, Susan Stankus,
 Steve Caruso, Arthur Lee

Performing Arts

Sarah Schallern Treff, *Director*
 Jennifer Garrett, *Technical Director*
 Danielle Van Hook, *Director, Youth Theatre Programs*
 Justin King, *Assistant Technical Director*
 Elizabeth Katz, *Patron Services Manager*
 Deion Roulhac, *Theatre Technician*
 Jeff Virchow, *Performing Arts Assistant*

General Programs Department

Mike Fisher, *General Programs Director*
 Erin Bieger, *Instructional Programs Manager*
 Samah Habayeb, *SIA Program Coordinator*
 Catherine Nesbitt, *Special Events Manager*
 Mary Carter, *Special Events Asst. Manager*
 Andrew Carter, *Old Firehouse General Manager*
 Barry Pinder-Robinson, *Youth Camp Director*
 Vacant, *Afterschool Program Manager*
 Takayla Carter, *OFC Trip Coordinator*
 Benjamin Barber, *OFC Lead Facilitator*
 Daniel Deguefu, *OFC Activity Facilitator*
 Shelisha Baker, *Administrative Assistant*

HERE'S WHAT OUR PATRONS SAY...

Our Community Feedback Survey yielded some wonderful responses. Here's what we heard from you:

WHAT DOES THE PRESENCE OF MCC, OLD FIREHOUSE CENTER AND ALDEN THEATRE IN YOUR COMMUNITY MEAN TO YOU?



McLean
 Community
 Center
The Center of It All

“ Everything. I grew up in McLean and now have a son that is one. I want MCC to be part of his life. ”

“ A place where community connects and converges to learn, grow, explore, and play. ”

“ The Old Firehouse has been a lifeline for our family. My son spent three summers going to the camp. He felt so happy, so valued, so connected because of the program and the amazing team that works with these teens. ”



“ I am a very senior citizen—and the value these events add to my life!!! Meet new people, new experiences, get me out, safe environment—always have a great time! Best of all, it's right here in McLean! ”

“ I've been using the MCC for 30 years. I have taught classes there, done theatre, brought my kids to endless activities, and attended awesome events recently. I love it so much! It's so valuable to our community. ”

“ I didn't have anything like it where I grew up. I love that MCC reaches out to the public to try to involve everyone in many different ways. ”





**McLean
Community
Center**
The Center of It All

1234 Ingleside Ave.
McLean, VA 22101
703-790-0123 TTY: 711
www.mcleancenter.org



**Registration
opens
Aug. 12**

Old Firehouse McLean Community Center

**33 YEARS OF SERVING
THE COMMUNITY!
1990-2024**



**OLD FIREHOUSE
BLOCK PARTY**

Saturday, Sept. 21, 1-4 p.m.  **FREE
ADMISSION**

- ENTERTAINMENT
- FOOD
- GIVEAWAYS
- AMUSEMENTS
- GAMES
- CRAFTS

**...AND
MORE!**



McLean Community Center



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