



McLean  
Community  
Center  
*The Center of It All*

# WINTER-SPRING 2025 PROGRAM GUIDE

SCHEDULE OF CLASSES, CAMPS AND EVENTS

Happy 50<sup>th</sup>  
ANNIVERSARY!



# 2025 WINTER-SPRING PROGRAM GUIDE

## THE McLEAN COMMUNITY CENTER

1234 Ingleside Ave • McLean, VA 22101

### HOURS:

**Monday–Thursday:** 8 a.m.–11 p.m.

**Friday:** 8 a.m.–midnight

**Saturday:** 9 a.m.–midnight

**Sunday:** noon–6 p.m.

**Website:** [mcleancenter.org](http://mcleancenter.org)

**E-mail:** [mail@mcleancenter.org](mailto:mail@mcleancenter.org)

### The Center will be **CLOSED** on the following days:

New Year's Day (1/1), Martin Luther King Day/Inauguration Day (1/20) and George Washington's Day/Presidents Day (2/17).

**Main telephone number:** 703-790-0123

**TTY:** 711 (hearing impaired only)

**Class & Activity Registration:** 703-744-9365

**Facility Rentals:** 703-744-9362

**The Alden Box Office:** 703-790-9223

**McLean Project for the Arts:** 703-790-1953

**Old Firehouse Center:** 703-448-8336

1440 Chain Bridge Road, McLean, VA 22101

The McLean Community Center reserves the right to photograph and videotape all of its activities, events, classes, programs and facilities for promotional purposes.

### Are You a McLean Community Center Tax District Resident?

You are a McLean Community Center supporter if you live within the following boundaries:

**NORTH:** The Potomac River

**EAST:** The Arlington County Line

**WEST:** Difficult Run

**SOUTH:** Route 66, Route 7 or Dulles Access Road  
(whichever is furthest north)

Still not sure? Call the Center at **703-744-9365**,

**TTY: 711**, prior to registering for programs that have nonresident fees.



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[@mcleancenter.org](mailto:mail@mcleancenter.org)

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Published by the McLean Community Center



A Fairfax County, VA,  
publication

## LETTER FROM THE EXECUTIVE DIRECTOR

### WE ARE TURNING 50!!!!

The McLean Community Center is turning 50 years old in 2025, and we have a year of celebration in store for all of you!

A committee, comprised of past and present governing board members, community members and staff, has been hard at work for the past several years to ensure that 2025 is a year of celebrating, connecting, reflecting on memories and planning for the next MCC generation.

While we will be celebrating all year long, at every event and program, we are bracketing the year with a kickoff **50th Anniversary Opening Event** on Saturday, Jan. 4 and a culminating community-wide celebration on Saturday, Oct. 18. The kickoff, at the Alden Theatre, will feature a **McLean History Talk with renowned historian Carole Herrick** followed by the **premiere of the new MCC 50th Anniversary Celebration Video**. You won't want to miss it—you may get a glimpse of your family, friends and neighbors! We are delighted to partner with the Friends of the MCC and the McLean Project for the Arts on this celebratory evening.

And on October 18, we will hold our **50th Anniversary Community Celebration**. Music, food and fun are on the menu at this elevated community-wide party that offers something for every decade MCC has existed. We are investing in long lasting public art such as a **new typographic sculpture** at the MCC Plaza entrance, which will play with the MCC logo to greet visitors to the center, and a **new community mural** at the Old Firehouse Center.

In addition, we are refreshing the **MCC Timeline** in a new interactive digital format that will be live on the website, as well as at a kiosk at MCC where community members can explore our history; and we will be reaching out to all of you to share your memories, photos and anecdotes on a digital community engagement site—**My MCC Memories**.

Please come out and help us celebrate!

Sincerely,

Betsy May-Salazar



### WHO WE ARE, WHAT WE DO

The McLean Community Center (MCC) was built and is funded by residents of Greater McLean for their use through a real estate tax surcharge, the result of a 1970 bond referendum (Small District 1A-Dranesville).

Center facilities include the 383-seat Alden Theatre, the McLean Project for the Arts galleries, the Susan B. DuVal Art Studio, meeting and conference rooms, a rehearsal studio, a multipurpose classroom and catering kitchen.

Local open clubs and organizations use the center for their monthly meetings with a nominal charge. Center facilities may be rented for private functions such as business conferences, receptions, parties and recitals. District residents and businesses pay reduced fees.

The center also operates the award-winning Old Firehouse Center, located at 1440 Chain Bridge Rd. in downtown McLean.





# Survey Says...

TAKE THE FALL 2024 COMMUNITY FEEDBACK SURVEY!

# CENTER NEWS

## YOUR CENTER, YOUR COMMUNITY, YOUR VOICE: TAKE THE MCC COMMUNITY FEEDBACK SURVEY

The McLean Community Center happily serves the residents of Dranesville Small District 1A and other patrons. Are our classes, events, performances and teen activities meeting your needs and the needs of the community? Tell us what you think. We rely on our patrons for feedback on how well we are meeting our mission to provide access to inspirational arts, cultural experiences and learning opportunities.

You can help us improve our performance by taking a few minutes to share your experiences and opinions on this survey. Your responses will be shared with the MCC Governing Board and the MCC program staff as we work to create a better future together.

TAKE THE SURVEY!



## GIVE BACK TO YOUR COMMUNITY! RUN FOR A SEAT ON THE MCC GOVERNING BOARD

Are you a Dranesville Small District 1A resident seeking a way to serve your community? The Governing Board of the McLean Community Center (MCC) is looking for individuals who can contribute their creativity and leadership skills to help shape the ongoing vision of the center. If you enjoy meaningful and thoughtful civic participation, please consider serving on MCC's volunteer Governing Board. Whether you are a newcomer or have lived in the area for years, your perspective is important. Contributing your skills to the betterment of the community through service on MCC's board is rewarding.

The board election process for 2025-2026 begins in February. The 11-member volunteer board is comprised of nine adults and two teens (ages 15-17) who live in Dranesville Small District 1A, which is the tax district that supports the center. The new board year starts in June 2025 and goes through June 2026 with monthly meetings held on weekday evenings.

Three adult seats are open (to serve for a three-year term); and two youth seats are open (to serve for a one-year term). Youth members represent the student populations of the McLean High School and Langley High School districts, as well as students who attend other schools and reside in these districts.

Interested? Candidate Packets will be available for pick-up at the center beginning in February. For more detailed information, visit: [mcleancenter.org](https://mcleancenter.org) or call **703-790-0123**, TTY: 711.

## MCC GOVERNING BOARD APPROVES FY26 BUDGET, AWAITS FAIRFAX COUNTY ACTION

At its meeting on Wednesday, Oct. 23, the MCC Governing Board approved the center's proposed budget for fiscal year 2026, which runs from July 1, 2025 through June 30, 2026. The budget will now be reviewed and considered by the Fairfax County Board of Supervisors, with a projected final approval in the spring. The tax rate to support the center was maintained at 2.3 cents per \$100 of assessed real estate value.

You can view highlights of the FY2026 budget online at [mcleancenter.org](https://mcleancenter.org).

## SHARE YOUR THOUGHTS AND IDEAS ON MCC PROGRAMS AT PUBLIC HEARING IN MARCH

We want to hear from you! Plan now to attend MCC Governing Board's Public Hearing on Programs at 6:30 p.m. on Wednesday, March 26, at the center. The hearing gives residents of Dranesville Small District 1A an opportunity to give feedback and offer suggestions on center programs, which include The Robert Ames Alden Theatre and the Old Firehouse Teen Center.

The public hearing is the first step in planning for the FY2027 budget cycle, which begins July 1, 2026. Residents who would like to speak at the hearing should call **703-790-0123, TTY: 711**. They can also make comments at the meeting without prior notice or may submit written comments in person, by mail or by e-mail to [feedback@mcleancenter.org](mailto:feedback@mcleancenter.org).

For more information, call **703-790-0123, TTY: 711**, or visit: [mcleancenter.org](https://mcleancenter.org).

## RASHEQ RAHMAN, FORMER CHAIR OF THE McLEAN COMMUNITY CENTER GOVERNING BOARD, RECEIVES DISTINGUISHED VOLUNTEER SERVICE AWARD AT VRPS STATE CONFERENCE

McLean Community Center's (MCC) 2023-2024 Governing Board Chair, Rasheq Rahman, received the Virginia Recreation and Park Society's (VRPS) Distinguished Volunteer Service Award at its 71st Annual Conference held September 14-17, in Norfolk, Va.

Rahman was recognized at the MCC's Governing Board Meeting on Wednesday, Sept. 25. At the meeting, MCC Executive Director Elizabeth May-Salazar said, "This award is a testament to Rasheq's unwavering leadership and strategic vision which is encompassed in all he has achieved on behalf of the McLean Community Center and the McLean community. It recognizes his steady leadership and forward-thinking efforts on developing MCC's Strategic Plan, DEIA advocacy, community engagement, and work to improve MCC's energy efficiency through an energy assessment of our facilities in coordination with Fairfax County. Rasheq has proven himself to be a visionary leader ensuring that as MCC approaches its 50th anniversary in 2025, we are well positioned to serve all district residents."

For more information, call MCC at **703-790-0123, TTY: 711**, or visit [mcleancenter.org](https://mcleancenter.org).



## OLD FIREHOUSE STAFF AND PROGRAMS WILL RELOCATE TO MCC DURING RENOVATIONS

In January, work will begin to improve access to the Old Firehouse Center (OFC) including ADA upgrades to the restrooms and entrance. As a result, OFC staff and all OFC programs and activities will be temporarily relocated to MCC. Renovations should be completed in late March or April. For more information, call MCC at **703-790-0123, TTY: 711**.

## FY2024 STRATEGIC PLAN RESULTS

It has been a year since the MCC Governing Board adopted a new five-year MCC Strategic Plan. At the Board's meeting on Wednesday, July 24, MCC Executive Director Betsy May-Salazar gave an update on the progress made in fiscal year 2024. Highlights are below.

### GOAL 2

#### WELCOME ALL OF McLEAN AND ITS GLOBAL COMMUNITY

Improved community infrastructure by investing in McLean Central Park playground.

Launched annual community feedback survey in multiple languages to assess the needs of the community. Shared results at Public Hearing on Programs.

Expanded foreign language film showings; highlighted cultural festivals.

Invested in OFC's ADA and Sensory Room projects.

### GOAL 3

#### INVITE DISCOVERY

Continued to develop three key MCC programs meeting the needs of our community – Youth Ambassadors, Seniors in Action and Old Firehouse Center programming.

Continued commitment to diverse offerings including extended experiences at The Alden.

### GOAL 1

#### BE VISIBLE

Focus on Branding – Redesigned Old Firehouse Center (OFC) logo and installed new visible lit sign at OFC to create a presence in downtown McLean. Refreshed signage at MCC.

Focus on Outreach – More sustainable program guides and touchpoint cards sent to every MCC tax district household to reach residents where they live.

### GOAL 4

#### SHOWCASE EXCELLENCE

Adopted a definition of excellence for MCC programs and operations: "An appreciation of and dedication to a high level of performance, responsiveness and continual improvement in our processes, meeting and exceeding our community's expectations while honoring our core values and taking risks to expand our horizons."

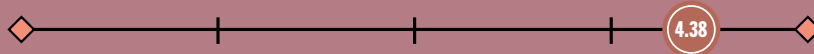
Developed Community Feedback Survey and Six Universal Questions to measure Strategic Plan goals.

Invested in staff professional development and recognition, resulting in increased MCC staff participation in training opportunities and winning state and county awards.

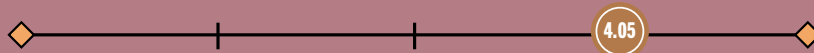
# UNIVERSAL QUESTIONS ROLLED OUT OCT. 1 ON ALL MCC PROGRAM AND EVENT SURVEYS TO MEASURE STRATEGIC PLAN GOALS.

Received 2,072 Survey Responses between 10/1/23 and 6/30/24

*My MCC program or service was a high-quality offering.*



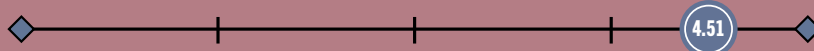
*My MCC program or service taught me something new, improved an existing skill, offered an important service, or otherwise improved my quality of life in some capacity.*



*My MCC program or service was provided at a reasonable cost.*



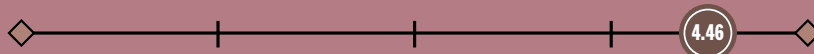
*My setting for my MCC program or service was appropriate, clean and accessible.*



*MCC employees were effective, helpful and courteous.*



*I would recommend MCC programs or services to others.*



Survey scale 1 (lowest)—5 (highest)

## GOAL 5 MODEL SUSTAINABILITY AND GOOD STEWARDSHIP

Committed to environmental sustainability—completed stormwater management projects, an energy study of MCC facilities and redesigned the program guide.



# ***CELEBRATING 50 YEARS OF SERVING THE McLEAN COMMUNITY!***

McLean Community Center (MCC) will celebrate its 50-year anniversary in 2025, and we are planning to do it up big! “The Center of It All” opened its doors to the public in October of 1975 and has faithfully served the residents of Dranesville Small District 1A and other patrons ever since.

Mark your calendars now for these upcoming events and visit the center’s website, [mcleancenter.org](https://mcleancenter.org), and social media platforms (Facebook, Instagram, X) often for updates.

## **SCHEDULE OF CELEBRATION EVENTS**

(Subject to change)

### **50<sup>TH</sup> ANNIVERSARY KICK-OFF**

**Saturday, Jan 4, 7 p.m.**

Alden Theatre

We are starting our anniversary year off with a bang! Learn more about how MCC came to be, see our new video, which highlights our current role in the community, and then enjoy a gathering of friends and neighbors.

Featuring:

- McLean History Talk with Carole Herrick
- Premiere of the MCC 50th Anniversary Video
- Reception with Friends of the MCC & the McLean Project for the Arts

### **COMMEMORATIVE TREE PLANTING @ SPRING FEST 2025**

**Saturday, April 5**

Join us as we plant a tree to commemorate MCC’s 50 years of service.

### **MCC TYPOGRAPHICAL SCULPTURE UNVEILING**

**Date to be determined**

MCC has commissioned two public art projects to commemorate the center’s 50th Anniversary. Come witness the unveiling of the first, a typographical sculpture based on the MCC logo.







## McLEAN DAY 2025

Friday and Saturday, May 16-17

We will enhance the celebration of our yearly “party in the park,” McLean Day! Look for special 50th anniversary enhancements.

## INDEPENDENCE DAY FIREWORKS

Saturday, June 28

This year, we will celebrate our country’s birthday **and** MCC’s 50th anniversary. Look for special enhancements.

## SUMMER CONCERTS IN McLEAN CENTRAL PARK

June-July

Look for cool swag and other 50th Anniversary enhancements at our free summer concerts, which will now be held on Thursday evenings at the newly renovated McLean Central Park. Bring the whole family and a picnic to share.

## MCC 50<sup>TH</sup> ANNIVERSARY MURAL DEDICATION @ THE OLD FIREHOUSE BLOCK PARTY

Saturday, Sept. 20, 1-4 p.m.

The rear wall of the Old Firehouse Center takes on new life at the unveiling of the second commissioned 50th anniversary public art project, this community mural created with the input of members of the McLean community.

## COMMUNITY 50<sup>TH</sup> ANNIVERSARY CELEBRATION @ MCC

Saturday, Oct. 18, 5-10 p.m.

Music through the decades, delicious food, a signature drink and many interactive attractions are on the menu at this community celebration that offers something for everybody.

## JOIN IN THE CELEBRATION BY TAKING PART IN THESE YEARLONG OTHER OPPORTUNITIES

### MY MCC MEMORIES

Here’s your opportunity to help us celebrate! Use this website link: <https://qrco.de/MCC50> or scan the QR code to access a special online journal that will allow you to share thoughts, stories, photos and videos on your experiences over the years at MCC. Once completed, this online journal will find a permanent home on the MCC website.



### DIGITAL TIMELINE

Visit our website or use the kiosk in the lobby to view a digital historical timeline that chronicles the establishment of the center, its evolution over the years and its current state.

### VIEW THE VIDEO

Visit our website or the kiosk in the lobby to view our 50th Anniversary video.

# COMMUNITY EVENTS



*Sweetheart  
Dance*

## YOUTH EVENTS

### SWEETHEART PARENT & CHILD DANCE

For all ages. Children are invited to come to MCC for a fancy “date” with their parents or guardians. Featured activities included a photo booth, a DJ playing your favorite tunes, craft projects and light refreshments. Create lasting memories by joining us! A parent or guardian must attend the event with their child/children and register individually.

**Friday, Feb. 7, 7-9 p.m.**

Activity Number: 4503.325

Admission: \$20 per person



*Spring  
Fest*

### SPRING FEST

Join your neighbors as we celebrate the changing of seasons with spring-themed arts and crafts, entertainment and the opportunity for your child to get a photo with our costumed bunny. Make sure you bring your camera as an OFC staff member will be on hand to take the photo of you and your family.

**Saturday, April 5, 10 a.m.-noon**

Free Admission

## FAMILY EVENTS

### LIGHT UP McLEAN: HOLIDAY HOUSE DECORATING CONTEST

The Light Up McLean Holiday Decorating Competition is your opportunity to show off your home in all its holiday splendor! Think your holiday decorations are the best? Enter the competition and prove it! Your McLean neighbors will vote for the winners in the following categories:

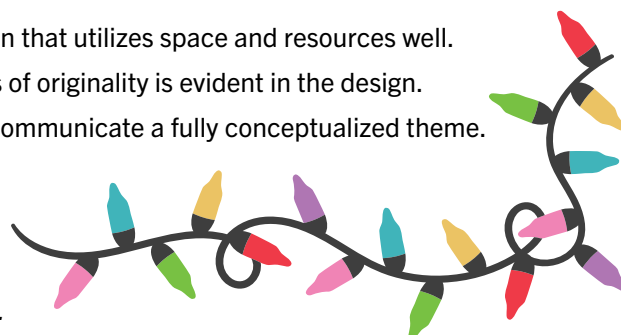
- 1. Best Overall:** An exceptionally attractive, unique and complete design that utilizes space and resources well.
- 2. Most Creative/Original:** An exceptional use of creative ideas and lots of originality is evident in the design.
- 3. Best Holiday Theme:** Utilizes eye-catching decorations that clearly communicate a fully conceptualized theme.

**Activity No. 4701.224**

Registration for House Decorators Ends Friday, Dec. 13

Contest and Voting Runs December 23-January 5

*Families who register will receive a thank you gift from the Old Firehouse.*



## SNACK & PAINT NIGHT

Whether you are a beginner or an expert, love snacks or just want to get your hands dirty with some paint, come on down to the Old Firehouse for our Snack & Paint Night. Led by a professional art teacher, you will be able to create your own masterpiece with your family while having tons of fun doing so. All materials and snacks are included in the fee.

**Friday, March 28, 7 p.m.**

Activity No: 4705.325

\$10 per person. Preregistration recommended.

## FAMILY FUN BINGO

Join us for an evening of fun and prizes! Enjoy free popcorn, and winners will take their pick of prizes!

**Friday, April 25, 7-9:30 p.m.**

Activity No: 4704.325

\$15/\$10 MCC district residents. Preregistration recommended.

## SENSORY DAY

Challenge your senses at the Old Firehouse. This unique and fun event, supporting Autism Awareness Month, will provide ALL who attend a sensory exploration through taste, smell, sound, sight and touch. This event is free and open to ALL.

**Saturday, April 26, 1-4 p.m.**

Free for all participants.



Winter Block Party

## SPECIAL EVENTS

### WINTER BLOCK PARTY

Join us for the 4th annual Winter Block Party! Participants will enjoy entertainment, games, food, and a wide variety of amusements, crafts and more.

**Saturday, Jan. 4, 1-4 p.m.**

at McLean Community Center

Free Admission

### FIESTA DEL SOL

*A Latin American & Caribbean Festival  
Produced by the McLean Community Center*

Fiesta del Sol is back! Taste the sumptuous food, enjoy great live music, savor delicious cuisine and hear the sounds of Latin America and the Caribbean right here in McLean with three renowned live bands, top notch chefs, quality artisan exhibitors and alcoholic and non-alcoholic beverages. Learn how to dance the salsa, meringue or bachata from the best of dance instructors throughout the evening.

**Saturday, March 22, 5-10 p.m.**

Admission: \$5; Drink and food tickets sold onsite. Patrons must be 21 years old or older to purchase or drink alcoholic beverages.

### SPRING COMMUNITY PARKING LOT SALE

Got stuff? Need stuff? This parking lot sale has over 70 vendors! Residents selling household items are welcome, and limited flea market dealers are also welcome.

**Saturday, April 19, 9 a.m.—1 p.m.**

Registration required.

#### Adults, All Items

#### Vendor Space Fees:

Activity No. 2001.325

\$30/\$20 MCC district residents

#### Children 5- to 15-year-olds, Children's Items Only

Children must be the seller and must be supervised by a parent.

#### Vendor Space Fees:

Activity No. 2002.325

\$15/\$5 MCC district residents

**Vendor enrollment deadline is Wednesday, April 16.** Advanced registration required. Vendor spaces are available on a first come, first served basis.



Fiesta Del Sol



## McLEAN EARTH DAY—ACT LOCALLY

*Produced by the McLean Community Center*

This drive-through environmental action event is designed to provide McLean residents with an opportunity to divert items from the landfill and create a healthier planet through reusing, recycling and replenishing. The event includes document shredding (up to five file boxes—no clips please), bike donations, recycled art display, bulk and household item donations and more. Don't leave without your free gifts of a tree whip and pollinator seeds!

**Saturday, April 12, 9 a.m.-noon**

Free Admission. Only residents of Dranesville Small District 1A. Registration required.

## WANT TO GIVE BACK TO YOUR COMMUNITY?

McLean Community Center needs volunteers to make community events a success!

- Able-bodied volunteers (age 16 years or older) are needed.
- Volunteers must be able to stand a minimum of four hours, walk, bend, stoop, reach, lift and carry up to 25 lbs.

Don't delay – make a difference and be part of the fun! Students can receive community service hours for volunteering. Sign-up is easy through Fairfax County's Volunteer Management System (VMS) at [volunteer.fairfaxcounty.gov/custom/1380/#/volunteer\\_home](https://volunteer.fairfaxcounty.gov/custom/1380/#/volunteer_home).

**SIGN UP  
HERE!**



## McLEAN DAY 2025

*A Community Festival Since 1915*

*Produced by the McLean Community Center*

**COME ENJOY CARNIVAL  
RIDES AND GAMES!**

### CARNIVAL RIDES

**Friday, May 16, 2-10 p.m.**

Lewinsville Park, 1659 Chain Bridge Rd.

Ride tickets sold onsite and online. Advance purchase available.

### FESTIVAL

**Saturday, May 17, 11 a.m.-5 p.m.**

Lewinsville Park, 1659 Chain Bridge Rd.

Free admission

## MCC GOVERNING BOARD ELECTION

**Vote for adult and youth candidates on Friday, 4-8 p.m., and Saturday, 11 a.m.-5 p.m.**

McLean's biggest annual festival is celebrating its 110th Birthday! Enjoy rockin' music, beer and wine garden, gourmet food trucks, 100+ exhibitors and sponsors, giveaways, balloon animals, games, a magician, petting zoo, amusements, large and small carnival rides, and much more! This event draws approximately 10,000+ patrons throughout the day. Ride tickets sold onsite and online. Advance purchase available.



## SPONSORSHIPS

Become a McLean Day sponsor and show your community spirit at this highly visible event. For more information, go to our website: [mcleancenter.org/special-events](https://mcleancenter.org/special-events) or contact [events@mcleancenter.org](mailto:events@mcleancenter.org).

## EXHIBITOR SPACE

Sign up for a McLean Day exhibitor booth space to promote your organization, community group and/or business. Artisans and crafters are welcome! For more details and to obtain an exhibitor application, go to our website [mcleancenter.org/special-events](https://mcleancenter.org/special-events).

### Exhibitor Application Dates

**Tuesday, Oct. 1, 2024**—Registration opens for McLean Small Tax District 1A-Dranesville residents and businesses.

**Saturday, Jan. 18, 2025** — Registration opens to the general public.

Spaces are sold on a first come, first served basis.





# CLASSES

## YOUTH CLASSES

### CHESS

#### CHESS CLUB

Learn chess with world champion Magnus Chess Academy (formerly known as Silver Knights). We've taught 100,000 children to play, including state and national champions, but most students are beginners looking to learn a new skill and have fun. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Instructor: Magnus Chess Academy.

**6-12 years**

**Activity No. 1250.325**

8 lessons @ 1 hr, \$136/\$123 MCC district residents

W, 1/8-2/26 6-7 p.m.

**Activity No. 1251.325**

8 lessons @ 1 hr, \$136/\$123 MCC district residents

W, 3/19-5/14 6-7 p.m.

*No lesson on 4/16.*



### CULINARY ARTS

#### YOUTH FISH CLASS

Menu: Classic Fried Fish and Chips with Tartar Sauce; Salmon en Papillote with Orange and Soy; Fish Tacos with Black Bean and Corn Salsa. Instructor: Chef Joel Olson.

**8-14 years**

**Activity No. 1315.325**

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

Th, 4/24 4:15-6:15 p.m.

#### YOUTH KNIFE SKILLS

Empower your children to help with the cooking by learning real knife skills that will stay with them as long as they cook. Kids will learn special techniques for cutting onions, carrots, peppers and other fruits and vegetables. They will learn how to paste garlic, mince parsley and make a chiffonade of lettuce, and also learn how to safely cut French bread. A light meal will be served during class. Instructor: Chef Joel Olson.

**8-14 years**

**Activity No. 1318.325**

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

W, 4/23 4:15-6:15 p.m.

### YOUTH SPRING BAKING

Menu: Chocolate and Orange Tarts (made with Chef Joel's favorite dough) with Chocolate Crème Chantilly; Spinach and Feta Rolls with Oregano and Lemon Butter; Raspberry Cakes with White Chocolate Glaze; Lemon Crinkle Cookies. Instructor: Chef Joel Olson.

**8-14 years**

**Activity No. 1319.325**

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

Sa, 5/3 12:30-2:30 p.m.

### YOUTH WRAP AND ROLL

Menu: Summer Rolls with Rice Noodles, Lettuce and Mint; Sweet Soy Dipping Sauce; Soft and Buttery Cheddar Dinner Rolls; Cinnamon Rolls with Vanilla Frosting; Rocky Road Candy. Instructor: Chef Joel Olson.

**8-14 years**

**Activity No. 1322.325**

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

Th, 5/1 4:15-6:15 p.m.

### YOUTH PIZZA CLASS

Kids enjoy preparing traditional pizza dough from scratch, then using it as a canvas to create their own flavor-packed mini-pizzas. Options include: Whole Wheat Pizza Dough; Dill Pickle Pizza; Cheese Pizza; Pepperoni Pizza; Veggie Pizza; Mac and Cheese Pizza; Strawberry and Chocolate Pizza (Tart) with Sweet Pizza Dough. Instructor: Chef Joel Olson.

**8-14 years**

**Activity No. 1326.325**

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

W, 4/30 4:15-6:15 p.m.



## YOUTH INTERNATIONAL BREADS

Irish Soda Crackers; Parāoa Parai (Maori Frybread from New Zealand); Tapalapa (West African-Style Baguettes); and Japanese An Pan (Filled Sweet Rolls). Instructor: Chef Joel Olson.

8-14 years

### Activity 1329.325

1 lesson @ 2 hrs, \$59/\$54 MCC district residents

Sa, 4/26 12:30-2:30 p.m.

## COOKING MANNERS AND ETIQUETTE

Sign up now for this highly popular and effective etiquette class. On day one, students prepare a variety of foods and sit and enjoy the rewards of their labor while discussing the concepts and rules of manners and etiquette. On day two, students will dine and share a four-course meal served to them restaurant style, while their dining etiquette is critiqued by Chef Joel in a lively and productive manner. Recipes and handouts will be presented at the end of day two. Instructor: Chef Joel Olson.

**Day One:** Vegetable and White Bean Minestrone with Garlic Breadsticks; Three-Cheese Calzones with Fresh Tomato Sauce; Scandinavian Sugar Cookies; Common Courtesy; Manners and Etiquette 101; Guest and Host.

**Day Two:** Bread and Butter Basket; Corn and Potato Chowder; Garden Salad with Homemade Dressing; Spinach and Cheese Strudel with Creamy Lemon Velouté; Herbed Rice Pilaf; Vegetable Side Dish; Fresh Fruit Napoleons; Manners and Etiquette 102.

8-14 years

### Activity No. 1334.325

2 lessons @ 2 hrs, \$118/\$108 MCC district residents

M-Tu, 4/28-4/29 4:15-6:15 p.m.

## PARENT AND CHILD INTERNATIONAL BREADS

Menu: Irish Soda Crackers; Parāoa Parai (Maori Frybread from New Zealand); Tapalapa (West African-Style Baguettes); and Japanese An Pan (Filled Sweet Rolls). Instructor: Chef Joel Olson.

Parent and child 6 years+

### Activity No. 1321.325

1 lesson @ 2 hrs, \$118/\$108 MCC district residents. Please register one person for the class. Registration includes payment for one child and one parent participant. \$45 each additional child.

Sa, 4/26 10 a.m.-Noon

## PARENT CHILD SPRING BAKING

Menu: Chocolate and Orange Tarts (made with Chef Joel's favorite dough) and served with delicious Chocolate Crème Chantilly; Spinach and Feta Rolls with Oregano and Lemon Butter; Raspberry Cakes with White Chocolate Glaze. Instructor: Chef Joel Olson.

Parent and child 6 years+

### Activity No. 1335.325

1 lesson @ 2 hrs, \$118/\$108 MCC district residents. Please register one person for the class. Registration includes payment for one child and one parent participant. \$45 for each additional child.

Sa, 5/3 10 a.m.-Noon

## DANCE

### BALLET & TAP (PRE-PRIMARY I)

Children develop rhythm, grace, poise, coordination and musicality through pre-primary classical ballet, beginning tap skills, tap routines and improvisations with magical props and adorable costumes. Our dance class enriches your child in five areas of development: physical, creative, social, cognitive and emotional. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

3-4 years

### Activity No. 1700.325

13 lessons @ 45 mins, \$257/\$234 MCC district residents

Sa, 1/11-5/10 9:30-10:15 a.m.

No lesson on 3/15, 3/22, 4/5, 4/12 and 4/19.

### Activity No. 1701.325

17 lessons @ 45 mins, \$336/\$306 MCC district residents

W, 1/8-5/14 2:30-3:15 p.m.

No lesson on 3/12 and 4/16.

## FAIRYTALE BALLET

Young dancers enjoy dancing to their favorite cherished tunes from fairytales such as "Frozen," "Moana," "Cinderella," "Sleeping Beauty" and "Beauty and the Beast," among others. They will learn ballet dances to popular classical ballets and perform in costumes. Instructor: Art in Motion Dance.

3-5 years

### Activity No. 1710.325

17 lessons @ 45 mins, \$336/\$306 MCC district residents

Th, 1/9-5/15 3:30-4:15 p.m.

No lesson on 3/13 and 4/17.

## BALLET & TAP (PRE-PRIMARY II)

Young dancers are introduced to a classical ballet syllabus, incorporating magical variations and dance class etiquette. Cognitive skills of counting, sequencing, spatial awareness and immersion in the French language are introduced in this class. Dancers learn tap technique and delightful song and tap routines that develop coordination, rhythm, timing and stage presence. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

### 4-5 years

#### Activity No. 1702.325

13 lessons @ 45 mins, \$257/\$234 MCC district residents

Sa, 1/11-5/10 10:30-11:15 a.m.

*No lesson on 3/15, 3/22, 4/5, 4/12 and 4/19.*

#### Activity No. 1703.325

17 lessons @ 45 mins, \$336/\$306 MCC district residents

W, 1/8-5/14 3:30-4:15 p.m.

*No lesson on 3/12 and 4/16.*

## BALLET & TAP (COMBINATION I)

This class is for kindergarten and first grade students. Children develop lovely technical ballet skills while learning French vocabulary, enhancing their artistic growth and nurturing poise, grace and musicality. Young dancers learn basic tap technique using fun Broadway-style song and tap routines, showcasing their fantastic stage presence. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.



### 4-5 years

#### Activity No. 1704.325

13 lessons @ 45 mins, \$257/\$234 MCC district residents

Sa, 1/11-5/10  
11:30 a.m.-12:15 p.m.

*No lesson on 3/15, 3/22, 4/5, 4/12 and 4/19.*

#### Activity No. 1705.325

17 lessons @ 45 mins, \$336/\$306 MCC district residents

W, 1/8-5/14 4:30-5:15 p.m.

*No lesson on 3/12 and 4/16.*

## CHEER AND TUMBLING I

This beginning level tumbling/cheer class will focus on students stretching, jumping and learning the beginning skills of tumbling. In addition, students will be introduced to various aspects of cheerleading. This includes chants, dance and teamwork. This class is a great way to introduce tumbling, cheer and working together as a team! There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

### 5-7 years

#### Activity No. 1706.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

Th, 1/9-5/15 5-6 p.m.

*No lesson on 3/13 and 4/17.*

#### Activity No. 1707.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

W, 1/8-5/14 5:30-6:30 p.m.

*No lesson on 3/12 and 4/16.*

## HIP-HOP KIDS I

Young hip-hop artists will begin with the building blocks of jazz technique. Students will learn hip, funky moves to the latest kids' rock and hip-hop tunes. The focus will be on hip-hop choreography utilizing the latest hit music from hip-hop stars and pop stars such as Carly Rae Jepsen, Taylor Swift, Katy Perry, Demi Lovato and Selena Gomez! There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

### 5-7 years

#### Activity No. 1723.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

Tu, 1/7-5/13 4:30-5:30 p.m.

*No lesson on 3/11 and 4/15.*

## BALLET, TAP, JAZZ II

Students are trained in the classical ballet syllabus, the tap technique syllabus incorporating tap, barre, progressions, combinations, stylized Broadway tap routines, and the jazz syllabus. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

### 6-7 years

#### Activity No. 1711.325

15 lessons @ 1 hr, \$396/\$360 MCC district residents

M, 1/6-5/12 4:30-5:30 p.m.

*No lesson on 1/20, 2/17, 3/10 and 4/14.*

#### Activity No. 1712.325

13 lesson @ 1 hr, \$343/\$312 MCC district residents

Sa, 1/11-5/10 12:30-1:30 p.m.

*No lesson on 3/15, 3/22, 4/5, 4/12 and 4/19.*



## BALLET, TAP, JAZZ III

Students are trained in the classical ballet syllabus through barre, adagio and allegro variations. Students learn tap technique to Broadway-style songs and the jazz syllabus. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**7-9 years**

### Activity No. 1713.325

15 lessons @ 1 hr, \$396/\$360 MCC district residents

M, 1/6-5/12 5:30-6:30 p.m.

No lesson on 1/20, 2/17, 3/10 and 4/14.

## CHEER AND TUMBLING II

This intermediate level tumbling/cheer class will focus on students stretching, jumping and learning the intermediate skills of tumbling. In addition, students will be introduced to various aspects of cheerleading. This includes chants, dance and teamwork. This class is a great way to continue working on tumbling, cheer and working together as a team! Instructor: Art in Motion Dance.

**8-10 years**

### Activity No. 1708.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

W, 1/8-5/14 6:30-7:30 p.m.

No lesson on 3/12 and 4/16.



## BALLET, TAP, JAZZ (COMBINATION IV)

Students advance in the Art in Motion Dance syllabus by training in the three dance forms: classical ballet, tap and jazz/contemporary. Classical ballet training includes ballet barre, adagio and allegro combinations. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**8-10 years**

### Activity No. 1714.325

15 lessons @ 1 hr, \$396/\$360 MCC district residents

M, 1/6-5/12 6:30-7:30 p.m.

No lesson on 1/20, 2/17, 3/10 and 4/14.

## MUSIC THEATER JAZZ I

Musical theater dance class combines jazz technique and introduces students to a Broadway style of dance. This class focuses on beginner jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**8-10 years**

### Activity No. 1721.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

W, 1/8-5/14 5:30-6:30 p.m.

No lesson on 3/12 and 4/16.



## HIP-HOP KIDS II

This fun, fast-paced, lively class will combine fundamentals of jazz technique, hip-hop, and urban style moves as seen in your favorite music videos and movies. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**8-11 years**

### Activity No. 1727.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

Tu, 1/7-5/13 5:30-6:30 p.m.

No lesson on 3/11 and 4/15.

## BALLET, TAP, JAZZ (COMBINATION V)

Students advance their training in four dance forms: classical ballet, tap, jazz and contemporary. Classical ballet training in this class emphasizes epaulement, adagio and allegro steps. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**9-11 years**

### Activity No. 1715.325

17 lessons @ 90 mins, \$561/\$510 MCC district residents

Th, 1/9-5/15 4:30-6 p.m.

No lesson on 3/13 and 4/17.



## BALLET, JAZZ, LYRICAL (BEGINNING COMPANY)

Prerequisite dance training in Combination V+ level or equivalent experience. New students may have to audition for this class. Students advance in training in three dance forms: classical ballet (focusing on coordination, musicality and performance quality), jazz and contemporary. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**10-12 years**

### Activity No. 1716.325

17 lessons @ 90 mins, \$561/\$510 MCC district residents

Th, 1/9-5/15 6-7:30 p.m.

*No lesson on 3/13 and 4/17.*

## LYRICAL I

Prerequisite dance training in Combination V or equivalent experience. New students may have to audition for this class. Students will explore different ways to move their bodies through space using techniques and a variety of music. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

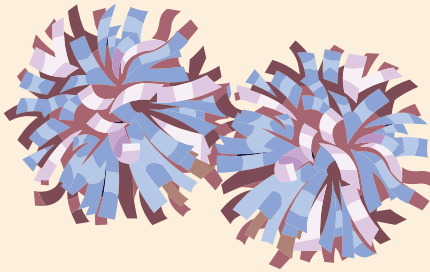
**9-12 years**

### Activity No. 1719.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

Tu, 1/7-5/13 4:30-5:30 p.m.

*No lesson on 3/11 and 4/15.*



## CHEER AND TUMBLING III

**New!** This intermediate/advanced level tumbling/cheer class will focus on students stretching, jumping and learning the intermediate skills of tumbling for our older cheerleaders! In addition, students will be introduced to various aspects of cheerleading. This includes chants, dance and teamwork. This class is a great way to continue working on tumbling, cheer and working together as a team! Instructor: Art in Motion Dance.

**11-12 years**

### Activity No. 1709.325

16 lessons @ 1 hr, \$422/\$384 MCC district residents

F, 1/10-5/16 5:30-6:30 p.m.

*No lesson on 2/28, 3/14 and 4/18.*

## MUSIC THEATER JAZZ II

Musical theater dance class combines jazz technique and introduces students to a Broadway-style of dance. This class focuses on beginner jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**11-13 years**

### Activity No. 1724.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

W, 1/8-5/14 6:30-7:30 p.m.

*No lesson on 3/12 and 4/16.*

## HIP-HOP KIDS III

This fun, fast-paced, lively class will combine fundamentals of jazz technique, hip-hop, and urban style moves as seen in your favorite music videos and movies. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**12 years+**

### Activity No. 1728.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

Tu, 1/7-5/13 6:30-7:30 p.m.

*No lesson on 3/11 and 4/15.*

## BALLET, JAZZ, LYRICAL (INTERMEDIATE COMPANY)

Prerequisite dance training in Junior Company or equivalent experience. New students may have to audition for this class. Students advance in training in three dance forms: classical ballet (focusing on coordination, musicality and performance quality), intermediate jazz and contemporary. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**12-14 years**

### Activity No. 1717.325

17 lessons @ 90 mins, \$561/\$510 MCC district residents

Th, 1/9-5/15 6-7:30 p.m.

*No lesson on 3/13 on 4/17.*

# 2025 WINTER-SPRING PROGRAM GUIDE



## LYRICAL II

Prerequisite dance training in Advanced Company or equivalent experience. New students may have to audition for this class. Students will explore different ways to move their bodies through space using techniques and various music. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**13 years+**

### Activity No. 1720.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

Tu, 1/7-5/13 7:30-8:30 p.m.

*No lesson on 3/11 and 4/15.*

## MUSIC THEATER JAZZ III

Musical theatre dance class combines jazz technique and introduces students to a Broadway style of dance. This class focuses on beginner jazz warm-up, center floor work, progressions, kicks, leaps, turns, splits and isolations. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**14 years+**

### Activity No. 1722.325

17 lessons @ 1 hr, \$448/\$408 MCC district residents

W, 1/8-5/14 7:30-8:30 p.m.

*No lesson on 3/12 and 4/16.*

## BALLET, JAZZ, LYRICAL (ADVANCED COMPANY)

Prerequisite dance training in Junior Company or equivalent experience. New students may have to audition for this class. Students advance in training in three dance forms: classical ballet (focusing on coordination, musicality and performance quality), advanced jazz and contemporary. There will be an additional Performance and Costume Fee if students decide to participate in the McLean Day and Alden Theatre shows that are a part of this class. Instructor: Art in Motion Dance.

**15 years+**

### Activity No. 1718.325

17 lessons @ 90 mins, \$561/\$510 MCC district residents

Th, 1/9-5/15 7:30-9 p.m.

*No lesson on 3/13 and 4/17.*

## FITNESS

### FUNFIT

Parent/Guradian participation is required with children. A fun-filled, full-of-energy active games class emphasizing songs, creative movements, a parachute, balls and loads of active fun! Develops self-confidence, motor skills, coordination, socialization and cooperation and reinforces cognitive learning. Special needs welcome. Instructor: Matt Swink.

**Infants-5 Years**

### Activity No. 1801.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

W, 1/8-2/26 9:45-10:30 a.m.

### Activity No. 1802.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

W, 1/8-2/26 10:35-11:20 a.m.

### Activity No. 1803.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

W, 1/8-2/26 11:25 a.m.-12:10 p.m.

### Activity No. 1804.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

W, 3/19-5/14 9:45-10:30 a.m.

*No lesson on 4/16.*

### Activity No. 1805.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

W, 3/19-5/14 10:35-11:20 a.m.

*No lesson on 4/16*

### Activity No. 1806.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

W, 3/19-5/14 11:25 a.m.-12:10 p.m.

*No lesson on 4/16.*

## PARENT AND CHILD YOGA

A fun yoga routine with children and parents that accommodates wandering little minds and adults keen to get exercise! Incorporates partner/group poses and helps children build self-esteem. Children build skills and receive awards. Fee includes a specially designed mat for children, props, app and YouTube channel for practice at home. Instructor: Emily Weeks Fitness.

### 2-5 years

#### Activity No. 1660.325

8 lessons @ 45 mins, \$168/\$153 MCC district residents

Sa, 1/11-3/1 9:15-10 a.m.

## FIRST STRIKE SOCCER

Instruction for young athletes, providing the perfect balance between learning and having fun. Players are introduced to fundamental techniques of kicking, passing, dribbling and defense. Classes include games, scrimmages and incorporating skills learned. Instructor: JST Athletics.

### Winter

#### 2-3 years

#### Activity No. 1650.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

Th, 1/9-2/27 9:15-10 a.m.

#### Activity No. 1651.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

Th, 1/9-2/27 10:15-11 a.m.

#### 4-5 years

#### Activity No. 1652.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

Th, 1/9-2/27 11:15 a.m.-noon

### Spring

#### 2-3 years

#### Activity No. 1653.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

Th, 3/20-5/15 9:15-10 a.m.

No lessons on 4/17.

#### Activity No. 1654.325

8 lessons @ 45 mins, \$116/\$105 MCC district residents

Th, 3/20-5/15 10:15-11 a.m.

No lessons on 4/17.

#### 4-5 years

#### Activity No. 1655.325

8 lessons @ 45 mins, \$190/\$172 MCC district residents

Th, 3/20-5/15 11:15 a.m.-noon

No lessons on 4/17.

## KIDS' YOGA

This class focuses on building a child's confidence, strength and flexibility through a combination of Iyengar yoga and Chi Universe yoga practices. Topics covered include physical and mental wellbeing, including how to manage anxiety, build self-esteem, develop strength and flexibility and improve concentration, memory and body awareness through practices of mindfulness. Instructor: Emily Weeks Fitness.

### 5-9 years

#### Activity No. 1661.325

8 lessons @ 45 mins, \$168/\$153 MCC district residents

Sa, 1/11-3/1 10:15-11 a.m.

## PILATES FOR TEENS

Focuses on building teens' confidence, strength and flexibility. Through a combination of Iyengar yoga and chi universe yoga practices, students can build their skills across several levels of achievements and receive awards for each progression. Focuses on physical and mental wellbeing to support development into adulthood, including managing anxiety, building self-esteem and developing physical strength and flexibility. Instructor: Emily Weeks Fitness.

### 12 years+

#### Activity No. 1662.325

8 lessons @ 50 mins, \$168/\$153 MCC district residents

Tu, 1/14-3/4 6:40-7:30 p.m.

#### Activity No. 1663.325

7 lessons @ 50 mins, \$147/\$134 MCC district residents

Tu, 3/25-5/13 6:40-7:30 p.m.

No lesson on 4/15.



## MUSIC

### MUSIC TOGETHER

Music Together, an internationally recognized music and movement program, engages early childhood music development for infant, toddler and preschool-aged children and their parents and other primary caregivers through mixed-aged classes. The Music Together approach develops every child's birthright to basic music competence by encouraging the actual experience of music through playful activities, rather than learning of concepts or information about music. Instructor: Music Together.

#### Infants-5 years

#### Winter

##### Activity No. 1500.325

7 lessons @ 45 mins, \$180/\$168 MCC district residents

M, 1/6-3/3 9:15-10 a.m.

*No lesson on 1/20 and 2/7.*

##### Activity No. 1501.325

7 lessons @ 45 mins, \$180/\$168 MCC district residents

M, 1/6-3/3 10:15-11 a.m.

*No lesson on 1/20 and 2/7.*

##### Activity No. 1502.325

7 lessons @ 45 mins, \$180/\$168 MCC district residents

M, 1/6-3/3 11:15 a.m.-Noon

*No lesson on 1/20 and 2/7.*

##### Activity No. 1503.325

9 lessons @ 45 mins, \$220/\$204 MCC district residents

Tu, 1/7-3/4 9:15-10 a.m.

##### Activity No. 1504.325

9 lessons @ 45 mins, \$220/\$204 MCC district residents

Tu, 1/7-3/4 10:15-11 a.m.

##### Activity No. 1505.325

9 lessons @ 45 mins, \$220/\$204 MCC district residents

Tu, 1/7-3/4 11:15 a.m.-Noon

##### Activity No. 1506.325

9 lessons @ 45 mins, \$220/\$204 MCC district residents

Th, 1/9-3/6 9:15-10 a.m.

##### Activity No. 1507.325

9 lessons @ 45 mins, \$220/\$204 MCC district residents

Th, 1/9-3/6 10:15-11 a.m.

##### Activity No. 1508.325

9 lessons @ 45 mins, \$220 \$204 MCC district residents

Th, 1/9-3/6 11:15 a.m.-Noon

##### Activity No. 1509.325

9 lessons @ 45 mins, \$220/\$204 MCC district residents

F, 1/10-3/7 9:15-10 a.m.

##### Activity No. 1510.325

9 lessons @ 45 mins, \$220/\$204 MCC district residents

F, 1/10-3/7 10:15-11 a.m.

#### Spring

##### Activity No. 1511.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

M, 3/17-5/12 9:15-10 a.m.

*No lesson on 4/14.*

##### Activity No. 1512.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

M, 3/17-5/12 10:15-11 a.m.

*No lesson on 4/14.*

##### Activity No. 1513.325

8 lessons @ 45 mins, \$200 \$186 MCC district residents

M, 3/17-5/12 11:15 a.m.-Noon

*No lesson on 4/14.*

##### Activity No. 1514.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

T, 3/18-5/13 9:15-10 a.m.

*No lesson on 4/15.*

##### Activity No. 1515.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

T, 3/18-5/13 10:15-11 a.m.

*No lesson on 4/15.*

##### Activity No. 1516.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

T, 3/18-5/13 11:15 a.m.-Noon

*No lesson on 4/15.*

##### Activity No. 1517.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

Th, 3/20-5/15 9:15-10 a.m.

*No lesson on 4/17.*

##### Activity No. 1518.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

TH, 3/20-5/15 10:15-11 a.m.

*No lesson on 4/17.*

##### Activity No. 1519.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

TH, 3/20-5/15 11:15 a.m.-Noon

*No lesson on 4/17.*

##### Activity No. 1520.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

F, 3/21-5/16 9:15-10 a.m.

*No lesson on 4/18.*

##### Activity No. 1521.325

8 lessons @ 45 mins, \$200/\$186 MCC district residents

F, 3/21-5/16 10:15-11 a.m.

*No lesson on 4/18.*





## PERFORMING ARTS

### IMPROV FOR KIDS

Improv comedy is a great way for kids and teens to express themselves and gain confidence. Focusing on creativity and teamwork, The Alden's improv comedy classes for youth teach improv fundamentals such as "yes and" in a supportive environment. Class participants will perform a showcase performance on the last day of class. This class is suitable for both beginners and those who have taken improv classes in the past. Instructor: Melissa Richardson.

#### 7-9 years

##### Activity No. 3003.325

8 lessons @ 1 hr, \$145/\$125 MCC district residents

M, 10/21-12/16 6:30-7:30 p.m.

*No lesson on 11/11.*

##### Activity No. 3005.325

8 lessons @ 1 hr, \$145/\$125 MCC district residents

M, 4/7-6/9 6:30-7:30 p.m.

#### 10-14 years

##### Activity No. 3004.325

8 lessons @ 1 hr, \$145/\$125 MCC district residents

M, 10/21-12/16 7:30-8:30 p.m.

*No lesson on 11/11.*

##### Activity No. 3006.325

8 lessons @ 1 hr, \$145/\$125 MCC district residents

M, 4/7-6/9 7:30-8:30 p.m.

## STEM/ ENRICHMENT

### SENSATIONAL SCIENCE

Go on a "sense"ational adventure! Children will explore their senses and more in this exciting series of classes. Your Mad Scientists will explore the properties of light and color, examine curious optical illusions and analyze the amazing properties of sound! They will harness heat energy, experiment with magnets and learn all about the animal kingdom. Instructor: Mad Science.

#### 5-10 years

##### Activity No. 1101.325

9 lessons @ 1 hr, \$220/\$200 MCC district residents

Th, 1/23-3/27 4:30-5:30 p.m.

*No lesson on 3/13.*

## WORKSHOPS

### PARENT AND CHILD FLOWER ARRANGING

Join our Flower Bouquet in a Vase Class and unleash your inner florist! In this fun and interactive session, you'll learn to create stunning arrangements that brighten any space. With a variety of fresh, vibrant blooms at your fingertips, you'll create your bouquet and style the vases with craft materials. You'll leave with a beautiful masterpiece to decorate your home. Come snip, style and smile with us—it's floral fun for everyone! Instructor: Dika Herszman.

#### 6 years+

##### Activity No. 1460.325

1 lesson @ 1 hr, \$60/\$50 MCC district residents. Please register one person for the class. Registration includes payment for one child and one parent participant. Adult must accompany child.

Sa, 2/8

11a.m.-noon.

## ADULT CLASSES

### CULINARY ARTS

#### THE RAMEN WORKSHOP

Participants will learn to make ramen noodle dough from scratch, then roll, stretch and cut the dough into fresh noodles. They will also learn to make the wonderful broths that are standard choices for ramen and explore a wide range of ramen garnishes while enjoying a ramen feast! Menu: Honey Lime Ramen Salad; Spicy Ramen with Miso Glazed Tofu; Sesame Cookies. Accompaniments for the fresh-made ramen and broths will be divided into the following categories with examples of each: spicy, sweet, sour/tangy, salty/umami, crunchy, creamy, proteins, greens and vegetables. Instructor: Chef Joel Olson.

##### Activity No. 1313.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Su, 4/27

1:30-4:30 p.m.

## A CUT ABOVE: KNIFE SKILLS 101

Take this knife skills workshop to learn and practice the culinary techniques that help take the chore out of cooking. Techniques include boning a chicken, cutting onions, carrots and other vegetables and fruits and pasting garlic. Knife selection, sharpening and care will also be covered. Bring your own knives or use ours. A light meal will be served at the end of class. Instructor: Chef Joel Olson.

### Activity No. 1316.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

W, 4/23 10:30 a.m.-1:30 p.m.

### Activity No. 1317.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

W, 4/23 7-10 p.m.

## FISH MARKET

Learn all the skills needed to prepare great fish dishes. Chef Joel will cover selecting good fish, the best types of fish to use in specific dishes; how to best cook a wide variety of fish, and more. Participants will then prepare these delicious dishes: Satsuma Age (Japanese fried fish and vegetable cakes) with Lemon Soy Dipping Sauce; Catfish Étouffée with Creole Butter Biscuits; Champagne-Steamed Trout and Wild Rice Patty Melts with Maple Chipotle Mayonnaise; Creamy Crab and Brie Soup with Carrots en Croute; Shrimp, Gold Potato and Goat Cheese Turnovers with Watercress and Almond Pesto. Instructor: Chef Joel Olson.

### Activity No. 1324.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Th, 4/24 10:30 a.m.-1:30 p.m.

### Activity No. 1325.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Th, 4/24 7-10 p.m.

## SPRINGTIME GRILLING

Menu: Grilled Shrimp, Bell Pepper and Lentil Salad with Creamy Curry Sauce; Plum- Glazed Grilled Turkey Fillets with Spring Onion Risotto; Grilled Lamb Kebabs and Grilled White Onion Salad with Pomegranate and Mint; Big Duck, Caramelized Onion and Brie Sandwich with Orange Citrus Mayonnaise; Grilled Bananas with Strawberry Mousse. Instructor: Chef Joel Olson.

### Activity No. 1327.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

M, 4/28 10:30 a.m.-1:30 p.m.

### Activity No. 1328.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

M, 4/28 7-10 p.m.

## ARABIAN NIGHTS

Menu: Mutabbal (roasted eggplant, tahini, yogurt and roasted garlic dip); Muhammara (red pepper and walnut dip); Za'atar Flatbread; Musakhan (a variation of the classic sumac and seven spice chicken dish); Kamounet Batata (mashed potatoes with olive oil, basil and garlic); Salata Flaahiveh (farmer's salad with cucumber, tomato, lemon and mint); Honey Dripping Baklava Bundles. Instructor: Chef Joel Olson.

### Activity No. 1330.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Tu, 4/29 10:30 a.m.-1:30 p.m.

### Activity No. 1331.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Tu, 4/29 7-10 p.m.



## CLASSIC HORS D'OEUVRES

Menu: Herbed Cocktail Lamb Meatballs with Lemon Dill Yogurt Sauce; Open-Faced Crispy Wontons with Twice-Cooked Beef; Sun-Dried Tomato and Roasted Shallot Tapenade with Crisp Olive Flatbread; Chicken Liver Pate with Cornichons and Fresh Buttery Breadsticks; Grape and Brie Phyllo Cups. Instructor: Chef Joel Olson.

### Activity No. 1332.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

W, 4/30 10:30 a.m.-1:30 p.m.

### Activity No. 1333.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

W, 4/30 7-10 p.m.

## ADULT SPRING BAKING

Menu: Chocolate and Orange Tarts (made with Chef Joel's favorite dough) and served with delicious Chocolate Crème Chantilly; Spinach and Feta Rolls with Oregano and Lemon Butter; Red Onion, Grape Tomato and Parmesan Focaccia; Raspberry Cakes with White Chocolate Glaze; Lemon Crinkle Cookies. Instructor: Chef Joel Olson.

### Activity No. 1336.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Su, 5/4 1:30-4:30 p.m.

## TACOS WITHOUT BORDERS

Menu: Blackened Salmon Tacos with Creole Vegetables and Cajun Sauce; Chicken Souvlaki and Feta Mashed Potato Tacos with Cucumber Mint Tzatziki; Tacos Gobernador (new classic shrimp tacos with peppers and mozzarella); Chana Masala Tacos with Tangy Yogurt Sauce and Pickled Onions. Instructor: Chef Joel Olson.

### Activity No. 1339.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

F, 5/2 6-9 p.m.

## NEW SPRINGTIME CLASSICS

Menu: Roasted Asparagus and Basil Soup with Herbed Goat Cheese Mousse and Spicy Pita Chips; Potato Primavera (crushed potatoes with creamy garlic, spring onion and Parmesan cheese sauce); Minted Lamb, Beef and Mushroom Cutlets with Roasted Red Peppers and Honeyed Feta; Buttermilk-Poached Spring Chicken and Toasted Sourdough Salad with Lemon and Peas. Instructor: Chef Joel Olson.

### Activity No. 1345.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Th, 5/1 10:30 a.m.-1:30 p.m.

### Activity No. 1346.325

1 lesson @ 3 hrs, \$79/\$72 MCC district residents

Th, 5/1 7-10 p.m.

## DANCE

### LINE DANCING

This fun and exciting class combines low, moderate and high-energy dance routines from different decades. No experience or partner necessary. Instructor: JST Athletics.

### Activity No. 1656.325

7 lessons @ 55 mins, \$101/\$91 MCC district residents

M, 1/6-3/3  
11:30 a.m.-12:25 p.m.

No lesson on 1/20 and 2/17.

### Activity No. 1657.325

8 lessons @ 55 mins, \$116/\$105 MCC district residents

M, 3/17-5/12  
11:30 a.m.-12:25 p.m.

No lesson on 4/14.

## INTRODUCTION TO BALLROOM DANCE

This class introduces brand new dancers to traditional American ballroom dance basics. Dancers will learn foundational footwork, lead and follow, proper dance position and musicality in the Foxtrot, Waltz, Tango, Cha-Cha, Swing and more! With over 20 years' experience in the performing arts, instructors Jeff Virchow and JoJo DiPaolo lead simple yet exciting lessons as they draw from their theater and dance backgrounds, spanning from Broadway to Disney to "Dancing with the Stars." Come join the fun! Instructor: Art in Motion Dance.

### Activity No. 1725.325

15 lessons @ 1 hr, \$396/\$360 MCC district residents

M, 1/6-5/12 7:45-8:45 p.m.

No lesson on 1/20, 2/17, 3/10 and 4/14.

## BALLROOM DANCE I

For dancers that have taken our beginner introductory class, or those that have equivalent experience. This class will build upon the basics to develop confidence, rhythm and styling, and to offer more advanced patterns for the social dancer. Dances include Foxtrot, Waltz, Tango, Cha-Cha, Swing and more! With over 20 years' experience in the performing arts, instructors Jeff Virchow and JoJo DiPaolo lead simple yet exciting lessons as they draw from their theater and dance backgrounds, spanning from Broadway to Disney to "Dancing with the Stars." Come join the fun! Instructor: Art in Motion Dance.

### Activity No. 1726.325

15 lessons @ 1 hr, \$396/\$360 MCC district residents

M, 1/6-5/12 6:30-7:30 p.m.

No lesson on 1/20, 2/17, 3/10 and 4/14.

## DOG OBEDIENCE

### BASIC DOG OBEDIENCE

This basic obedience course is for dogs over the age of six months who have no prior obedience training. Topics of instruction will include heeling on leash, come/recall command, down, sit and stay commands. Situational training related to real life situations will be encompassed in this training. Behavior related problem-solving methods will be addressed as well. Instructor: Dog Solve.

### Activity No. 1450.325

8 lessons @ 1 hr, \$126/\$115 MCC district residents

M, 3/17-5/12 7-8 p.m.

No lesson on 4/14.



## K9 NOSE WORK

A great way to bond with your dogs, stimulate their minds, hone their search and obedience skills and build their confidence and focus. This class encourages dogs to use their sense of smell and natural hunt instincts to search and problem solve as an outlet for their love of hunting. This is a low-impact class with no prior obedience or training required. The class is perfect for all dogs of any age, size and personality. Instructor: Dog Solve.

### Activity No. 1451.325

8 lessons @ 1 hr, \$126/\$115 MCC district residents

M, 3/17-5/12 8-9 p.m.

No lesson on 4/14.

## FITNESS

### BARRE

Barre training is the hottest new fitness class for a balanced, agile and strong body. This class combines ballet-inspired moves with other elements of dance and creative movement, helping you move through daily life with less effort and more confidence. Classes will incorporate a ballet barre and small equipment, using traditional dance moves alongside classical ballet positions and stretches. Instructor: JST Athletics.

### Activity No. 1658.325

7 lessons @ 55 mins, \$101/\$91 MCC district residents

M, 1/6-3/3 12:30-1:25 p.m.

No lesson on 1/20 and 2/17.

### Activity No. 1659.325

7 lessons @ 55 mins, \$101/\$91 MCC district residents

M, 3/24-5/12 12:30-1:25 p.m.

No lesson on 4/14.



## PILATES PLUS

Need to get in a quick all-body workout? This is the perfect class for you! This challenging Pilates mat series focuses on building awareness of your body, enhancing strength and flexibility and improving balance and core stability. Through high-rep exercises and using basic props and your own body weight, you will become more toned and build muscle strength. Instructor: Emily Weeks Fitness.

### Activity No. 1664.325

9 lessons @ 55 mins, \$186/\$171 MCC district residents

W, 1/8-3/5 7:40-8:35 p.m.

### Activity No. 1665.325

7 lessons @ 55 mins, \$147/\$134 MCC district residents

W, 3/19-5/14 7:40-8:35 p.m.

No lesson on 4/16.

## CARDIO, STRENGTH & BALANCE

A custom blend of cardio conditioning suitable for all levels, this training format uses bodyweight, free weights and balance work to improve coordination, stability and spatial awareness. You will need aerobic shoes, light weights, a yoga mat and a SPRI resistance band with handles. Instructor: Body Moves Fitness, LLC.

### Activity No. 1850.325

15 lessons @ 55 mins, \$237/\$216 MCC district residents

M, 1/6-5/12 11:30 a.m.-12:25 p.m.

No lesson on 1/20, 2/17, 3/10 and 4/14.

## BODY SCULPT

For all fitness levels. Shape and tone upper, middle and lower body, building and maintaining muscle strength, bone density, endurance and ease of movement. Works all major and minor muscle groups. You will need aerobic shoes, hand weights, resistance bands and a mat. Instructor: Body Moves Fitness, LLC.

### Activity No. 1851.325

15 lessons @ 55 mins, \$237/\$216 MCC district residents

M, 1/6-5/12 7:40-8:35 p.m.

No lesson on 1/20, 2/17, 3/10 and 4/14.

### Activity No. 1852.325

17 lessons @ 55 mins, \$269/\$244 MCC district residents

Tu, 1/7-5/13 10:15-11:10 a.m.

No lesson on 3/11 and 4/15.

## ZUMBA

Boost your heart health, build endurance and de-stress with this fun dance workout that provides cardiovascular and toning benefits while focusing on coordination, balance and range of motion. You will need dance fitness shoes and a water bottle. Instructor: Body Moves Fitness, LLC.

### Activity No. 1853.325

17 lessons @ 55 mins, \$269/\$244 MCC district residents

Tu, 1/7-5/13 5:40-6:35 p.m.

No lesson on 3/11 and 4/15.



## TOTAL FIT VIRTUAL

For all fitness levels. This moderate-intensity, low-impact aerobics program incorporates weight training, core strength, flexibility, balance and body awareness techniques to provide a comprehensive fitness workout. You will need aerobic shoes, hand weights and a mat. Instructor: Body Moves Fitness, LLC.

### Activity No. 1855.325

17 lessons @ 55 mins, \$269/\$244 MCC district residents

Th, 1/9-5/15 9:15-10:10 a.m.

No lesson on 3/13 and 4/17.

## TAI CHI I

All levels welcome. This ancient practice offers health and fitness benefits, including improved circulation and immunity, reduced chronic pain and blood pressure, stress calming and enhanced balance and coordination. Please wear soft-soled shoes and loose, comfortable clothing. Instructor: Body Moves Fitness, LLC.

### Activity No. 1856.325

17 lessons @ 55 mins, \$269/\$244 MCC district residents

Tu, 1/7-5/13 12:30-1:25 p.m.

No lesson on 3/11 and 4/15.

## TAI CHI II

Prerequisite: Several sessions of Tai Chi-I. Tai Chi II refines and brings closer attention to the movement patterns introduced in Tai Chi I while participants work to further develop and balance chi internally. Please wear loose, comfortable clothing and soft-soled shoes. Instructor: Body Moves Fitness, LLC.

### Activity No. 1857.325

17 lessons @ 55 mins, \$269/\$244 MCC district residents

Tu, 1/7-5/13 11:30 a.m.-12:25 p.m.

No lesson on 3/11 and 4/15.

## YOGA SCULPT & STRENGTH

Integrate the advantages of muscle conditioning with the alignment benefits of yoga practice. Bring mind and body into harmony, using breath and focus to work fully with decreased stress and injury. You will need a yoga mat and block. Instructor: Body Moves Fitness, LLC.

### Activity No. 1858.325

17 lessons @ 55 mins, \$269/\$244 MCC district residents

W, 1/8-5/14 11:30 a.m.-12:25 p.m.

No lesson on 3/12 and 4/16.

## GENTLE YOGA FITNESS

Enjoy increased flexibility, strength, balance and energy as you challenge yourself, while respecting and honoring your body. You will need a yoga mat, strap, two blocks, and optionally a yoga blanket or towel. Instructor: Body Moves Fitness, LLC.

### Activity No. 1859.325

17 lessons @ 55 mins, \$269/\$244 MCC district residents

Th, 1/9-5/15 11:30 a.m.-12:25 p.m.

No lesson on 3/13 and 4/17.

## SAFETY

### CPR, FIRST AID, AND AED

This course will prepare you to recognize and care for a variety of first aid, breathing and cardiac emergencies involving adult and children. Instructor: Respond and Rescue.

### Activity No. 1484.325

1 lesson @ 3 hrs, \$102/\$82 MCC district residents

Su, 2/23 1-4 p.m.

## DROP-IN GAMES

Free participation, open to all!

### BRIDGE

**Location:** MCC Hampton Room

**Times:** Tu, 7-10 p.m.; F, 7-10 p.m.

Meet up with your friends or make some new ones and enjoy fun and games in your community! Registration is NOT required for this self-led activity. MCC staff will ensure all necessary gaming supplies are available.

Drop-In Games will not be held on Fairfax County Government holidays.

Children under 18 must be accompanied by an adult.



# SENIORS IN ACTION



Come be a part of the Seniors in Action (SIA) Program, a recreation program with a yearly membership designed for independent adults age 50+. Participate in a variety of programs designed to keep you healthy, active and having fun! Build relationships and foster a sense of community while enjoying fitness classes, games, speakers and social activities.

SIA Program Coordinator Samah Habayeb will help make your time at the MCC fulfilling and fun!

**Questions?** Please contact Samah Habayeb at [samah.habayeb@fairfaxcounty.gov](mailto:samah.habayeb@fairfaxcounty.gov).

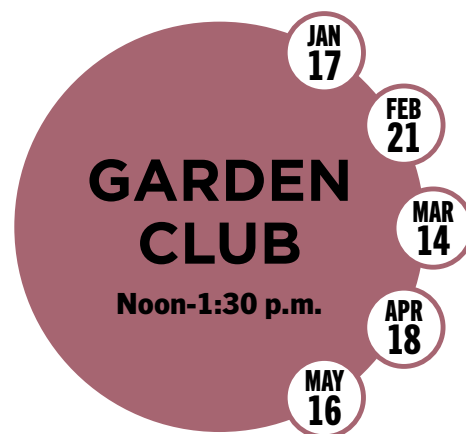
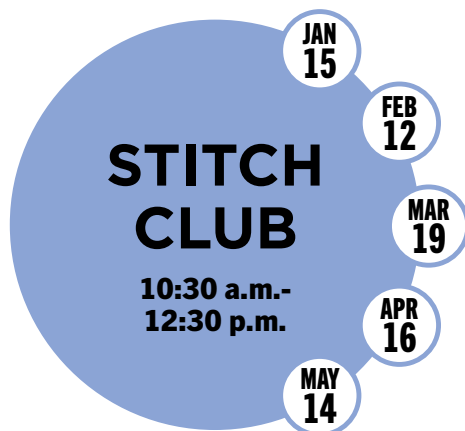
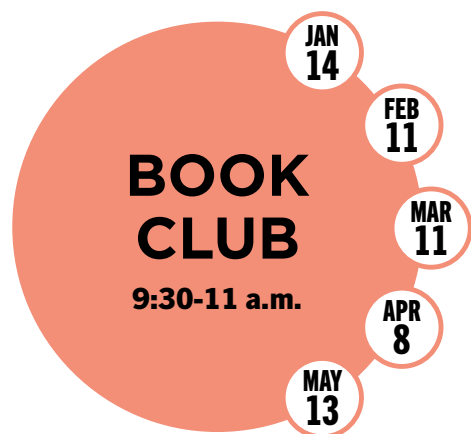
Winter/Spring 2025 SIA Programming begins Monday, Jan. 6 and ends Friday, May 23. Skip Date(s): No SIA @ MCC on 1/20, 1/22, 2/17, 3/26, 4/9, 4/30 and 5/21.

SIA General Weekly Schedule (Weekly and monthly updates are emailed to SIA Program Members and posted on the SIA webpage).

## SIA ACTIVITIES

\$54/\$45 MCC district resident. Cost is per SAIL class. Free offerings include drop-in activities, clubs and weekly activities.

	Monday	Tuesday	Wednesday	Thursday	Friday
9–10 a.m.	SAIL Exercise <b>9002.325</b>	SAIL Exercise <b>9003.325</b>		SAIL Exercise <b>9004.325</b>	SAIL Exercise <b>9005.325</b>
10 a.m.-noon	Mah Jongg Practice & Play	Mah-Jongg Practice & Play		Bridge Practice & Play	Bridge Practice & Play



## SIA SPECIAL EVENTS &amp; ACTIVITIES

-  PRESENTATIONS
-  TECHNOLOGY COACHING
-  FIELD TRIPS
-  WEEKLY SPECIAL ACTIVITIES
-  MAH-JONGG, BRIDGE, LANGUAGE

## JANUARY

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## FEBRUARY

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## MARCH

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## APRIL

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## MAY

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Weekly and monthly calendars will be emailed to members by SIA Program Coordinator. Hard copies will be available at the community center.

# 2025 WINTER-SPRING PROGRAM GUIDE

<b>1/1</b>	New Year's Day	<b>Center Closed</b>
<b>1/2</b>	1 p.m.	Foreign Language Film
<b>1/4</b>	1 p.m.	Winter Block Party
<b>1/4</b>		50th Anniversary Event
<b>1/5</b>		Deadline for Voting, Holiday House Decorating Contest
<b>1/8</b>	6:30 p.m.	Foreign Language Film
<b>1/12</b>	2 p.m.	Junwen Liang, Piano
<b>1/16</b>	7 p.m.	MPA Exhibition Opening Reception—Pieced Together, We Are Whole
<b>1/17</b>	7 p.m.	5th & 6th Grader Party – Snowball Dance
<b>1/18</b>	7 p.m.	MLK Day Celebration: Collage Dance Company “Rise Project”
<b>1/20</b>	Inauguration Day/MLK Day Holiday	<b>Center Closed</b>
<b>1/23</b>	1 p.m.	Performing Arts Movie
<b>1/24</b>		Macdonald Scholarship Application Deadline
<b>1/25</b>	7 p.m.	Improvicon 2025
<b>1/28-1/29</b>	7 p.m.	Youth Production Auditions
<b>1/29</b>	8 a.m.	OFC Trip - Skiing/Snowboarding/Tubing
<b>1/29</b>	6:30 p.m.	Governing Board Meeting

## FEBRUARY

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## JANUARY

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<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	



Winter Block Party

<b>2/2</b>	2 p.m.	Ars Gratia Populi
<b>2/6</b>	1 p.m.	Foreign Language Film
<b>2/7</b>	7 p.m.	Sweetheart Parent & Child Dance
<b>2/8</b>	7 p.m.	The Black Opry Revue
<b>2/12</b>	6:30 p.m.	Foreign Language Film
<b>2/13</b>	1 p.m.	Performing Arts Movie
<b>2/17</b>	George Washington's Day/Presidents Day	<b>Center Closed</b>
<b>2/21</b>	7 p.m.	Bill Blagg: Magic & Illusion
<b>2/22</b>	4 p.m.	Bill Blagg: Magic & Illusion
<b>2/23</b>	2 p.m.	Barron Ryan, Piano
<b>2/26</b>	6:30 p.m.	Governing Board Meeting



# MARCH

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- 4/1** 8 a.m. Upscale Bowling & Movie
- 4/5** 10 a.m. Spring Fest – 50th Anniversary Tree Planting
- 4/9** 6:30 p.m. Foreign Language Film
- 4/10** 1 p.m. Foreign Language Film
- 4/10** 7 p.m. MPA Exhibition Opening Reception-Spring Solos
- 4/12** 9 a.m. McLean Earth Day—Act Locally
- 4/19** 9 a.m. Spring Community Parking Lot Sale
- 4/14-4/18** OFC Spring Break Trips
- 4/17** 1 p.m. Performing Arts Movie
- 4/23** 6:30 p.m. Governing Board Meeting
- 4/25** 7 p.m. Family Fun Bingo
- 4/26** 1 p.m. Sensory Day
- 4/27** 4 p.m. “Underneath the Magical Moon”
- 4/30** 8 p.m. Macdonald Scholarship Final Competition

- 3/1** 7 p.m. “New Orleans Songbook”
- 3/6** 1 p.m. Foreign Language Film
- 3/7** 4 p.m. OFC Trip – Washington Capitals Game
- 3/12** 6:30 p.m. Foreign Language Film
- 3/14** 7 p.m. 5th & 6th Grader Party – St. Patty’s Party
- 3/16** 2 p.m. “Forbidden Broadway”
- 3/20** 1 p.m. Performing Arts Movie
- 3/22** 5 p.m. Fiesta del Sol
- 3/26** 6:30 p.m. Governing Board Meeting + Public Hearing for FY2027 Programs



# APRIL

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# McLEAN PROJECT FOR THE ARTS

**JANUARY 16–  
FEBRUARY 22, 2025**

## PIECED TOGETHER, WE ARE WHOLE

Reception: Thursday, Jan. 16, 7-9 p.m.

### EMERSON GALLERY

A curated exhibition featuring artists working in both fiber and sculptural assemblage media who bring together multiple components and elements, sometimes unexpected and disparate, to create an elegant and cohesive whole.

March is Youth Art Month in the MPA galleries, and once again we will be featuring exhibitions from Fairfax County Public School's Langley and McLean High School pyramid shows.

**APRIL 10–JUNE 14, 2025**

## SPRING SOLOS

Reception: Thursday, April 10, 7-9 p.m.

### ATRIUM GALLERY

In the exhibition "Detrimorphose," Heidi Fowler depicts the power of brokenness and redemption through mixed media paintings. The artist brings together discarded materials (junk mail, plastic, rustic pieces and old computer parts) in assemblages to inspire a greater consciousness and creativity towards the paraphernalia we would otherwise discard, exploring the tension between the beauty of creation and the priorities of man.

### EMERSON GALLERY

Jackie Hoysted's "Rudimental" is an interactive immersive installation that evokes ideas of nature in interconnectedness. Using simple geometrical elements to generate imagery and meditative sounds, the installation harks back to undervalued ancestral connections with the land, the planet and the universe. It is a call for mutual respect, reciprocity and recognition of our minuteness in the universe.

Heidi Fowler,  
No. 031.32.017,  
acrylic, mixed  
media



**McLean Project for the Arts (MPA)** is a nonprofit organization that presents the visual arts program for the community at the McLean Community Center (MCC), thanks to a public/private partnership with MCC and Fairfax County.

MPA presents exhibitions of contemporary art and provides education in the visual arts through a program of classes for children and adults, as well as lectures, tours and ArtReach, an outreach program that brings school children and other groups to the gallery for educational programs. MPA presents art classes at MCC in the DuVal Studio and online through ZOOM.

#### ART GALLERY HOURS:

For the most current information on viewing our exhibitions, please see our website at [mpaart.org](http://mpaart.org), email [info@mpaart.org](mailto:info@mpaart.org) or call **703-790-1953**.

#### McLEAN PROJECT FOR THE ARTS STAFF:

Lori Carbonneau, *Executive Director*  
Nancy Sausser, *Curator & Artistic Director*  
Sharon Fishel, *ArtReach Director*  
Falayi Adu, *Finance & Operations Director*  
Deb Bissen, *Communications & Public Affairs Director*  
Jennifer Wormser, *Development Director*  
Briana Clorey, *Education & ArtReach Operations Manager*  
Jennifer Jeannot, *Director of Grants & Strategic Projects*  
Additional MPA staff can be found at [mpaart.org](http://mpaart.org).





Visual arts classes are offered by the McLean Project for the Arts. To register for a visual arts class, you must sign up on MPA's website, [mpaart.org](http://mpaart.org). For more information, call 703-790-1953. Make sure to sign up for the MPA e-blast for up-to-date information on classes and upcoming workshops!



## CLASSES FOR CHILDREN

### ABRAKADOODLE TWOOSY DOODLERS

*One parent or guardian must accompany the child to class.* Little ones experiment with painting, gluing, sticking, printing and creating while developing fine-motor, language and self-help skills. This Abrakadoodle class for toddlers and their parents inspires creativity while emphasizing an I-can-do-it spirit! Instructor: Abrakadoodle Staff.

#### 20-36 months

8 lessons @ 45 mins, \$135/\$125 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

F, 1/24-3/14 10-10:45 a.m.

6 lessons @ 45 mins, \$100/\$90 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

F, 4/11-5/23 10-10:45 a.m.

### ABRAKADOODLE MINI DOODLERS

*Parent or guardian not required to attend; however, children must be potty trained.* Children will develop their creativity through lessons carefully designed to ignite their imaginations and development skills. Using real artists' materials, including watercolors, tempera paints, oil pastels, creative tools and more, your child will create truly unique masterpieces. Instructor: Abrakadoodle Staff.

#### 3-6 years

8 lessons @ 1 hr, \$180/\$165 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

F, 1/24-3/14 11 a.m.-noon

6 lessons @ 1 hr, \$135/\$125 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

F, 4/11-5/23 11 a.m.-noon

No lesson on 4/18.

### ABRAKADOODLE DOODLERS

This popular art program helps kids stretch their creative muscles and exercise their right brains in action-oriented classes filled with color, texture, shape and fun! Our art lessons are carefully crafted to promote uniqueness and imaginative thinking as kids create their own unique masterpieces through painting, drawing, cutting, molding and exploring creative materials. Each lesson introduces a new technique and artist's style.

#### 7-12 years

6 lessons @ 1 hr, \$180/\$165 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

M, 1/27-3/10 4:30-5:30 p.m.

No lesson on 2/17.

6 lessons @ 1 hr, \$180/\$165 MCC district residents. Material fee \$45 to be paid to the instructor on the first day of class.

M, 4/7-5/19 4:30-5:30 p.m.

No lesson on 4/14.





## CLASSES FOR TEENS (13 YEARS+) AND ADULTS



### COMING SOON:

MPA's Education Program will offer Cyanotype Workshops and Photography classes this coming Winter and Spring. MPA's website has the most up-to-date information on classes as times and dates are announced, or changed: [mpaart.org/education](http://mpaart.org/education).

### COLORFUL MIXED MEDIA PAINTINGS

All levels of art experience are welcome. Learn the basics of abstract painting as well as color theory. The class explores using the principles of art while you work with acrylic, collage and drawing. Instructor: M. Jane Johnson.

#### 16-Adult

6 lessons @ 3 hrs, \$280/\$260 MCC district residents

M, 1/27-3/10 10 a.m.-1 p.m.

No lesson on 2/17.

6 lessons @ 1 hr, \$280/\$260 MCC district residents

M, 4/7-5/19 10 a.m.-1 p.m.

No lesson on 4/14.

### FREEDOM OF WATERCOLOR

Classes will be held virtually through Zoom. Students of all levels welcome. Students will work with changeable subject matter as they develop their ideal style as artists. Elements of design, composition and balance will be discussed. Discover the versatility and fluidity of this medium. Instructor: Barbara Januszkiewicz.

#### 16-Adult

8 lessons @ 2.5 hrs, \$310/\$290 MCC district residents

Th, 1/23-3/13 10 a.m.-12:30 p.m.

Dates may be subject to change.

### LANDSCAPE IN OIL

During the course, Joyce Lee will demonstrate step-by-step how to capture a beautiful landscape on your canvas. During this course, students will study proportions of landscapes and how to block in a composition on canvas. They also will continuously study value, edges and color relationships while they finish two or three different landscapes. Instructor: Joyce Lee.

#### 16-Adult

7 lessons @ 2.5 hrs, \$270/\$255 MCC district residents

Th, 4/24-6/5 10 a.m.-12:30 p.m.

Dates may be subject to change.

### DRAWING AND PAINTING STUDIO

For all skill levels. A working studio classroom; for beginners, experienced students and artists seeking to improve their skills. This course covers the fundamentals of drawing and painting. More experienced artists will have the opportunity to develop a body of work and critique in a creative environment. Students are encouraged to explore their own concepts and styles of expression. Instructor: David Carlson.

#### 16-Adult

8 lessons @ 2.5 hrs, \$310/\$290 MCC district residents

Th, 1/23-3/13 7-9:30 p.m.

7 lessons @ 2.5 hrs, \$270/\$255 MCC district residents

Th, 4/24-6/5 7-9:30 p.m.

### CROSS CURRENTS IN CONTEMPORARY ART

Join MPA ArtReach Director Sharon Fishel for Cross Currents in Contemporary Art—an off-site art appreciation class. Each session explores new ways of seeing and thinking about contemporary art in selected exhibitions from local D.C. venues, such as The Hirshhorn Museum, and IA&A at Hillyer, as well as other local galleries (exact galleries TBA). There will be an optional sketchbook component for drawing or writing from the exciting works on view.

#### Off-site Class

#### 16-Adult

4 sessions @ 2.5 hrs, \$145 (Class fee does not include any required entrance fees.)

F, 3/7-3/28 1-3:30 p.m.

## DRAWING BASICS (COLORS, LINES & MOTION)

For all skill levels. For beginning students, we will work with the fundamentals of drawing, such as lines, angles and shading from light to dark as well as how to develop the smart eye toward form, shape and details. More experienced students will have the privilege of choosing any images, topics or subjects they like to create colorful action frames as a dynamic art. Instructor: Ahmed Zaidan.

### 13-Adult

8 lessons @ 2 hrs, \$250/\$235 MCC district residents

Sa, 1/25-3/15 2-4 p.m.

6 lessons @ 2 hrs, \$190/\$175 MCC district residents

Sa, 4/26-6/7 2-4 p.m.

*No lesson on 5/17.*

## CREATING ARTWORK WITH LAYERED PAPER: ITALIAN TOWNHOUSES

Beginners are welcome. In this fun workshop, you'll learn how to create the charm of Italian townhouses... with windows and flower boxes and shutters and clotheslines. Using hundreds of kinds of papers, Ronni will guide you as you follow her process for this tactile and textural art. You'll be ripping, cutting and manipulating the papers as you glue them to a stretched canvas. Instructor: Ronni Jolles.

### 14-Adult

1 lesson @ 3 hrs, \$75. Supplies will be provided by the instructor. A material fee of \$25 is to be paid to the instructor at the workshop.

Su, 1/19 1-4 p.m.

## CREATING ARTWORK WITH LAYERED PAPER: VILLAGE ON A HILL

Beginners are welcome. Join a fun workshop where you'll create a textured-paper work of art that captures the quaint charm of a hillside village—using an assortment of paper! You'll rip, cut, manipulate and glue layers of paper to an 8" x 10" stretched canvas. Instructor: Ronni Jolles.

### 15-Adult

1 lesson @ 3 hrs, \$75. Supplies will be provided by the instructor. A material fee of \$25 is to be paid to the instructor at the workshop.

Su, 3/2 1-4 p.m.

## CREATING ARTWORK WITH LAYERED PAPER: TREES IN THE SPRINGTIME

Beginners are welcome. Learn a fun and playful paper art form in this workshop, where we'll use trees in springtime as our inspiration. You'll use hundreds of kinds of paper to create a textured and unique piece of art. You'll rip, cut, manipulate and glue layers of paper to an 8" x 10" stretched canvas. Instructor: Ronni Jolles.

### 15-Adult

1 lesson @ 3 hrs, \$75. Supplies will be provided by the instructor. A material fee of \$25 is to be paid to the instructor at the workshop.

Su, 4/6 1-4 p.m.

## CREATING ARTWORK WITH LAYERED PAPER: FRENCH VILLA WITH GARDEN

Beginners are welcome. Join a fun workshop, exploring paper art using a French villa with gardens as our inspiration. Create textured and unique art as you rip, cut, manipulate and glue layers of paper to an 8" x 10" stretched canvas. Instructor: Ronni Jolles.

### 15-Adult

1 lesson @ 3 hrs, \$75. Supplies will be provided by the instructor. A material fee of \$25 is to be paid to the instructor at the workshop.

Su, 5/18 1-4 p.m.

## OPEN STUDIO

Open drawing session with a live model. Pay for drop-in sessions or save when you register for the series!

Drop-in session, \$20

8 sessions @ 3 hrs, \$130/\$110 MCC district residents

Sa, 1/25-3/15 10:30 a.m.-1:30 p.m.

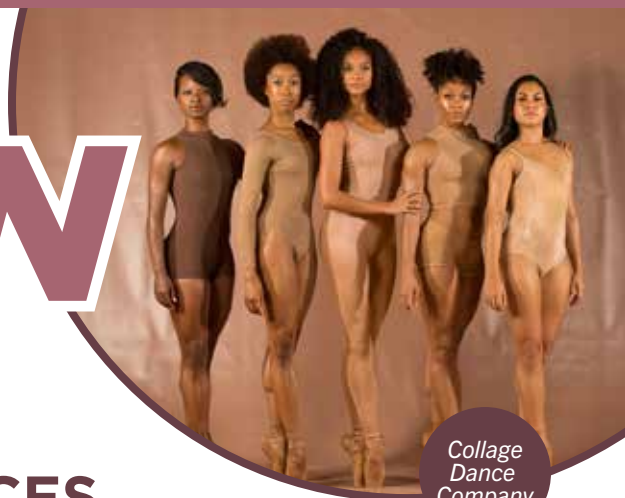
6 sessions @ 3 hrs, \$110/\$100 MCC district residents

Sa, 4/26-6/7 10:30 a.m.-1:30 p.m.

*No lesson on 5/17.*

Make sure you visit [mpaart.org](http://mpaart.org) or are signed up for the MPA e-blast for up-to-date information on classes and upcoming workshops!

# THE ALDEN



Collage  
Dance  
Company

## PRICING

Pricing is listed as Standard Admission/Students and Seniors/MCC district

## RATINGS LEGEND



### FAMILY FRIENDLY

Performance crafted specifically for children, approximately 1 hour in length; content is rated G or PG.



### ALL AGES

Performance is created for a general audience, show length is between 1-2 hours; content is rated G or PG.



### ADULT

Performance created for a general audience; show length can be between 1-3 hours; content could be rated PG-13 or R (but normally isn't!).

If you have any questions about a performance's themes, content or style, please contact The Alden at [alden@mcleancenter.org](mailto:alden@mcleancenter.org). We are happy to talk with audience members to select performances that are a good fit for them or their family.

## PERFORMANCES

### CHAMBER MUSIC

#### JUNWEN LIANG, PIANO

Sunday, Jan. 12, 2 p.m.

\$10/\$7/\$5



Originally from Nanning, China, Junwen Liang is already making his mark on the classical music scene. He has concertized at Weill Recital Hall at Carnegie and the Academy of Music in Philadelphia, won more competitions that we can begin to list and all while he has been pursuing his Performance Certificate at Peabody Institute.

### DANCE

#### DR. MARTIN LUTHER KING JR. DAY CELEBRATION

#### COLLAGE DANCE COMPANY: "RISE PROJECT"

Saturday, Jan. 18, 7 p.m.

\$25/\$20/\$15



Dr. King's powerful "Mountaintop Speech," delivered the day before he was assassinated, is the backdrop for this full-length neoclassical ballet. In commemorating his legacy, the work is both a reflection of what we have overcome and a vision of where we go from here. Student dancers enrolled in MCC's dance program, led by Art in Motion, will have a guest role in this performance!

### IMPROV CONTEST

#### PRODUCED BY DARK HORSE THEATRE AND (THE) UNRULY THEATRE PROJECT

#### IMPROVICON 2025

Saturday, Jan. 25, 7 p.m.

\$20/\$15/\$12

Nine of the best improv groups in the area go head-to-head, toe-to-toe and joke-to-joke to see who walks away with the coveted Improvicon trophy and a year's worth of bragging rights! It's like "Whose Line is it Anyway?" but with your screwball suggestions. Participating teams include: Intrusive Thotties, Home Improv Mints, FOOLS! Improv Comedy, Calamity: The Show, (the) Unruly Theatre Project, Pundemics and the 2024 Champions—Porkchop Volcano!

### CHAMBER MUSIC

#### ARS GRATIA POPULI

Sunday, Feb. 2, 2 p.m.

\$10/\$7/\$5



Ars Gratia Populi (Latin for "art for the people's sake") is a vocal ensemble that explores the interplay between art music and folk music in an a cappella setting. The six unaccompanied voices of the ensemble bring purity and intricacy to everything from Renaissance madrigals to Scottish Gaelic ballads to maybe even some modern standards.



MUSIC

# THE BLACK OPRY REVUE

Saturday, Feb. 8, 7 p.m.  
\$30/\$25/\$20



Country music has been made by and loved by Black people since its conception. Country, blues, folk and Americana music overlap or are woven together by a proper revue of Black country artists. In true Opry style, this concert will feature a variety of Black country music artists from around the country.

MAGIC

# BILL BLAGG: MAGIC & ILLUSION

Friday, Feb. 21, 7 p.m.  
Saturday, Feb. 22, 4 p.m.  
\$20/\$17/\$15



Experience the impossible! This action-packed spectacular is filled with mind-blowing magic and jaw-dropping illusions that will have you rubbing your eyes in disbelief. Over 90 minutes of incredible interactive magic.

CHAMBER MUSIC

# BARRON RYAN, PIANO

Sunday, Feb. 23, 2 p.m.  
\$10/\$7/\$5



Not only is he an award-winning pianist; Barron Ryan is also a respected composer. Filling the void of funk-, pop- and country-inspired classical music, Ryan's work includes a commission commemorating the Tulsa Race Massacre. His concert at The Alden will be a mix of genres, all played with the prowess of the classical pianist he is.

Bill Blagg



MUSIC

# A JAZZ AT LINCOLN CENTER PRESENTS PRODUCTION "NEW ORLEANS SONGBOOK"

Featuring Luther S. Allison, Milton Suggs and Quiana Lynell

Saturday, March 1, 7 p.m.  
\$30/\$25/\$20



Just in time for Fat Tuesday, Jazz at Lincoln Center (JALC) brings the soul of New Orleans and the spirit of Mardi Gras to this amazing evening, celebrating the composers and inspired songs of the Crescent City, the historic epicenter of jazz. From Jelly Roll Morton and Louis Armstrong to Ellis Marsalis and James Black, New Orleans has long been an apex of innovation and inspiration. With world-class musicians and infectious energy, "New Orleans Songbook" immerses audiences in the captivating and timeless spirit of this vibrant city.

MUSICAL THEATER

# "FORBIDDEN BROADWAY"

Sunday, March 16, 2 p.m.  
\$40/\$30/\$25



Broadway talent. Broadway tunes. Off-Broadway humor. This long-running New York institution parodies current plays and musicals and is perfect for Broadway lovers and new audiences alike. "Forbidden Broadway" offers the one-stop ticket to all the shows and all the nonstop laughs.

THEATER

# TUTTI FRUTTI PRODUCTIONS: "UNDERNEATH THE MAGICAL MOON"

Sunday, April 27, 4 p.m.  
\$15/\$12/\$10



Through her open window, Wendy Darling normally gazes out at the night sky dreaming of blue lagoons, magical moons and the imagined stories she can tell. But tonight, like no other, has magic in the air... "Underneath a Magical Moon" is set in the backyard where Wendy and her brothers are camping out. There's a full moon, and Wendy just can't get to sleep so she begins to tell her brothers a story. Join us for this enchanting, reimagined story of "Peter Pan," told by Wendy, as we fly into a fantastical world of adventure, where the impossible seems possible and if you close your eyes and believe, you really can make anything happen.

CHAMBER MUSIC

# BORISEVICH DUO, PIANO AND VIOLIN

Sunday, May 4, 2 p.m.  
\$10/\$7/\$5



In a recent poll, Alden audiences named the Borisevich Duo their favorite artists in our chamber music series. With their impeccable technique and artistry, illuminating commentary from Peabody Conservatory professor Nikita Borisevich (violin) and the chemistry that only a husband-wife duo can have, it's no surprise that they're a fan favorite!

Borisevich Duo



# 2025 WINTER-SPRING PROGRAM GUIDE

## VARIETY

### 360 ALLSTARS

Wednesday, May 7, 7 p.m.

\$30/\$25/\$20



Spinning circles around the competition, 360 ALLSTARS showcases a dream team of sensational champs in a supercharged physical performance celebrating street culture—BMX, basketball, breakdancing, beatboxing, acrobatics, drumming and more. Boasting a stellar international cast of world champion and world record-holding athletes and artists, the show has had sold out runs on Broadway and at the Sydney Opera House and the Edinburgh Fringe Festival.

## THEATER

### TERRAPIN PUPPET THEATRE: "THE PAPER ESCAPER"

Saturday, May 10, 4 p.m.

\$20/\$17/\$15



At first, the world of the Paper Escaper exists only in white, blacks and greys—but then, the Illustrator reveals a vividly colored pop-up book and the book's newest character, Benny. The plucky puppet protagonist's aspirations take him off of the page and he is eager to explore the world beyond the book. This nonverbal work uses striking visuals and puppetry, as well as dynamic original music and cartoon-like sound effects, to tell a story of determination, friendship and the power of following your own path.



"The Paper Escaper"

## CHAMBER MUSIC

### FRANCESCA HURST, PIANO

Sunday, June 8, 2 p.m.

\$10/\$7/\$5



Recognized for her "tender lyricism" (The Washington Post), yet not afraid to shout, swing her foot onto the piano or don fingerless gloves if the music demands it, pianist Francesca Hurst divides her playing between classical and contemporary music. She makes sense of the music regardless of style and period and is passionate about connecting with audiences. Hurst is on the piano faculty at The Catholic University of America and the University of Virginia.

## MUSICAL THEATER

### JASON ROBERT BROWN & FRIENDS

Saturday, June 14, 7 p.m.

\$50/\$45/\$35



Three-time, Tony Award-winning composer and living legend of musical theater, Jason Robert Brown performs an intimate evening filled with musical brilliance. JRB & Friends offers a close-up look at the career of the composer, director, orchestrator and lyricist. Hear anecdotes and personal insights from the man who wrote "Parade," "The Bridges of Madison County," "The Last Five Years," "Songs for a New World," "13" and other favorites. He will be joined by his longtime trio and special guests. Don't miss this opportunity to witness the genius of Jason Robert Brown up close.

## MOVIES AT THE ALDEN

### FREE FILM SCREENINGS

Ratings and run times can be found on our website, [aldentheatre.org](http://aldentheatre.org).

## FOREIGN LANGUAGE FILMS

Chosen by you, our audience! Movies are shown in the original language with English subtitles. Always free, always awesome. Programs subject to change.

### "NÓI ALBINÓI"

(Iceland; Directed by Dagur Kári)

Shown in Icelandic and French with English subtitles

Thursday, Jan. 2, 1 p.m.

Wednesday, Jan. 8, 6:30 p.m.

Is he the village idiot or a genius in disguise? Seventeen-year-old Noi drifts through life on a remote fjord in the north of Iceland. Noi dreams of escaping from this white-walled prison with Iris, a city girl.

### "THE INTOUCHABLES"

(France; Directed by Olivier Nakache)

Shown in French with English subtitles

Thursday, Feb. 6, 1 p.m.

Wednesday, Feb. 12, 6:30 p.m.

Golden Globe Award-winner. A Parisian aristocrat, quadriplegic since a paragliding accident, hires a young man to be his live-in caretaker. Although very different, the two men bond and develop a close friendship.

**WOMEN'S HISTORY MONTH  
SELECTION**

**"WADJDA"**

(Saudi Arabia; Directed by Haifaa Al-Mansour)

Shown in Arabic with English subtitles

**Thursday, March 6, 1 p.m.**

**Wednesday, March 12, 6:30 p.m.**

An enterprising Saudi girl signs on for her school's Koran recitation competition to raise the remaining funds she needs to buy the green bicycle that has captured her interest. This is the first Saudi Arabian film directed by a woman.

**ARAB-AMERICAN HERITAGE  
MONTH SELECTION**

**"THE TIME THAT  
REMAINS"**

(United Kingdom, Italy, Belgium, France; Directed by Elia Suleiman)

Shown in Hebrew and Arabic with English subtitles

**Wednesday, April 9, 6:30 p.m.**

**Thursday, April 10, 1 p.m.**

Writer/director Elia Suleiman's funny and fraught film explores life among the Israeli Arab community from 1948 to the present day. Shot largely in homes and places in which Suleiman's family once lived, the film recounts the saga of the filmmaker's family in subtly hilarious vignettes. An intimate and semi-biographical portrait of Palestinians living as a minority in their own homeland.

**ASIAN AMERICAN AND PACIFIC  
ISLANDER HERITAGE MONTH  
MOVIE**

**"THE KING OF  
MASKS"**

(China; Directed by Wu Tianming)

Shown in Mandarin with English subtitles

**Thursday, May 1, 1 p.m.**

**Wednesday, May 14, 6:30 p.m.**

In 1930s China, Wang is an aged street performer who practices the change-mask opera art of bian lian. He laments that he has no male heirs to carry on his mysterious and complicated art and trade. At an illegal child market, Wang buys what he believes to be an orphan boy to become his adopted grandson and apprentice.

**PRIDE MONTH SELECTION**

**"GREAT FREEDOM"**

(Germany; Directed by Sebastian Meise)

Shown in German with English subtitles

**Thursday, June 5, 1 p.m.**

**Wednesday, June 11, 6:30 p.m.**

Cannes Film Festival winner. In post-war Germany, liberation by the Allies does not mean freedom for everyone. Hans is repeatedly imprisoned under Paragraph 175, which criminalizes homosexuality. Over the decades, he develops an unlikely bond with his cellmate, Viktor.

**PERFORMING ARTS  
MOVIES**

Enjoy a performance, documentary or backstage peek with these monthly movies. Programs subject to change.

**"BESIDE BOWIE:  
THE MICK RONSON  
STORY"**

**Thursday, Jan. 23, 1 p.m.**

**BLACK HISTORY MONTH  
SELECTION**

**"HOW IT FEELS  
TO BE FREE"  
("AMERICAN  
MASTERS")**

**Thursday, Feb. 13, 1 p.m.**

**MET OPERA PRODUCTION**

**"LE COMTE ORY"  
BY GIOACHINO  
ROSSINI**

**Thursday, March 20, 1 p.m.**

**SPRING BREAK SELECTION**

**"THE SPONGEBOB  
MUSICAL: LIVE ON  
STAGE!"**

**Thursday, April 17, 1 p.m.**

**DOUBLE BILL**

**"KI HO'ALU: THAT'S  
SLACK KEY GUITAR"  
(AAPI HERITAGE  
MONTH SELECTION)**

and

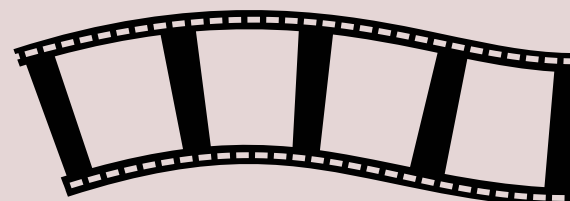
**"THE HOBART  
SHAKESPEAREANS"**

**Thursday, May 15, 1 p.m.**

**NEW YORK PHILHARMONIC  
STAGED CONCERT**

**"COMPANY"  
BY STEPHEN  
SONDHEIM**

**Thursday, June 12, 1 p.m.**





## COMMUNITY ARTS OPPORTUNITIES FOR YOUTH

### THE ALDEN'S 2025 YOUTH PRODUCTION "STUART LITTLE"

Adapted by Joseph Robinette. Based on the book by E.B. White. Produced by special arrangement with DRAMATIC PUBLISHING COMPANY of Woodstock, Illinois.

It's the 80th anniversary of E.B. White's beloved classic about a mouse named Stuart Little who is born into an ordinary New York family. This one-hour version will see Stuart through adventures, life lessons and funny moments that make up the marvelous maneuverings of a mild-mannered mouse trying to survive in a "real people's" world.

### AUDITIONS

The Alden will hold auditions for youth ages 10-16 on **Tuesday and Wednesday, Jan. 28 and 29**, beginning at 7 p.m. Invite-only Call Backs will be held on Thursday, Jan. 30.

Most actors in the ensemble will play several characters, including both human and animal. Previous theatrical experience is preferred, but not required. Actors should feel confident projecting their voices, speaking clearly and following movement directions.

### PERFORMANCES

**Saturday and Sunday, April 5 and 6, 2 p.m.**  
\$10/\$7/\$5

**Questions?** Please contact [alden@mcleancenter.org](mailto:alden@mcleancenter.org).

**PHOTO CREDITS:** (Page 34) Peter Mathew

## MACDONALD PERFORMING ARTS SCHOLARSHIP

Annually, the McLean Community Center recognizes the hard work and talent of young performing artists through the James C. Macdonald Performing Arts Scholarship Competition. Following a preliminary round and final round of competition, three prizes (1st - \$1,200; 2nd - \$800, and 3rd - \$400) are awarded in each of four categories: Dance, Theater, Instrumental Music and Vocal Music. In 2020, the 1st place Instrumental Award was named in honor of Anita Lamkin, a longtime friend of young musicians and supporter of music performances in McLean.

Who may apply: High school students who reside in or go to school in the MCC tax district are eligible to apply. The online application form may be found at [www.aldentheatre.org](http://www.aldentheatre.org). Students may enter more than one category but must submit an application form for each. A nonrefundable, \$20 fee is required for each application form submitted.

**Application Deadline:** Friday, Jan. 24, 2025

**Preliminary Round:** Week of Feb. 3

**Final Competition:** Wednesday, April 30, 8 p.m.

## (THE) UNRULY THEATRE PROJECT

(the) Unruly Theatre Project is The Alden's professional teen improv group. See [aldentheatre.org](http://aldentheatre.org) for their upcoming list of family friendly performances in the community.

Are you a part of a scout group, youth group or other nonprofit community group? (the) Unruly Theatre Project can provide a free, one-hour improv workshop to your group! Scheduling and participant count restrictions apply. Contact [alden@mcleancenter.org](mailto:alden@mcleancenter.org) for more information.

## OPPORTUNITIES FOR ALL AGES

### McLEAN COMMUNITY PLAYERS

McLean Community Players (MCP) has been entertaining the community since 1964. It is a volunteer, not-for-profit, charitable and educational organization. It is always looking for local talent, both onstage and backstage. Can you sing, dance, act, sew, paint, direct? Would you like to usher (and see a show for free)? Please contact [mcleanplayersva@gmail.com](mailto:mcleanplayersva@gmail.com) to volunteer or go to [mcleanplayers.org](http://mcleanplayers.org) to learn more about the company and hear about upcoming auditions and performances.

*MCP is an independent, all-volunteer nonprofit that produces two shows annually at The Alden. Although The Alden provides support and training for MCP and their participants, McLean Community Center and The Alden neither censor nor endorse MCP's artistic choices.*

# THE OLD FIREHOUSE

The Old Firehouse Center (OFC) provides an incredible experience and safe atmosphere for 5th-9th graders. Participants will enjoy exposure to new recreational activities and develop social skills under the supervision of professionally experienced staff members who facilitate organized activities, daily clubs and trips. Teens can enjoy their time at the Old Firehouse after school, during school breaks and at our Friday night activities and trips.

## OLD FIREHOUSE MEMBERSHIP

Memberships are open to 5th–9th Graders.

**August 19, 2024 - June 11, 2025**

2:30-6 p.m.

\$325/\$300 MCC district residents.

### MEMBERSHIP BENEFITS:

- Daily Snack and Drink
- Themed Clubs
- Pet Therapy Monthly (Every 3rd Friday)
- Laptop Usage for Homework
- Transportation from Cooper Middle School, Langley High School and local elementary schools. Fairfax County Public Schools' (FCPS) buses provide transportation from Longfellow Middle School and McLean High School.\*
- Discounted Friday Night Trip and Dance Fees
- Valid until June 11, 2025

To join OFC, drop off a completed and signed Participant Contract, accompanied by your payment, to OFC. Participant Contracts are available at the Old Firehouse and online. For additional information, visit [oldfirehouse.org](http://oldfirehouse.org).

\*Please note that late FCPS bus pickup for Longfellow Middle School begins at 4:15 p.m. on Mondays, Wednesdays and Thursdays. Students are encouraged to utilize the FCPS late bus *before* calling OFC for pickup. Otherwise, students must call OFC prior to 3:30 p.m. to arrange for same day pickup. Any requests made after 3:30 p.m. will not be accommodated by OFC staff.

## FAMILY EVENTS

See OFC Family Events in the Community Events section on page 8.

## OLD FIREHOUSE STAFF AND PROGRAMS WILL RELOCATE TO MCC DURING RENOVATIONS

In January, work will begin to improve access to the Old Firehouse Center (OFC) including ADA upgrades to the restrooms and entrance. **As a result, OFC staff and all OFC programs and activities will be temporarily relocated to MCC. Renovations should be completed in late March or April.** For more information, call MCC at **703-790-0123, TTY: 711.**

## FRIDAY NIGHT ACTIVITIES

Register your kids for our Friday Night Activities to enjoy a much-needed date night or come to our family programs for some wholesome fun. Old Firehouse members and non-members can register. Prices vary based on activity. Preregistration is highly recommended!

## WASHINGTON CAPITALS GAME

**Friday, March 7, 4-10:30 p.m.**

Activity No. 5302.325

\$70/60 OFC Members



## 5<sup>TH</sup> AND 6<sup>TH</sup> GRADER PARTIES

Old Firehouse 5th-6th grader parties are themed and decorated accordingly. Free catered food and beverages will be distributed to participants. Parties feature a DJ, open dance floor and a variety of activities. Preregistration is recommended.

**To volunteer:** Parents who wish to volunteer for parties must register their participant first, then submit an email request to Ben Barber at [oldfirehouse@mcleancenter.org](mailto:oldfirehouse@mcleancenter.org). Please include your name, child's name, and home address. Volunteer hours are 6:30-9:45 p.m. Each parent volunteer will receive a refund for his or her child pending completion of their volunteer shift. Volunteer spots are limited.

## SNOWBALL DANCE

Friday, Jan. 17, 7-9:30 p.m.

Activity No. 4603.325

\$35/\$25 MCC district residents/\$10 OFC Members (must call to make the payment)

## ST. PATTY'S PARTY

Friday, March 14, 7-9:30 p.m.

Activity No. 4604.325

\$35/\$25 MCC district residents/\$10 OFC Members (must call to make the payment)

## LUAU PARTY

Friday, June 6, 7-9:30 p.m.

Activity No. 4605.325

\$35/\$25 MCC district residents/\$10 OFC Members (must call to make the payment)

## TEACHER WORKDAY TRIPS

### SKIING/SNOW-BOARDING/TUBING

Wednesday, Jan. 29, 8 a.m.-7 p.m.

Activity No. 8403.325

\$90/\$80 MCC district residents

### UPSCALE BOWLING & MOVIE

Tuesday, April 1, 8 a.m.-6 p.m.

Activity No. 8404.325

\$70/\$60 MCC district residents



## SPRING BREAK TRIPS

### WONDERFLY ARENA

Monday, April 14, 8 a.m.-6 p.m.

Activity No. 8501.325

\$90/\$80 MCC district residents

### INDOOR WATERPARK

Tuesday, April 15, 8 a.m.-6 p.m.

Activity No. 8502.325

\$100/\$90 MCC district residents

### DAVE & BUSTER'S

Wednesday, April 16, 8 a.m.-6 p.m.

Activity No. 8503.325

\$70/\$60 MCC district residents

### AMUSEMENT PARK

Thursday, April 17, 8 a.m.-7 p.m.

Activity No. 8504.325

\$100/\$90 MCC district residents

### GO KARTING

Friday, April 18, 8 a.m.-6 p.m.

Activity No. 8505.325

\$90/\$80 MCC district residents



Monday-Friday, 9 a.m.-6 p.m.

**[oldfirehouse.org](http://oldfirehouse.org)**

703-448-TEEN (8336)

# REGISTRATION INFORMATION

## EASY WAYS TO REGISTER

### ONLINE

Just click on the pink "Register" button in the upper right corner of any page of our website, or on a seven-digit activity number, which will link you to our online registration system. Online registration begins at midnight on the registration start date.

### MAIL

Mail a completed registration form with payment in the form of a check, money order or credit card to:

Attn: Registrar  
McLean Community Center  
1234 Ingleside Ave.  
McLean, VA 22101.

### IN PERSON/DROP OFF

You may register in person at the center from 8 a.m. to 5 p.m., Monday through Friday. At other times, drop a completed registration form and payment (in the form of a check or money order, or by completing the credit card information on the form) into the registration box.

## REGISTRATION BEGINS

Registration opens on the dates listed below and is ongoing. Registration forms that are mailed in or dropped off before the designated open registration date will be processed on the open date. Instructors may not accept registration forms or extend verbal commitments.

**Fall Session:** 2nd Monday in August

**Winter-Spring Session:** 1st Monday in December

**Summer Camp:** 2nd Monday in February

**Summer Session:** 2nd Monday in May

## PAYMENT

- Payment is due at the time of registration in the form of a check, money order or credit card (American Express, Discover, MasterCard, or Visa) number with expiration date. If paying by check, please make payable to McLean Community Center, unless otherwise noted.
- Receipt confirmations will be emailed. If no email address is provided, receipt confirmations will be mailed.

## SENIOR DISCOUNTS

- Seniors (age 60 and older) are eligible to receive a 10% discount on classes of \$50 or more, except where noted.

## MATERIALS FEE

- All materials fees are due to the instructor on the first day of class, unless otherwise noted.

## REFUND POLICY

- All withdrawals, refund and cancellation requests must be submitted in writing to **refunds@mcleancenter.org**.
- Patrons who submit refund requests 14 days or more before the start date of a class or activity, will be granted a refund less a 10% administrative fee. Refunds requested 13 days or less before the start date of a class or activity, will not be granted.

## RESTRICTIONS

- Once a class, camp or activity is in session, refunds may be granted only for medical reasons or for extenuating circumstances as determined by the General Programs Director and the Registrar. Medical requests must be accompanied by a doctor's note (verification).

## ABSENCES FROM CLASS

- The center is not obligated to make up classes due to absences and personal scheduling conflicts. However, each instructor has her/his own make-up policy; arrangements for make-up classes

are scheduled through individual instructors. Please do not contact the Center.

## GENERAL INFORMATION

### HOLIDAYS & INCLEMENT WEATHER

- See MCC's holiday schedule on our website (**mcleancenter.org**).
- The class program follows Fairfax County Government's inclement weather policy. In case of inclement weather, check our website (**mcleancenter.org**) or listen for cancellation information on local radio stations.
- Classes canceled due to inclement weather will be rescheduled, if possible. If not, a prorated refund will be issued.

## ACCOMMODATIONS

- To make arrangements for accommodations in accordance with the Americans with Disabilities Act (ADA), please mark the appropriate box on the registration form so the Center may contact you to ascertain your needs.
- Request should be made no fewer than 14 working days prior to the start to of the activity by calling Michael Fisher at **703-744-9247**.
- **Financial Assistance:** When registering for a class or purchasing tickets to an Alden Theatre performance, you can request to receive a subsidy by writing to: **registrar@mcleancenter.org**. For purposes of public accountability, we will ask that you sign an affidavit to document your stated need.



The Friends of the McLean Community Center founded and helped support development of the Center. Today, they remain committed to helping support its many programs and activities. If you enjoy the MCC and want to amp up your appreciation and involvement in Center endeavors, then join Friends today. Become a part of this legacy of achievement and support Friends with your \$25 tax-deductible membership. In appreciation, Friends members receive special benefits as pre-sales and registrations allow.

Join & Learn More at: **FriendsMCC.com**



## 2024-2025 Governing Board

Kristina Groennings, *Chair*  
Anna Bartosiewicz, *Vice-Chair*  
Michael Monroe, *Secretary*  
Kathleen Cooney Porter, *Treasurer*  
Katie Gorka  
Doug Jeffery  
Ron Keesing  
Gloria Marrero Chambers

Peter Pin  
Aaron Stark  
Sonya Thott

## Friends of MCC

Glenn Yarborough, Jr., *President*  
Gordon Thomas, *Vice President*  
Bonnie Weston, *Treasurer*  
Joann Berkson, *Secretary*

### Members at Large

Sam Agarwal  
Cecilia Closs  
Jessica Goodman  
Mary Anne Hampton  
Carole Herrick  
Jim Lawless

## MCC Staff

### Administration

Betsy May-Salazar, *Executive Director*  
Matthew Hockensmith, *Comptroller*  
Holly Novak, *Executive Assistant*  
Sabrina Anwah, *Information Officer*  
David Craig, *Graphic Designer & Webmaster*  
Kyle Corwin, *Social Media Manager*  
Geneva Gray, *Customer Service Representative*  
Joe McGovern, *Facilities Manager*  
Lindsey Hogan, *Office Manager*  
Nadia Jaff, *Accounts Payable*  
Anne McAfee, *Human Resources Specialist*  
Katie McGovern, *Registrar*  
Ellen Fox, *Customer Service Representative*

### Recreation Aides

Jonathan Davis, *Booking Manager*  
Scott Bowen, Craig Morris, Susan Stankus,  
Steve Caruso, Arthur Lee

### Performing Arts

Sarah Schallern Treff, *Director*  
Jennifer Garrett, *Technical Director*  
Danielle Van Hook, *Director, Youth Theatre Programs*  
Justin King, *Assistant Technical Director*  
Elizabeth Katz, *Patron Services Manager*  
Deion Roulhac, *Theatre Technician*  
Jeff Virchow, *Performing Arts Assistant*

### General Programs Department

Mike Fisher, *General Programs Director*  
Erin Bieger, *Instructional Programs Manager*  
Samah Habayeb, *SIA Program Coordinator*  
Catherine Nesbitt, *Special Events Manager*  
Mary Carter, *Special Events Asst. Manager*  
Willie Montgomery, *Special Events Coordinator*  
Andrew Carter, *Old Firehouse General Manager*  
Barry Pinder-Robinson, *Youth Camp Director*  
Benjamin Barber, *Afterschool Program Manager*  
Takayla Carter, *OFC Trip Coordinator*  
Daniel Deguefu, *OFC Activity Facilitator*  
Shelisha Baker, *Administrative Assistant*

# IN CASE YOU MISSED IT!



## McLean Pet Fest



## Fall Parking Lot Sale



# REGISTRATION FORM

- ★ Please make checks payable to **McLean Community Center**. ★ Staple checks for class fees to this form.  
★ Mail or bring form to: McLean Community Center, 1234 Ingleside Ave., McLean, VA 22101.  
★ To register online or to submit an application by e-mail, visit our website: **mcleancenter.org**.

PHONE: **703-744-9365**, TTY: 711

\_\_\_\_\_  
(Adult or Parent Name)      LAST      FIRST      D.O.B      E-MAIL: \_\_\_\_\_

ADDRESS \_\_\_\_\_ HOME PHONE \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ WORK PHONE \_\_\_\_\_

☐ MCC TAX DISTRICT RESIDENT      ☐ NONRESIDENT      CELL PHONE (optional) \_\_\_\_\_

Have you registered to receive our e-mail newsletter? ☐ YES ☐ NO

Would you like to? ☐ YES ☐ NO

**COMPLETE ONE LINE FOR EACH REGISTRATION**

Activity	Activity Name	Name of Registrant	D.O.B.	Sex	Activity Fee
			Total Activity		
			Senior Class Discount		
			<b>TOTAL DUE:</b>		

**REGISTRATION BEGINS:**  
**Monday, Dec. 2, 2024**

Check here if **ADA** accommodation is needed.

**How did you hear about this class/activity?** \_\_\_\_\_

Name as it appears on card (please print): \_\_\_\_\_

 MC
  AMEX  
 VISA
  DISCOVER

[illegible]

Signature \_\_\_\_\_

Expiration date

To become a member of Friends of the McLean Community Center, you may charge your \$25 tax-deductible membership at [www.FriendsMCC.com](http://www.FriendsMCC.com) or you may enclose a separate check made payable to Friends of MCC with this registration.

*The McLean Community Center reserves the right to photograph and videotape all of its activities, events, classes, programs and facilities for promotional purposes.*

I have read and agree to participate in the activity/event according to the registration procedures stated on page 39: \_\_\_\_\_

(Please initial here)

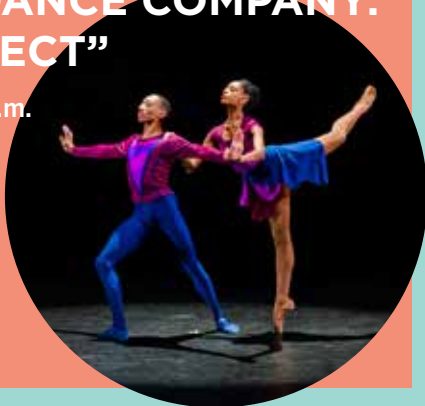




1234 Ingleside Ave.  
McLean, VA 22101  
703-790-0123 TTY: 711  
[www.mcleancenter.org](http://www.mcleancenter.org)

DR. MARTIN LUTHER KING JR.  
DAY CELEBRATION  
**COLLAGE DANCE COMPANY:  
“RISE PROJECT”**

Saturday, Jan. 18, 7 p.m.



**SWEETHEART PARENT  
& CHILD DANCE**

Friday, Feb. 7, 7-9 p.m.



**FIESTA DEL SOL**

A LATIN AMERICAN & CARIBBEAN FESTIVAL

Saturday, March 22, 5-10 p.m.



**SPRING FEST**

Saturday, April 5, 10 a.m.-noon



McLean Community Center



@mcleanvacenter



@mcleancenterva