

SIA January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 NO SIA New Year's Holiday	2 Bridge 10:00 am – 12:00 pm	3 Bridge 10:00 am – 12:00 pm	4 50 th Anniversary Celebration
5 SAIL (Full) 9:00 am – 10:00 am Mah-Jongg: 10:00 am – 12:00 pm	6	7 SAIL (Full) 9:00 am – 10:00 am Mah-Jongg 10:00 am – 12:00 pm	8 NO SIA	9 SAIL (Full) 9:00 am – 10:00 am Bridge 10:00 am – 12:00 pm	10 SAIL (Full) 9:00 am – 10:00 am Bridge 10:00 am – 12:00 pm	11
12 SAIL (Full) 9:00 am – 10:00 am 4Forever Fit (Required Registration) 9:30 am – 10:25 am Mah-Jongg: 10:00 am – 12:00 pm	13	14 SAIL (Full) 9:00 am – 10:00 am Book Club: Unfinished Love Story 9:30 am – 11:00 am Mah-Jongg: 10:00 am – 12:00 pm	15 Social Media Workshop: Mrs. Amy Burk of TechWise Coaching 10:00 am – 11:30 am Stitch Club 10:30 am – 12:30 pm	16 SAIL (Full) 9:00 am – 10:00 am Bridge: 10:00 am -12:00 pm Osteoporosis Presentation: Bone Health Ms. Sandy Conran 12:00 pm – 2:00 pm	17 SAIL (Full) 9:00 am – 10:00 am Bridge: 10:00 am – 12:00 pm Garden Club Mrs. Peggy Riccio Presents Creating a Terrarium 12:00 pm – 1:30 pm	18
19 No SIA Martin Luther King Holiday	20	21 SAIL (Full) 9:00 am -10:00 am SAIL with Izumi (Required Registration) 9:00 am – 10:00 am 10:15 am – 11:15 am Mah-Jongg 10:00 am -12:00 pm Understanding Alzheimer's and Dementia 11:00 am – 12:30 pm	22 Senior Movie Day/Lunch Movie: Nyad Reston Town Center 9:15 am – 2:00 pm	23 SAIL (Full) 9:00 am – 10:00 am Bridge 10:00 am -12:00 pm	24 SAIL (Full) 9:00 am – 10:00 am Bridge 10:00 am – 12:00 pm	25
26 SAIL (Full) 9:00 am – 10:00 am 4Forever Fit (Required Registration) 9:30 am – 10:25 am Mah-Jongg: 10:00 am – 12:00 pm Beginner Bridge Lesson(s) (Full) Mr. Steven Rothman 12:30 pm – 2:30 pm	27	28 SAIL (Full) 9:00 am -10:00 am SAIL with Izumi (Required Registration) 9:00 am – 10:00 am 10:15 am – 11:15 am Mah-Jongg: 10:00 am -12:00 pm SIA Social: Taste of Winter 1:30 pm -3:00 pm	29 IT Workshop (Required Registration) Mrs. Amy Burk of TechWise Coaching 10:00 am -11:30 am	30 SAIL (Full) 9:00 am – 10:00 am Bridge 10:00 am – 12:00 pm	31 SAIL (Full) 9:00 am – 10:00 am Bridge 10:00 am- 12:00 pm Beginner Conversational Spanish Lesson (Full) Ms. Ruth Roberts 12:30 pm – 2:00 pm	