

SIA FEBRUARY

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Green= Free!

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 SAIL: 9-10 or 10-11 4Ever Fit: 9:30-10:25 Mah-Jongg: 10-12 Beginner Bridge: 12:30-2:30	3 SAIL: 9-10 Mah-Jongg: 10-12	4 4Ever Fit: 9:00-9:55 Outsmart the Scammers Class: 11-1	5 SAIL: 9-10 Bridge: 10-12 Word Club: 12:30-2	6 SAIL: 9-10 or 10:15-11:15 Beginner Conversational Spanish Lesson: 1:30-3	7
8	9 SAIL: 9-10 or 10-11 4Ever Fit: 9:30-10:25 Mah-Jongg: 10-12 Beginner Bridge: 12:30-2:30 Line Dancing: 3-4	10 SAIL: 9-10 Book Club <i>Raising Hare</i> by Claire Dalton: 10-11:30 Mah-Jongg: 10-12	11 4Ever Fit: 9:00-9:55 SIA Trip: Natural History Museum: 9-4	12 SAIL: 9-10 Bridge: 10-12 Selecting Flowering Annual Plants for your Garden: 12:30-2	13 SAIL: 9-10 or 10:15-11:15 MCC Gallery Tour: 11:30-12:30 Valentine's Day Social: 12:30-2:30	14
15	16 NO SIA President's Day	17 SAIL: 9-10 Mah-Jongg: 10-12 The Role of Chiropractic Care in Older Adults: 12-2	18 IT Workshop "Technology for Independence": 10-11 Stitch Club: 10:30-12:30	19 SAIL: 9-10 Bridge: 10-12 5 Common Gastrointestinal Problems Among the Elderly: 12:30-2	20 SAIL: 9-10 or 10:15-11:15 Garden Club: 12-1:30 Beginner Conversational Spanish Lesson: 1:30-3	21 IT Workshop: 10-12
22	23 SAIL: 9-10 or 10-11 4Ever Fit: 9:30-10:25 Mah-Jongg: 10-12 Travel Club: 11-12:30 Beginner Bridge: 12:30-2:30 Line Dancing: 3-4	24 SAIL: 9-10 Mah-Jongg: 10-12	25 4Ever Fit: 9:00-9:55 Senior Movie Day at Reston Town Center Bus Service: 8:30-12:30	26 SAIL: 9-10 Bridge: 10-12 INOVA Workshop: 1-2	27 SAIL: 9-10 or 10:15-11:15 Alden Theater Workshop Movement of the Zodiac: 1-2 Beginner Conversational Spanish Lesson: 1:30-3	28