

# SIA May

Programs in green font are free!

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703-744-9359

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 SAIL: 9-10 or 10:15-11:15	2
3	4 SAIL: 9-10 or 10-11 4Ever Fit: 9:30-10:25 Play Mah-Jongg: 10-12 Beginner Bridge II: 12:30-2:30	5 SAIL: 9-10 Play Mah-Jongg: 10-12	6 4Ever Fit: 9:00-9:55 CPR/AED Class: 12-3	7 SAIL: 9-10 Play Bridge: 10-12 Beginner Bridge II: 12:30-2:30	8 SAIL: 9-10 or 10:15-11:15 Seinfeld Writer Pat Hazel Presents on his Life and Career: 11:30-12:30	9
10	11 SAIL: 9-10 or 10-11 4Ever Fit: 9:30-10:25 Play Mah-Jongg: 10-12 Travel Discussion Club: 11-12:30	12 SAIL: 9-10 Book Club, Clear by Carys Davies: 10-11:30 Play Mah-Jongg: 10-12 Beginner Bridge II: 12:30-2:30 Gallery Tour at McLean Community Center: 12-1	13 SIA REGISTRATION: 9 – 11 am 4Ever Fit: 9:00-9:55 Stitch Club: 10:30-12:30	14 SAIL: 9-10 Play Bridge: 10-12 Drum Circle: 12:30-2:30	15 SAIL: 9-10 or 10:15-11:15 Garden Club, What's Blooming in Your Garden? 12-1:30 Spring Concert: 12:30-2:30 McLean Day Carnival Rides at Lewinsville Park: 3-9 pm	16 McLean Day Festival at Lewinsville Park: 11 am – 5 pm
17	18 Play Mah-Jongg: 10-12	19 Play Mah-Jongg: 10-12	20 No SIA	21 Play Bridge: 10-12	22 Laughter Yoga: 10-11:30	23
24 31 Musical Performance: 4-5 pm	25 Memorial Day MCC CLOSED	26 Play Mah-Jongg: 10-12	27 Senior Movie Day at Reston Town Center: Blue Moon (R): 8:45 am – 12:30 pm	28 Play Bridge: 10-12	29 MeowTown Cat Lounge: 10:30 – 12:30	30



# May: Dolley Madison Library

703-356-0770

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	 <p>McLean Community Center The Center of It All</p>				<p>1 Gentle Yoga: 11-12 Sound Bath: 12:30-1:30</p>	<p>2 Author Talk: <i>Bad Asians</i> by Lillian Li – 11-12:30 Technology Tutoring: 12-1</p>
3	4	<p>5 Conversational English (practice English in a social setting): 1-2:30</p>	6	7	8	<p>9 Technology Tutoring: 12-1</p>
10	11	<p>12 Conversational English (practice English in a social setting): 1-2:30</p>	<p>13 Discussion Group: <i>The Four Agreements</i> and <i>The Fifth Agreement</i> by Miguel Ruiz – 1-2</p>	14	<p>15 Chair and Standing Yoga: 11-12</p>	<p>16 Technology Tutoring: 12-1</p>
17	18	<p>19 Conversational English (practice English in a social setting): 1-2:30 Kinusaiga/絹彩画 – foam board and scrap fabric craft: 6-8 pm</p>	20	<p>21 Great Decisions Foreign Policy Discussion Group "The Third Nuclear Age: Trump, the Order, and the Bomb": 2:30-4</p>	22	<p>23 Technology Tutoring: 12-1 Layers of Flavor: Exploring Indonesian &amp; Southeast Asian Spice Pastes: 2-3:30</p>
<p>24 31</p>	<p>25 Memorial Day</p>	<p>26 Conversational English (practice English in a social setting): 1-2:30 Paint with Areej AlQaysi (florals with acrylics): 6-8 pm</p>	27	28	29	<p>30 Technology Tutoring: 12-1 Mystery Book Club <i>Our Kind of Game: A Novel</i> by Johanna Copeland, with visit by the author: 1-2 pm</p>

# May: The Alden Theatre

703-790-9223

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						The Doo Wop Project: 7-8:30 pm <sup>2</sup>
3	4	5	6	7	"El Norte" movie in Spanish and K'iche' with English subtitles: 1-3:30 pm	 Seinfeld Writer Pat Hazell's "Permanent Record": 7-8:30 pm <sup>9</sup>
10	11	12	13	14	15	16
			"El Norte" movie in Spanish and K'iche' with English subtitles: 6:30-9 pm	Performing Arts Movie "Ballet Russes" documentary: 1-3 pm		
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
Jenny Lin, Piano "Melody's Mostly Musical Day": 2-2:50 pm						